

The Divine Qualities as mentioned in Bhagavad Gita

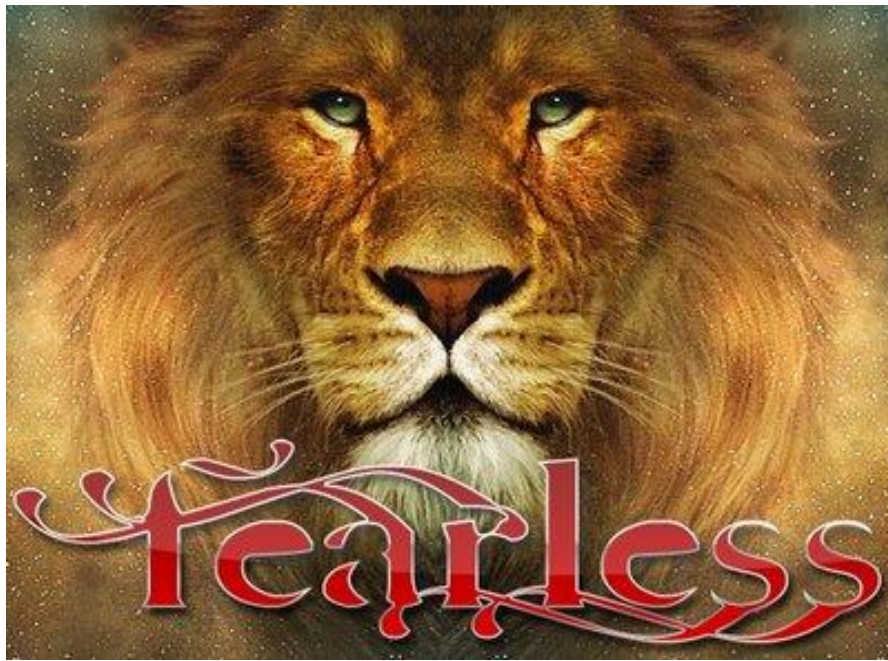


Compiled from the speeches of
Sadguru Sri Nannagaru



When you start (digesting) imbibing the Divine Qualities as mentioned in the Bhagavad Gita, you will earn Self Knowledge without much effort (investment) .

- Sadguru Sri Nannagaru



Divine Quality No.1

'Abhayam' implies
'Fearlessness'.

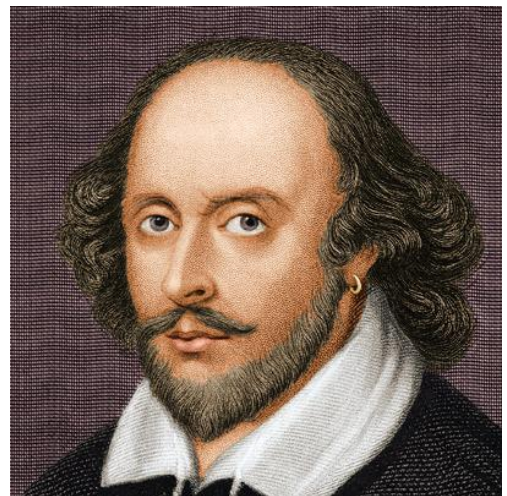


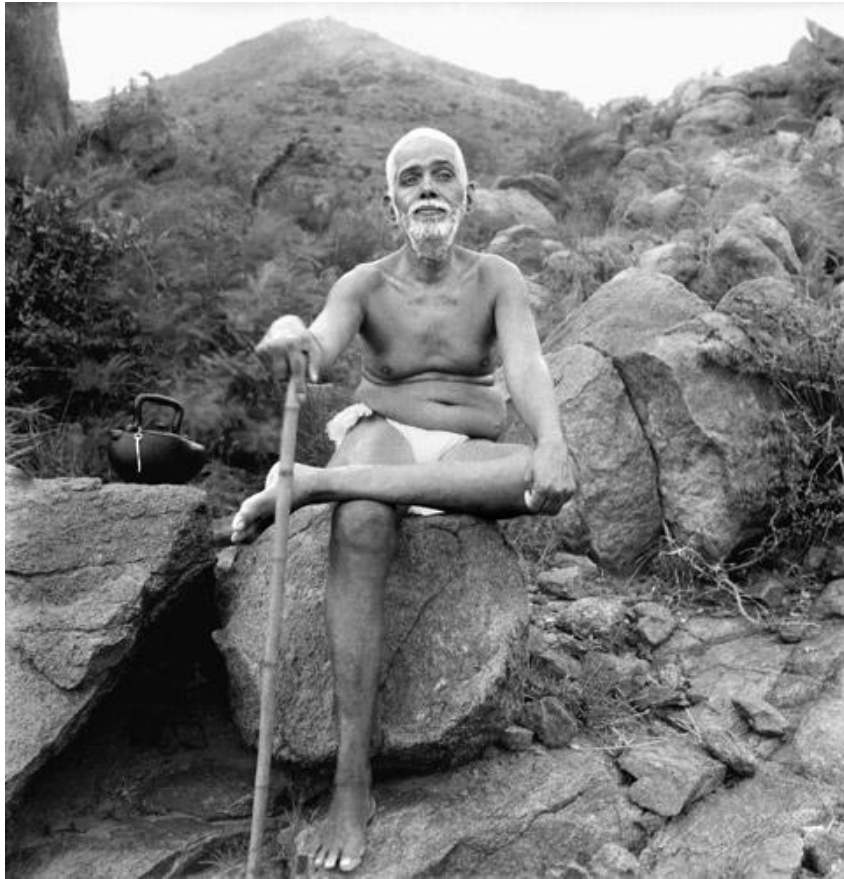
Swami Vivekananda said:

“It is fear that begets disease, sorrow and death. Therefore be fearless.”

Shakespeare said:

“Cowards die many times but the brave only once.”





When Bhagavan Ramana was asked whether he was overpowered by fear at any point of time, he replied: “What on earth? There is nothing apart from me to cause fear.”



Divine Quality No.2

'Sattva Samshuddhi'

implies

'Purity of the mind'.



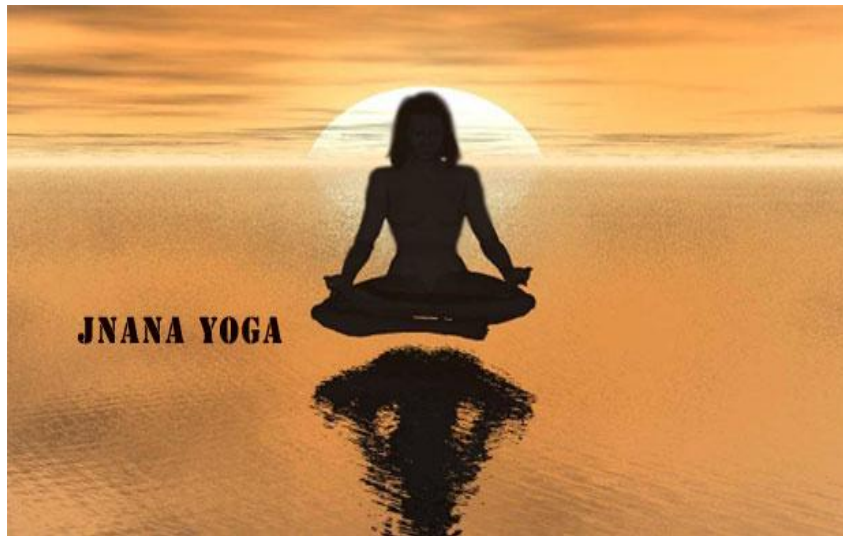
Jesus said, “Blessed are the pure at Heart, for they shall see GOD.”



Whatever may be your religion, whom so ever God or Guru you may adore, whether you are a man or a woman, whether it is in this world or the other worlds, whether it is in this birth or the next, liberation is possible only through the gate called 'Purity of Mind' ."



“Lakshmi, the Cow attained Nirvana without my help”, said Bhagavan. How did she attain the same without any spiritual practices? Lakshmi had no conditions in loving Bhagavan ie., she had unconditional Love. Out of Love she became 100% purified.



Divine Quality No.3

‘Jnana Yoga Vyavastitaha’

Jnana Yoga implies listening about the Self and contemplating upon the same. ‘Vyavastitaha’ implies concentrating the senses and the mind upon the Self.



As a match stick can burn out the entire bundle of dried grass, even Jnana can burn out our entire lot of karmas.

Once Bhagavan was asked:
“Why should we contemplate upon the Self?” Then Bhagavan replied: “If you don’t meditate upon the Self, you will automatically meditate upon the sensual objects.”





Divine Quality No.4

'Daana'
implies
'Charity'.



CHARITY BEGETS PURITY.

If your charity is for the purpose of fame, you can never prosper in your life and it will only hinder your progress.

Jesus said, "Our charity should be so secretive that the left hand should be ignorant of the charity done by the right hand."





Bhagavan said, “How can you refrain from being charitable if you are aware that whatever you give, comes back to you multiplied manifold?”

Swami Vivekananda said:

“People don’t dig a well where there is necessity of water; rather they dig a well only at the shore of Ganges in order to attain fame.”



Sense Control



Divine Quality No.5

'Dama' implies
'Sense Control'.



If your senses are under control, you will not be disturbed even if the entire world rebels against you. The secrets of nature are revealed to them whose senses are under their control.

Moderation in food, Holy Company, reading Holy books help us in controlling the senses.



With regard to food habits, Gandhiji can be taken as a role model. Gandhiji never peeped into other's plate. When his plate contained something that he wouldn't eat, he would ask "Where is my plate?"



Divine Quality No.6

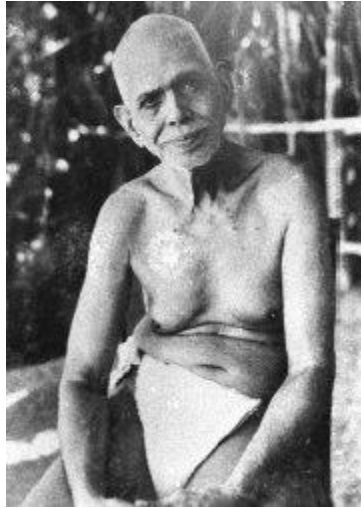
‘Yagna’ implies
‘Selfless Work’.



Sri Krishna said: “One who works with expectation is equivalent to a bonded labourer.”

Worship of gods alone doesn't constitute yagna. Giving the food on time to bed ridden people at home also constitutes yagna. The longing to realize the Self, which is attained by Holy Company, also constitutes yagna.





Sri Ramana said, “The result of our actions are not only transient but also hinder our progress.”

Once Bhagavan was asked as to what is selfless work. He didn't reply but went up the hill and started making a stick out of a bamboo that took him nearly 4-5 hrs of strenuous work. When a passing by shepherd asked for the stick, Bhagavan gave it to him without any second thought.

SWADHYAYA

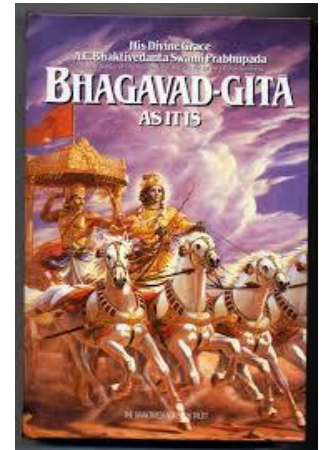
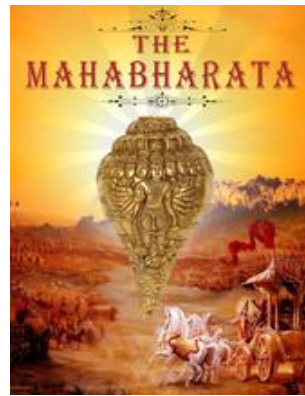
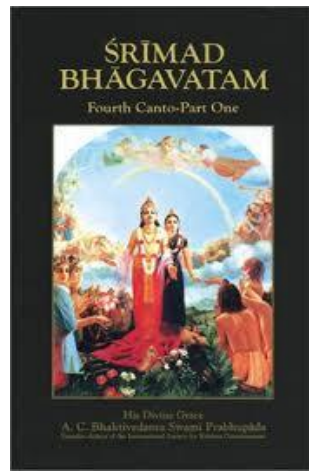
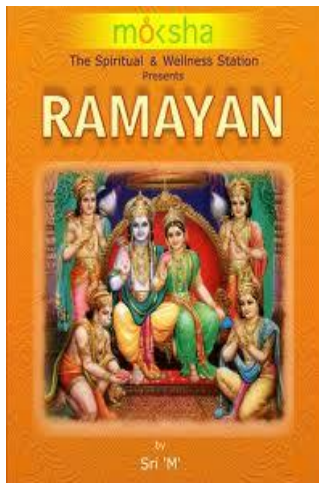


Divine Quality No.7

'Swadhyaya' implies
'The study of
Scriptures'.

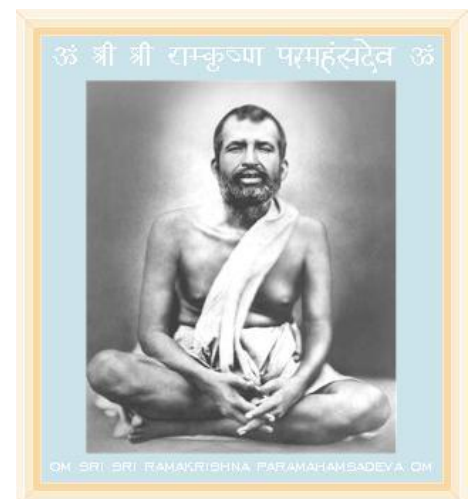


We must read only those books like the Ramayana, Bhagavatam, Bhagavad Gita which introvert our mind. Else, we can also take the words of a Jnani as authority. Until and unless we read the scriptures we don't know how to worship GOD or how to serve the society (which constitutes the family of GOD).



There is an ancient saying: "If you want the Grace of Goddess Lakshmi (ie the Goddess of wealth and Prosperity) read Ramayana; If you want your task to be accomplished read Mahabharata; If you want dispassion, read Bhagavatam".

Sri Ramakrishna said,
"I will not stop learning
until my last breath."





Divine Quality No.8

'Tapas' implies
'Penance.'



The Bhagavad Gita mentions three types of tapas relating to: body, speech and mind.

We have to be merciless towards the body to conquer it.

We have to regulate the speech and master it.

We have to overpower mind by controlling it.



When Ganapati muni asked the essence of Tapas, Sri Ramana replied: “Inquiring the source of body bound ‘i’ where the mind gets submerged constitutes tapas.



Divine Quality No.9

'Aarjavam' implies 'Treading the path of righteousness, Pleasant behavior & Absence of crookedness'.



We must speak only that which is within our Heart. We must act upon only that which we speak out. The thought, speech and deed must be synchronized. This is called Aarjavam.

Some people enact as if they are rich in order to attain a rich life partner. But after marriage they sell their properties. This is hypocrisy.



Sri Ramakrishna always described lust and wealth as the greatest obstacles for attaining GOD. When his brother wanted to sell the property, Sri Ramakrishna was called to the Registrar's office to get his non objection for the sale. Realizing that a property existed in his name, Sri Ramakrishna fainted.



Ahimsa

Divine Quality No.10

'Ahimsa' implies

'Non injury in thought,
word and deed'.



Buddha said, “When a sandal wood tree is cut down using an axe, it extends it’s sweet smell even to the axe. Similar is the case of a Holy Man. He only Blesses, even those who harm him.

Unable to witness the animal sacrifice to be given in her marriage, Sabari ran away from home and reached the hermitage of Matanga Maharishi, where she served him till the end.





Divine Quality No.11

'Sathyam' implies 'Truth'.



There is no religion or caste greater than Truth.

There is no nation greater than Truth.

There is no knowledge or God greater than Truth.

GOD reveals Himself only to him who Loves the Truth, who lives only for the sake of Truth, who dies for the sake of Truth and who gives up his everything for the sake of Truth.



Khudiram lost his entire property as he never yielded to tell a lie. The entire world considered him a fool. But being pleased by his truthfulness, Lord Vishnu took birth as his son in the form of Sri Ramakrishna.



NON
anger

Divine Quality No.12

‘Akrodaha’ implies
‘Devoid of Anger even in
adverse conditions’.



Anger is another form of desire. Unfulfilled desire leads to anger. It is only the smaller vessels that get heated very fast. Similarly it is only the people with little minds who get angry very soon. Anger hampers not only the spiritual growth but also the material prosperity. By habituating to Silence and Prayer one can overcome anger. We thank those who point out a worm on our shirt. But we get angry with those who point out the faults in our mind!

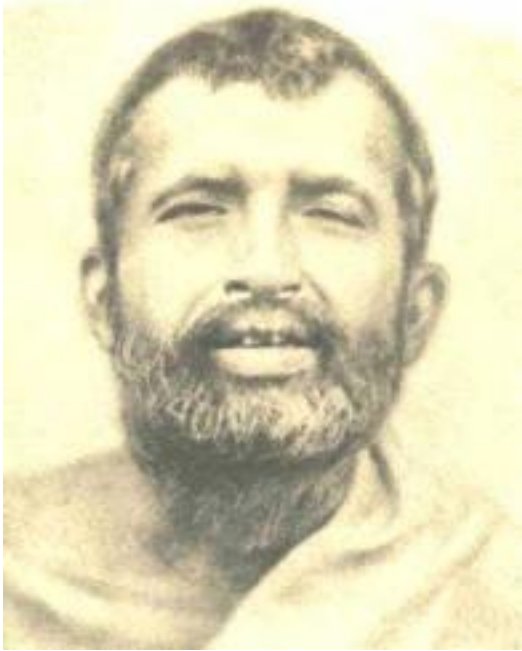


Rama never got angry, just enacted anger. However there was one situation where Rama was overcome by anger: When Hanuman became the chariot of Rama, he became the target of Ravana and was bleeding profusely.



Divine Quality No.13

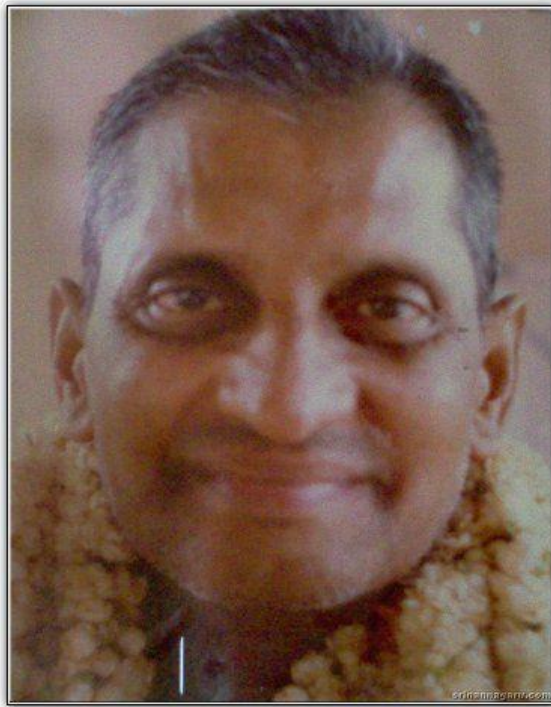
'Thyaga' implies 'Sacrifice of the bad company, bad habits and bad tendencies'.



Sri Ramakrishna said,
“A Person cannot become
a Jnani without being a
Thyagi.”

Buddha said, “When my
body itself doesn’t
belong to me, whom else
can I call my own?”





Non identification with the Non Self also constitutes Thyaga.

Continuing a good work in spite of being aware that the same will not be recognized also constitutes Thyaga.



When Rama was asked why he practiced such an austere life when His mother Kaikeyi did not impose such strict restrictions in forest life, Rama replied: "When my brother Lakshmana cannot enjoy, How can I think of any pleasures? "

Thus Ramayana is full of Thyaga.



Divine Quality No.14

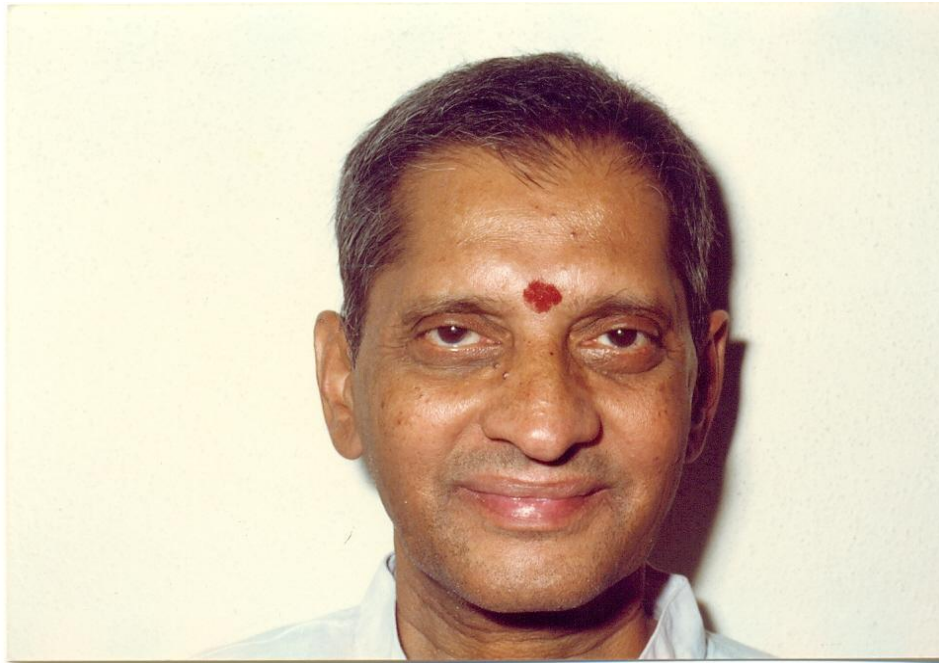
'Shantihi' implies 'Peace being undisturbed in prosperity as well as in adversity'.



Sri Thyagaraja said,
“Without tranquility of
the mind, there is no
comfort.”

Sri Radhakrishnan said,
“He is more lucky who
possesses a peaceful
mind than the one who
possesses a desired job
or a favourable wife.”





It is prescribed to chant the mantra 'Om Shantihi' for three times. First to avoid the natural calamities; Second to avoid the disturbance within your house; Third to avoid the disturbance within your mind.



When Dasaratha called Sri Rama and informed him about his coronation as the king, Rama was not elated and went back to his palace calmly. Very shortly, when Rama was called back and informed about his exile into forests for 14 years, he was not perturbed.



Divine Quality No.15

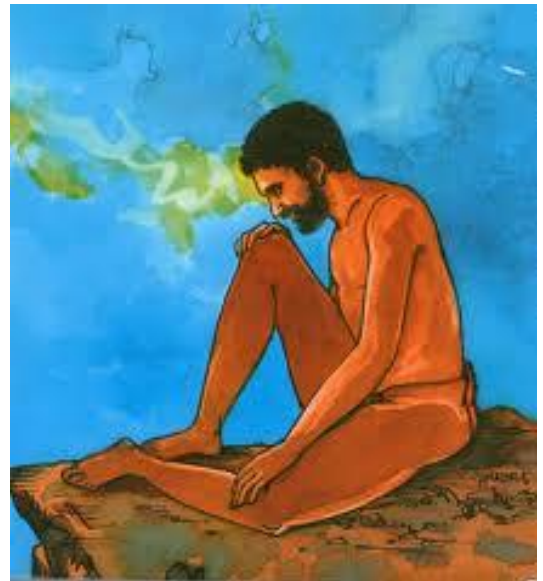
'Apaishunam' implies
'Not finding fault with others'.



Sri Sarada Devi said,
“To find fault with others
is one’s own fault.”

Yogi Vemana said:

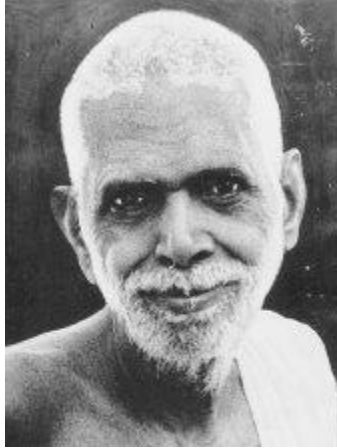
“People who find fault
with others don’t realize
their own faults.”



Sai Baba said, “If you find fault with others, it is equivalent to eating their filth.”



Reformation is better than Criticism. Construction is better than destruction. We cannot reform the world without reforming ourselves.



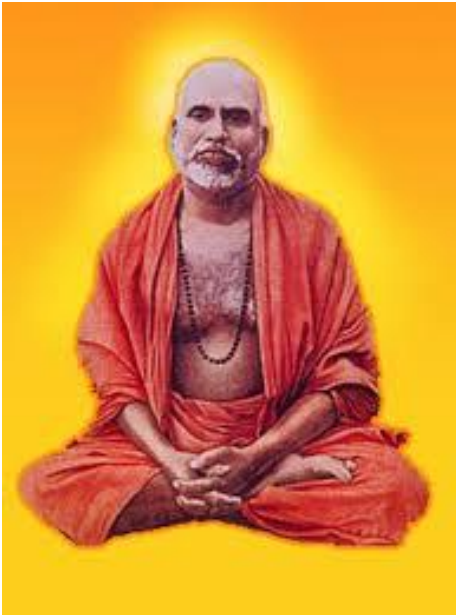
When a devotee complained to Bhagavan about the faulty affairs in the ashram, Bhagavan said, “Have you come all the way to Ramanashram to reform it? Didn’t you find any faults at the place where you hail from? ”

When a devotee complained to Bhagwan that another devotee was more interested in the quality of Sambar rice rather than his real purpose in the ashram, Bhagwan replied: “He is indeed treading his real purpose in the ashram, now you tread your real purpose.”



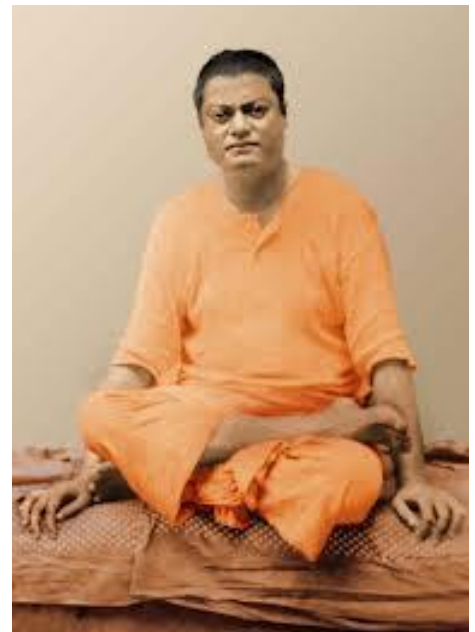
Divine Quality No.16

'Dayabhuteshu' implies
'Compassion towards poor
and downtrodden'.



Sri Malayala Swami said,
“Compassionate Hearts are
the residence of GOD.”

Swami Vivekananda said,
“Him I call a Mahatma,
whose heart bleeds for
others.”





Only he who suffered from starvation can understand the pangs of hunger. You cannot understand the same by mere book reading. When you are suffering from indigestion, how can you understand the pain of hunger?



When there was a famine in Calcutta, Swami Vivekananda was ready to sell off the Ramakrishna Math to serve the poor. Inner intention is more important than the external activity. Therefore Swamiji is called 'The friend of poor'.



Divine Quality No.17

'Alolatvam' implies 'Being unperturbed even when objects of sensual pleasures are accessible'.



Kalidasa said, "Avoiding the sensual pleasures doesn't constitute self control. The true self control lies in not being tempted when the object of temptation is in front of you. "

The sense control of Sri Krishna Chaitanya was such that even if sugar was put on his tongue, not a particle of sugar got wet due to saliva. We could take back the sugar.



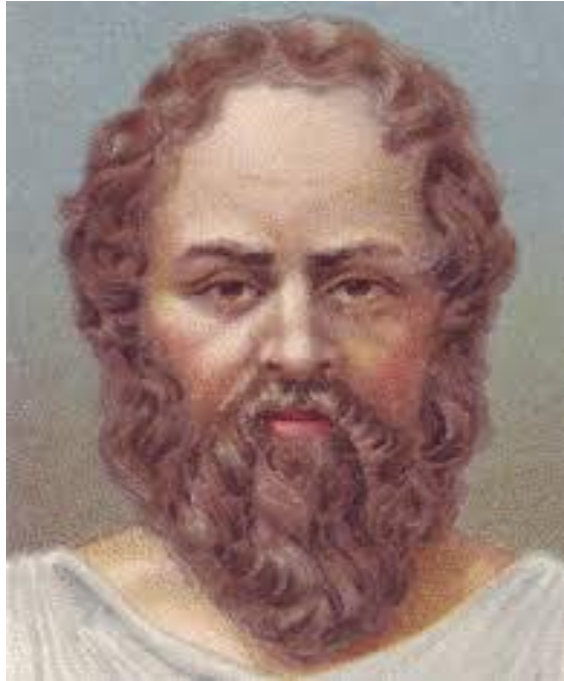


We cannot overcome the craving for sensual pleasures without possessing a flawless character. Only that which begets a flawless character can be called as true education.



Divine Quality No.18

'Mardhavam' implies 'Softness'.



Socrates said, “Goodness itself is Self-Knowledge.” As the brightness of the gold increases when heated in flames, the goodness of a man enhances when he possesses softness.



Softness is not a symbol of cowardice but is a symbol of bravery.

A rigid person can only understand the height of the life and not its depth.



Lord Rama was: Mitha Bhashi (spoke moderately), Hitha Bhashi (spoke that which is beneficial for others), and Poorva Bhashi (spoke to others even before they would speak to him).

When Sita regretted over their hardships in the forest, Rama replied: “The life in Ayodhya is full of responsibility. Can we ever imagine this life of enjoying the natural beauty and the Holy Company of sages in Ayodhya? ”



Divine Quality No.19

'Hreehi' implies 'Being ashamed in performing forbidden acts'.



Though the forbidden acts may taste sweet initially, they only beget sorrow. It is the Divine law that every pleasure that we take from external persons or external situations is later converted into pain.

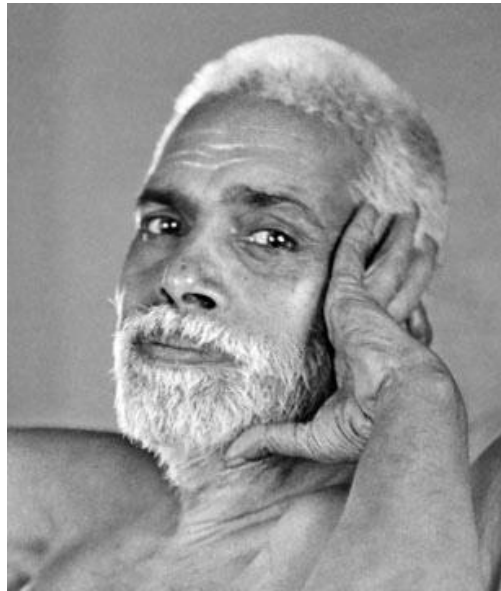


In the Ramayana, When Ravana forced Sita to marry him, Sita replied: “When I am already the wife of one, how can I become the wife of another?”



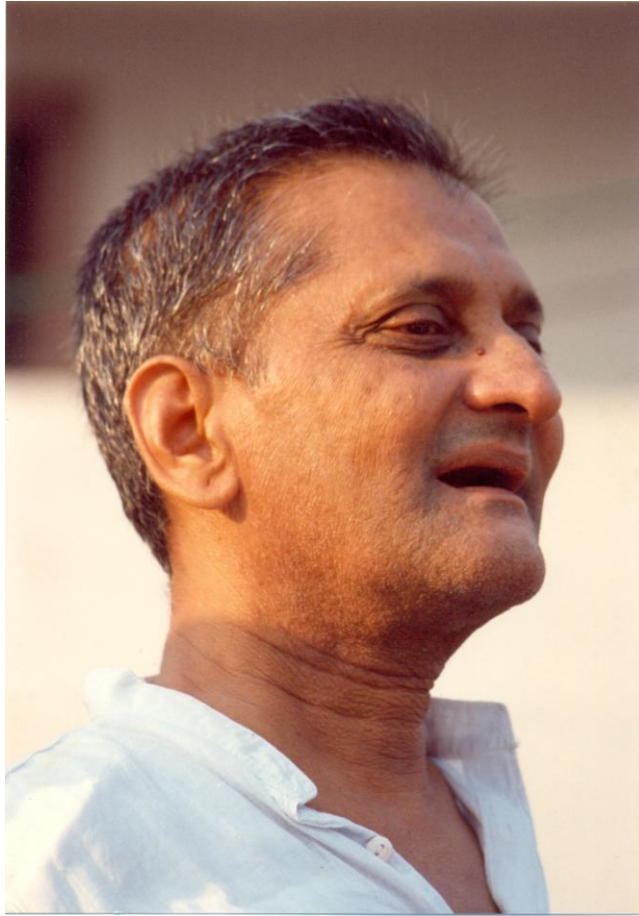
Divine Quality No.20

'Achapalam' implies
'Non wavering of mind
and senses'.



Once Bhagavan was asked: “When we are neither this body nor this mind, why can’t we experience the Self as our true nature?” Bhagavan replied: “It is due to the long standing habits and the wavering mind.”

When Bhagavan was asked as to how the mind needs to be controlled, Bhagavan replied: “Your mind cannot stop wandering whereas my mind cannot refrain from being still.”



Sin and ego are the two causes for the wavering of mind. Only a pure mind remains still. The practice of yoga and treading the path of righteousness reduces the wavering of mind.



Divine Quality No.21

‘Tejaha’ implies ‘Subtle intellect and skill’.



He is wise who learns from the mistakes of others ie., He who has subtle intellect understands the cause of other's hardships and doesn't commit the same mistake.

In the coming generations people can survive without money but not without intelligence. It is not enough if your children are provided with money alone. You must also enhance their intelligence.



Hanuman's Mother Anjana devi advised him : "Don't meddle in the fight between your uncles ie., Vali and Sugreeva because Vali has anger and Sugreeva has lust.

When Vali was slayed down by Rama, Vali's wife, Tara came unto them and started abusing them in uncontrollable tears. Rama kept quiet. But Anjaneya showed his wisdom here. He said, " Vali was not righteous hence Rama slayed him down. If you want Angadha can be made the King." On listening to these words, Tara's grief came down. Then Anjaneya said, "As Angadha is still young, he can be made the Prince and Sugriva be coronated as the King." Tara agreed to this.



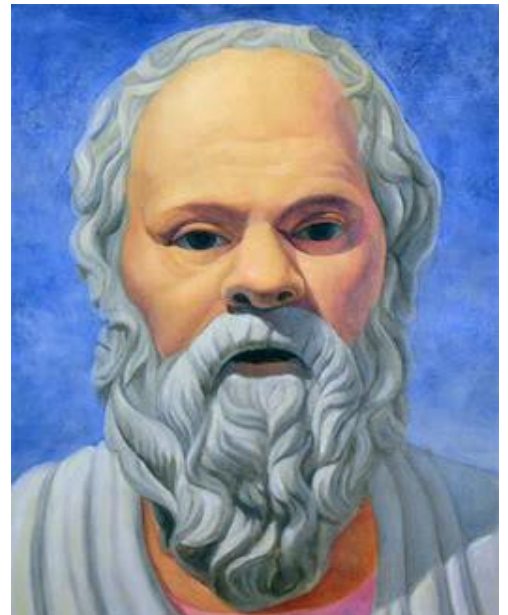
Divine Quality No.22

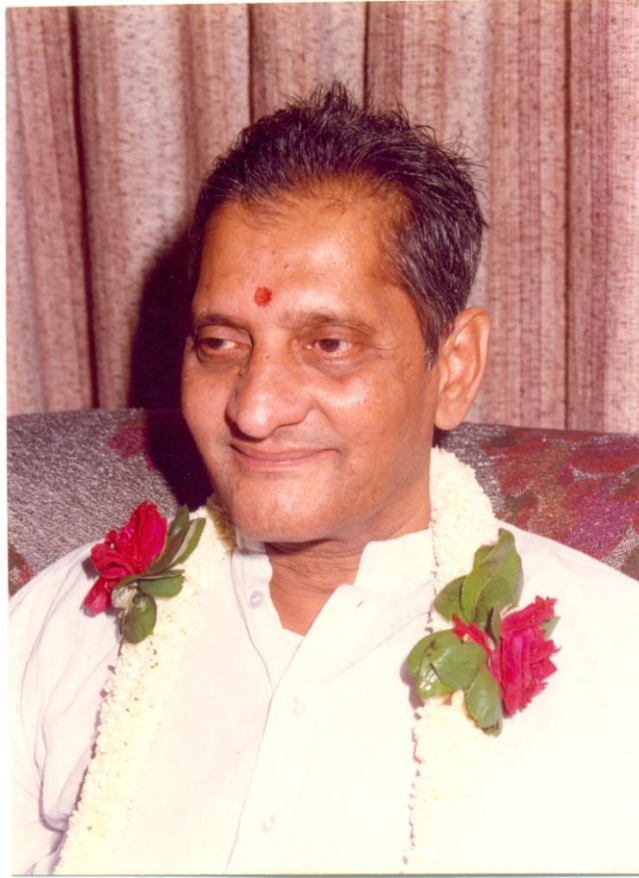
'Kshamaha' implies
'Forgiveness' and
'Tolerance even in
unfavourable situation'.



When Sri Sarada devi was asked to give her last three instructions, she replied: “Tolerance, Tolerance, Tolerance!”

When Socrates’ wife first scolded him and later poured over him a pot of water, Socrates said, “First came the lightning and then the thunder.”



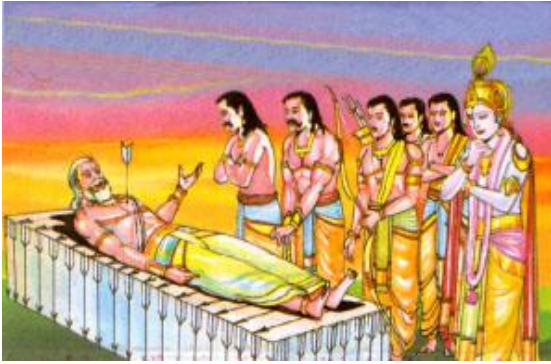


Tolerance enhances the depths of your heart, habituates surrender and prevents any new tendencies. As the water flows only towards the slope, Truth reveals itself only to the tolerant.



Divine Quality No.23

'Druthi'
implies
'Courage'.



Bheeshmacharya said in the Mahabharatha:

“Courage is the medicine for all the diseases in the world.”

When Meera was offered poison, she courageously accepted the same, considering it to be an offering of Lord Krishna. The poison did not affect her but it was Lord Krishna's throat that turned blue.





Adi Shankara said, “If we can enjoy the destiny courageously, peacefully, tolerantly and willingly, we will not get the same destiny in the forthcoming births. Therefore enjoy the destiny as you enjoy eating farina pudding (Payasam).”



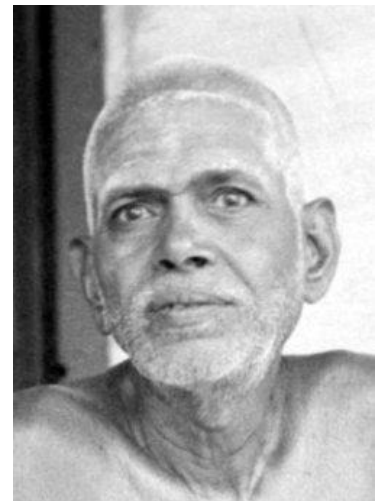
Divine Quality No.24

'Shaucham' implies
'Cleanliness of
body and mind'.



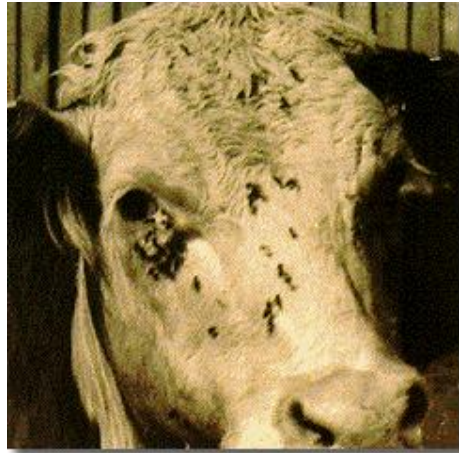
Both the body and mind need to be kept clean. The body needs to be cleansed by bath and the mind through prayer, japa and meditation.

When a notorious rowdy sheeter expired in Tiruvannamalai, everyone talked ill of him. However Bhagavan who never spoke ill of anyone said: “The rowdy sheeter took bath thrice a day.”





Once Adi Shankara and his disciples were returning from Ganges after taking bath when they were faced with a Chandala. Shankara in order to retain their shuchi asked the Chandala to step aside. The Chandala replied: “Which part of me do you ask to step aside, the body or the Consciousness?” Shankara then understood the true essence of Shuchi.



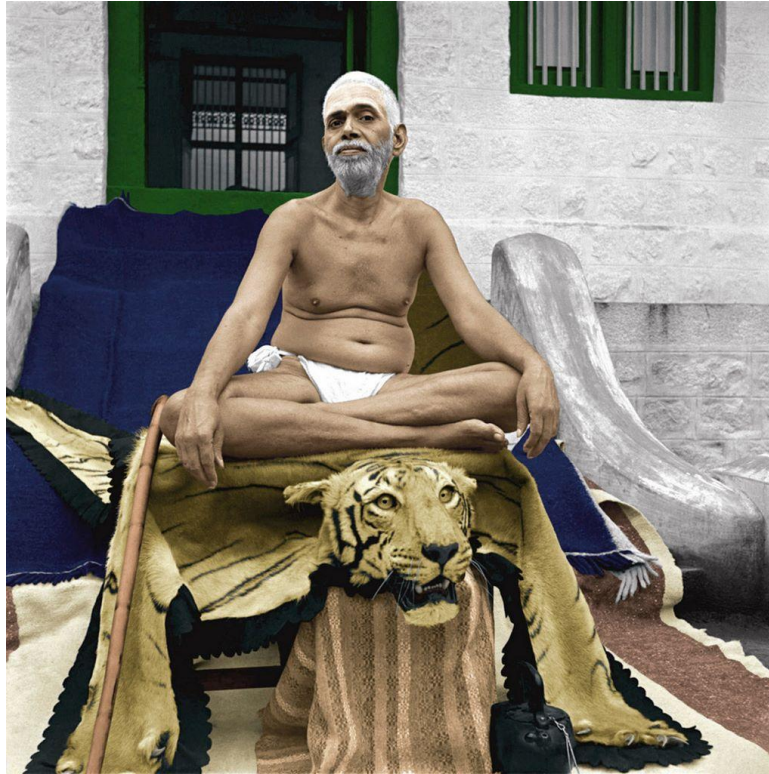
Divine Quality No.25

‘Adrohaha’ implies
‘Not retaliating in spite of
having the capacity to do
the same’.



We must not make them our enemies, who hurt us through words or deeds. If we possess such enmity, we always think of them and stop thinking of GOD.

There is an instance where a defendant (on whom the case has been filed) financed the complainant (filer of case) when they ran short of money in the process of fighting a suit in the court of law.



When the thieves attacked Ramanashram and beat Bhagavan, one of the devotees wanted to retaliate. Then Bhagavan said, “If your tongue is bitten by your teeth, will you get your teeth extracted?”



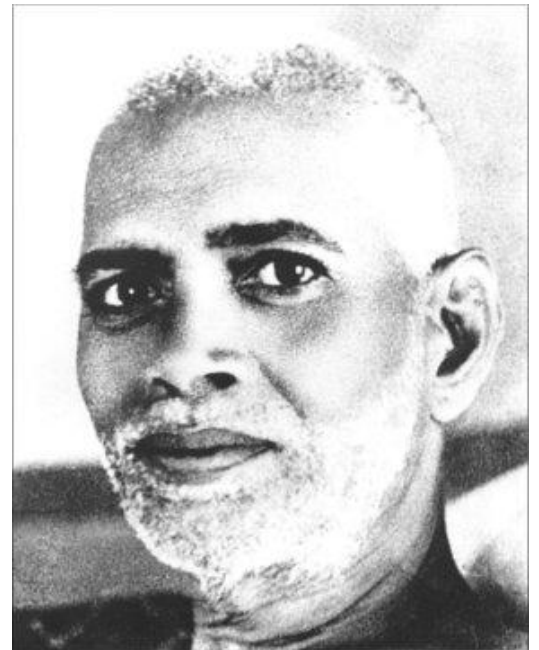
Divine Quality No.26

‘Naatimaanitha’ implies
‘Non craving for honour
and fame’.



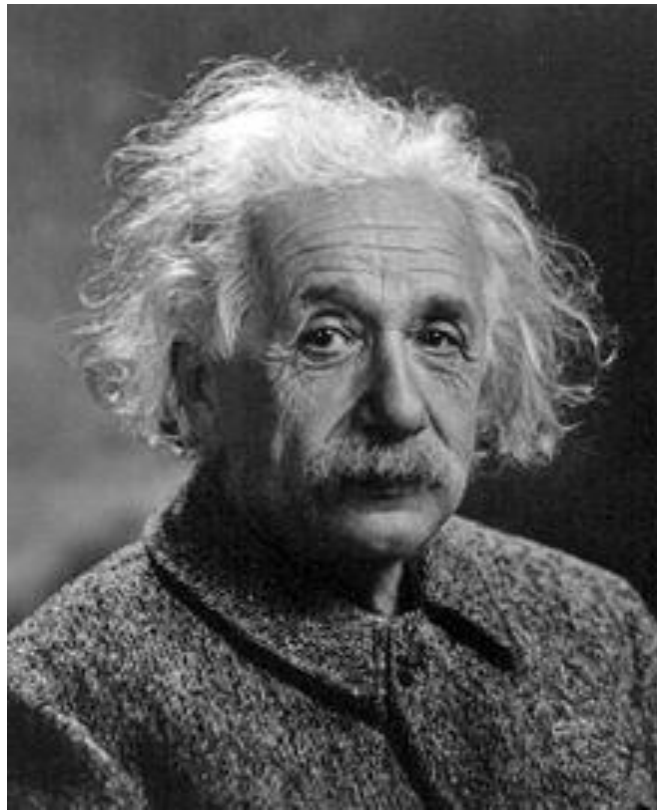
Milton said, "Lust and anger subside as our age advances but the craving for fame doesn't decline even on the approach of death."

Bhagavan said that there is a chance that a person addicted to prostitution may be reformed but a person craving for fame can never be reformed.





The people in power, desire that their name be spread in all the directions. The air spreads in all directions. Do they want their name to be merged in air? What is the utility of this fame? It can only increase the number of people who would accompany us till the graveyard, upon our death, but not beyond.



Einstein wanted his death to be declared to the world only after he was burnt. He did not even want the place where he would be burnt to be revealed to the world.



It is enough even if one divine quality is practiced. You will be adorned by other divine qualities automatically.

-Sadguru Sri Nannagaru