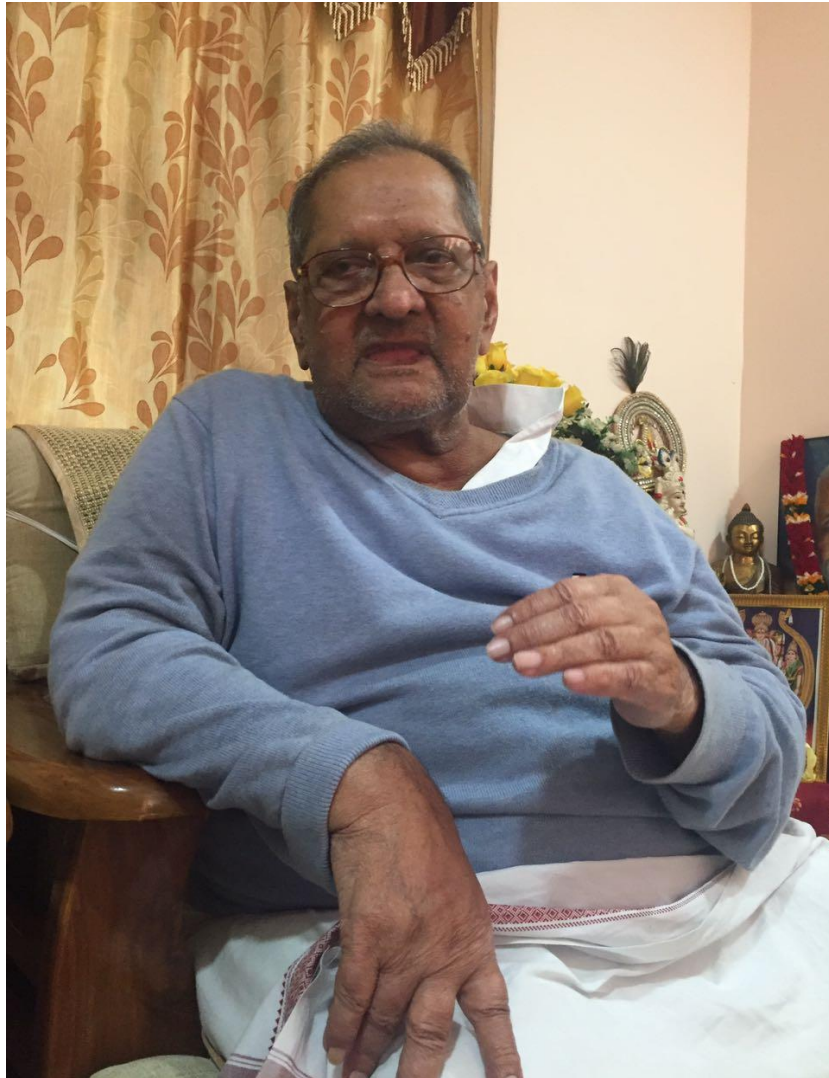





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Karmanyeva Adhikarastey Maa phaleshu Kadaachana


Maa Karma phalahe durbho Maatey Sanghastva Karmani


 Carry on the work in hand. Do it happily and peacefully. Don't have a false perception that abandoning work will lead towards Jnana. By giving up work, you will not secure Jnana, rather you will attain laziness. Jnana can be secured even through work. Selfless work and selfless service too lead towards Jnana. You only have the right to work. Do your work devotedly. Don't do it negligently. Complete the day's task on the same day itself. Don't have a misconception that giving up work will lead towards Jnana. One can get liberated even through work. Performing Karma as Yoga will lead towards liberation. You only have the right to work and not towards its results. The same deed done by four different people will not yield the same result. It will yield different results. It has some relation with the past births. Some people lead a very happy and peaceful life whereas some people are subject to hardships and get disturbed throughout their life. When you search for the reason, the answer lies in the previous births. It happens due to the past deeds done in the previous births.

 Do your work devotedly. Maintain your equipoise without having any ups and downs. Don't become cause for the fruit of your action. When you start working, how is it possible that you will not get any result? Some result will come. If you think that you are the cause of that result and the work got completed only because of you, rebirth becomes inevitable. Many people declare: 'I have achieved this or I have achieved that'. It represents 100% ignorance. For achieving something, do you really have any existence? The Upadeshsara quotes: 'Karturaagyaya Praapyatey Phalam, Karma Kim Param Karma Tat


Jadam'. Everything happens as per the decree of God. If you get a wall built, the wall doesn't pay wages to the labourers. It is you who pay the wages. Similarly Karma (action) is gross. It cannot yield any fruit of action. It is the Karta (God) who bestows the fruit of action. God has a name called Karma Phala data ie bestower of fruit of actions. You perform the actions. It is God who decides what the result should be and when it should be given? God alone is the controller. He is not some where far away. He dwells within the Heart as the indweller.


 The fruit of action is within the control of the controller. Stop worrying about the quantum and timing of the result. Whether it is more or less, maintain your equipoise without getting disturbed. Carry on your work considering the fruit of your action as God's Blessing. Perform the action without the feeling of being the cause of its result. Do your duty but without any doer-ship. Perform action which is devoid of doer-ship. By doing so, you will not get bounded. When you don't get bounded, the causes of rebirth get reduced.


 Practice Purity. Practice charity. Practice purity in your thoughts, words and deeds. You will secure the state of liberation before the body's death. Practicing charity is not possible for everyone. It is possible only for the rich. The indweller is very pure without any crookedness. If the thoughts, words and deeds can make you as pure as the indweller, it is possible for everyone to become a Jivan Mukta (Realized soul). Then you need not depend upon the household members or the society or the government for the sake of Peace and Bliss.

 Peace and Bliss originate from inside and not from outside. Without differentiating between day and night, if you are able to remain Peaceful forever, what else is needed? You will experience such Bliss

which is not possible even for a King of a nation to experience. Even if you are gifted with a kingdom, you will reject the same. How do you achieve such a state? It is possible only through practicing Purity.

 Spiritual practice doesn't infer doing something. Effort is made in ensuring that the body is kept clean. Likewise make effort to ensure that the mind is kept pure. This is referred to as spiritual practice. If the mind becomes as pure as the Self within the Heart, it assumes the form of Heart. You will then reach a state that is unrelated to birth and death. Peace, Bliss and Happiness lie in such Existence. When you reach that state of Existence, neither birth nor death is known.

 Suppose you are happy, don't assume that it is permanent. It is lost in the process of time. If you have any grief, don't assume that sorrow will prevail forever. Even that will be lost in the process of time. Don't consider happiness or sorrow to be true. Remember this saying: 'Even this will pass away. Even this will pass away'. When very great kingdoms got lost in the process of time, how long will your happiness or sorrow prevail?

 Remember this: There is someone called God. Everything happens according to His will. Perform the work in hand devotedly without any likes-dislikes. God knows very well when, where and how to do the task in His hand. He only decides when you must be seated on the throne. Having placed a light on the mountain, can you ensure that it remains invisible? When God Himself has decided to liberate you, can I stop the same? Even if I attempt doing so, will it stop? No. Can you stop a cyclone by raising your hand? No, it cannot be stopped. Everything happens according to God's will. A person gets bounded by these two - the sense of doer-ship and the sense of enjoyment. Some people feel: 'I


have built this building with my hard earned earnings and now I am enjoying the same'. But who are you to build or enjoy? Where there is sense of doer-ship, the sense of enjoyment is bound to come. As long as the sense of doer-ship and the sense of enjoyment prevail, one cannot transcend the vicious cycle of birth and death inspite of being born for innumerable times.


🌸 Don't get into petty affairs. Observe carefully what are your hindrances for God Realization and befriend such people who aid in getting rid of those hindrances. It is only referred to as Holy Company. The speaker should not speak mechanically. He should have Love and affection towards the listener. He should have the good intentions that the speaker should get liberated and secure Truth realization.

🌸 There is no difference between material and spiritual. There is nothing so called material. Everything is spiritual. When material things are viewed from a spiritual perspective, you will understand that there is nothing called material. Sunil has dropped two people in Palakollu railway station yesterday in his car. This looks to be material. But did Sunil desire anything in return? Did he expect anything in return for dropping them in Palakollu? No, he had neither desired nor expected anything in return. I asked him to drop them in railway station and he did accordingly. I told him that it is not material but spiritual only. There is nothing called material. Unable to grasp the subject and unable to enter the depths of the Heart, the worldly people differentiate between the material and spiritual. But there is nothing called material.

🌸 There is none greater than or equal to God in this entire creation. Either from the perspective of family or from the perspective of society, whether you speak a word or do anything, do it as an offering to God.

By doing so, you will secure Self Realization. Don't presume these words to be rubbish. By leading such a life, you will experience unbearable Peace and Bliss. Everyone states that they lack Peace and Bliss. You are unable to realize that Peace is ready to descend upon your head. The Peace will certainly descend. Wait and see.

 Some people keep proclaiming: 'I have achieved this or I have achieved that'. This will increase your ignorance and ego sense. You are unable to realize this. Sitting at home, if you speak such words, you will get a thousand births in place of ten births. The person should not be visible either in thoughts or words or deeds. You should practice in such a manner. But the person is found in all of them. Some people do a small deed and declare: 'I have done it. I have done it'. It is a habit. Man's life is entirely a compilation of habits. If you have God's Grace, the habits will slip away gradually. If you realize your weaknesses, have an urge to get released from them and make effort in that direction, even if the tendencies are as heavy as a huge rock, they will get lost by God's Grace.

 Whatever you speak should be sensible. If anyone speaks rubbish, don't spread such words. If an irrational person speaks something wrong, being a rational person, why should you repeat them? If you are repeating them, it implies that there is something wrong in your thinking. Without having a wrecked faculty, why would you repeat them? If someone talks foolishly, why should you decline down to his level and talk back to him foolishly? All these things cannot be understood through education. They can be understood only through common sense.




Do the work in hand. Its result may be more or less but there will be some result. It cannot happen that there will be no result. The Lord sometimes postpones the result in order to subject you to a trial. As the work did not yield any result, don't be negligent with regard to your duty towards the family or society or the Lord. If you work without any expectation, you will get God's Grace in return. Once God's Grace is secured, how long will it take to secure liberation? It will come instantly in that very second. You will attain unbearable Bliss. Don't think: 'Why Nannagaru is speaking thus?' Within no time you will realize it experientially as to how you will get a changed mind and experience the Supreme Bliss. Don't get worried. All these are not rubbish words. Practice purity. Self Realization will be secured. Peace and Bliss will descend upon you. Don't give up the work in hand.

Some people say: 'We are working very hard but it is not being acknowledged by the family members. Though the family members may not acknowledge it, it will be acknowledged by God. It is God who allots you the marks as well as the highest state of spirituality. How does it matter whether the humans at home recognize it or not? There is nothing to lose on not being recognized by them. It is your ego sense which craves for the recognition of the family members. It is good if your work remains unacknowledged by the family members. On being acknowledged, your attachment for the family members will increase. You will get reformed if you are above the praise and blame. Else you will get ruined.

Don't care the words of worldly people. The worldly people are very mysterious. If you are not rich, they will degrade and insult and if you are rich they will get jealous about you. Why do you rely on such words? You should not get impacted by both insult and jealousy. Both





of them are unnecessary. Both of them are bad. You should ensure that the mind remains untouched by all of them. You must carry on the task allotted and also perform the relevant spiritual practices but should not wait for the sake of liberation. God will look after the same. As and when the tendencies get annihilated the Amrita naadi (the nerve that connects us with the spiritual heart) gets opened. Then Peace and Bliss overflow from Heart into the head. However this amrita naadi has to be opened by God only. It is not as easy as opening the lock of an iron box. When the amrita naadi is opened, the Heart and head become one and the same. It is because the Peace in the Heart overflows into head. Then the creation is not seen as creation but is seen as embodiment of divinity.

-  After Rama left for forests, Bharatha happened to come across Manthara. Bharatha got angry on seeing Manthara. Bharatha felt that Manthara is the cause of all their family troubles and hence wanted to torture her. Then Kausalya who observed all this said: 'If you ask Manthara to leave, she will go away. Why do you want to droop down to the level of Manthara?'
-  When you get angry, the discrimination of mind is lost. When you speak out of anger, you will leave the reasoning and talk rubbish things. Therefore it is good to shut the mouth for a while when you become angry. In anger, the brain doesn't work properly. By repeatedly getting angry, one will gradually become mad.
-  Some people die if they are unable to endure hardships. Where ever they see it is all bed of thorns. At that point of time, they don't find a resolution for their problems. It is a flaw within their mind. Their unnecessary imaginations lead towards their suicide. You must learn to



bear insult. Irrespective of the hardships and losses that may fall by habituate to endure them calmly, coolly, quietly and happily. The Lord then feels: 'In spite of sending so many hardships and insults how is it that he faces them so quietly? How is he able to remain so calm and cool?' Thus the Lord gets surprised. He gets defeated and bestows the devotee with Self Realization then and there. Bear insult, bear injury that is also a part of sadhana.

 The fruit of your action may be more or less. Don't give up your equipoise. If you get rebuked by someone, don't carry forward it to the forthcoming births. If you get praised by someone, don't carry forward it to the forthcoming births. Learn to leave them here itself before the body's death. See how wonderful teaching it is. If you get insulted by anyone, leave it here and now. If it remains in your brain, it will accompany you in the life after death. Good-bad, honour-dishonour, happiness-sorrow, merit-sin, gain-loss, being subject to harassment in spite of not having committed any mistake from your end – Leave them all here itself before the body dies. Don't carry forward them. Who has insulted you? It is they who have a lower level of consciousness. Why do you get impacted by the words of such people? Therefore give up those affairs here itself before the body becomes subject to death. Don't carry them forward. On leaving them here itself, you will reach the sorrow less state.

 Gautama Buddha was most compassionate. He was 100% Compassionate man. He represented walking Compassion. On seeing Him, one gets a feeling: 'Has Compassion taken a human form? Whoever may be sorrowful, Buddha told them: 'Come along with Me. I will take you to the sorrow less state. Come along with Me'. Buddha tries to take you to the completely sorrow less state here and now on


this earth without referring to heaven or hell. Such is the glory of Buddha.


🌸 If your thinking faculty is matured, the happiness in the other worlds can be brought here. The Puranas have referred to some worlds where there is happiness. If you become as pure as the residents of those worlds, you can bring here the happiness of those worlds. Hence you can descend down that which exists somewhere up in the other worlds. You will get such a power. From where does this originate? It originates from Peace. It originates from Bliss.

🌸 There is no impurity greater than ignorance. Some people dance and chant 'Hare Krishna, Hare Krishna'. It is also a mode of devotion. By chanting thus, they may temporarily get rid of some weaknesses. But Bhagavan said: 'How long will you escape in this manner? Face them.' You may temporarily divert your mind through devotional singing but your weaknesses will remain intact. Therefore face them. By facing those weaknesses, you may get rid of them over a period of time but it is not possible if you try to escape from them.

🌸 Irrespective of your caste and religion, if you want to remain happy throughout the life, there should not be any otherness (separateness). It is irrespective of your education and richness. Remember this one thing and go back home. On doing some good deed, don't you care whether or not you are being patted by others for that or what others feel about you etc., As you have others, all these come into picture. On being praised by others, you become arrogant and on being rebuked by others, you become sorrowful. If there are no others, there is neither sorrow nor disturbance nor arrogance. Practice this. Only you exist in this world. There is no otherness. As and when you don't see any others

apart from you, everyone is within you and you are within everyone. Then you remain as one. When the otherness is lost, you will experience Bliss even before you sit down from the standing posture.


 When Bhagavan was told about an adverse comment made by someone, Bhagavan replied: 'Who are they? Do they really have any Existence? One and only one Self exists. The mental dispositions may be different. But there are no others. You alone exist. There is nothing apart from you. Only when you think that there is something apart, you get the fear. When it comes into your experience that there is nothing in this world apart from you, the fearless state is secured. It is only the Immortal state. What is the loss incurred on possessing fear? Fear brings in sorrow. Fear, anger, likes, dislikes - all these are mental flaws. They are the mental waves. They are reactions within the mind. If you want to advance spiritually, have action but not reaction.

 Carry on the task in hand. Some people may like it and some people may not like it. Some people may praise it and some people may blame it. Whether praised or blamed, don't get carried away by them. Give importance neither to praise nor blame. Purify your mind and intellect and carry on the task in hand. Don't meddle with others affairs. As per Bhagavan, don't interfere with others affairs as far as possible because it increases your ego sense. Who are others? It is their ego. Did others secure the state of Brahman? Did they secure Self Realization? Do they have any Divine attributes? No. Then why are you concerned about such people? It is not about speaking with mouth that others don't exist. There are no others at all. When it comes to your experience that there is no otherness, Peace and Bliss come into your experience that very second. When there is otherness you keep thinking that they are like this or like that. Without otherness you can remain peaceful and

happy. When it comes into your experience that there are no others, it is only the advaitic experience. Advaita implies that there is no duality. Only one exists. The Bible said: 'You must know the Truth and the Truth only shall make you free'. Do you want freedom? Do you want Peace? 'You must know the Truth' implies secure Truth realization. You have no other way out.

🌸 God is not somewhere far away. He is very near to us existing as indweller within the Heart. As you currently get identified with body and mind, if you get identified with the indweller inside, then there is no more birth and death. You then become bodiless, mindless and godless also. It is the Supreme state. It cannot be secured ordinarily. It can be secured only by those who have dedicated their lives.

🌸 Advaita is a state where there is no duality. Unless the Self (which alone exists) comes into experience, there is no chance of getting released from the vicious cycle of birth and death. Till then don't try to work towards the fulfillment of temporary needs. Have the Ultimate goal in your mind and work towards it. On attaining which, there is nothing else left to be known and all the learning till date seems to be insipid - when such oneness comes into experience, the Truth will be realized and advaitic experience is secured. But this requires past merit, strength of good deeds, holy company, dedication and devotion towards God. Along with these, if you have God's Grace, you can then secure Advaitic experience. It is the Ultimate state. When that state is attained, you will become breathless in endless peace and endless bliss. I pray to the Lord that may all of us awaken into such Supreme state of Knowledge and He showers His Grace upon us for that sake.

 Amalapuram doctor has narrated about the birthday celebrations. The Upanishads state: 'There is no birth to the birth and there is no death to the death'. If the birth has birth, then all of you can take birth. If the death has death, then all of you can become subject to death. In reality, both the birth and death have no existence. When there is existence for birth, you can take birth. When there is no existence for birth, how can you take birth? Similarly when there is no existence for death, how can you die? Now where is the existence for man? It implies Brahman alone exists which has neither birth nor death. It is only referred to as Advaita.