

## *Discourse of Sadguru Sri Nannagaru 23rd January 2011 at Jinnuru*

My Dear Soul-mates,

The great Saint Gyaneswara also called Gyanadeva at the very young age of 18 very distinctly and clearly taught about the most important point of our life i.e. Desire and Anger. (KAMA AND KRODHA). Gyaneswari, the great and most pious scripture is distributed by them as the Bhagwad Gita here. Do you want Happiness? Yes. Then you cannot eliminate Desire and Anger. When you wish for pleasure, desire and anger will not leave you. It is a basic and fundamental fact. Desire and Anger (Kama and Krodha) do not go by fasting (Upavasam), worship (pooja), Penance (Tappas) or pilgrimages etc. Separateness brings litigations. Desires are in the mind. Evil thoughts, tendencies, faults, defects, False I, body-boundedness, I and mine, dualities are all in this mind. With all these in your mind, how can you get liberated? When the desire for happiness exists and B.M.I, (body mind intellect) exist, in the caves of your heart, DESIRE AND ANGER will not leave.



'I'ness (Ahankaram) and Mineness (Mamakaram) you know you have it, (like you, yourself know that you have got fever), nobody need to tell you, till you possess these, you cannot escape the cycle of birth and death. It is deep-rooted and it will not leave you. You should perform Disinterested action, without evil thought and conscious effort to attain that Supreme state in this body itself and if not, atleast at the time of death you should get united with God.

World's greatest enjoyment is sex. Marriage is a trade of two bodies. With God's grace only Your house will be full. When there is no grace, mercy, however much effort you put in there will be no result. Vein thoughts, waste thoughts, thoughts about the past are not useful to you and not to your family. Everything is in the mind. Don't use the mind more.

Sage's mind is pure, balanced with no external dirt, it is natural mind. Unnatural mind moves around external matters. When you scold your children for their betterment, it is natural mind and your good and right, proper work is also natural mind. Evil is all unnatural mind.

Attachment (likes) and Detachment (dislikes), be away from them. Detachment, Dispassion is a great quality but when situational or by quarrels or litigations is untrue, temporary, it will go. Sage's detachment is true and permanent. Meaningless education is waste. By reading, hearing the subject, after understanding it, you develop a liking towards it and then you desire for knowledge and Liberation. For acquiring Knowledge, Purity and Concentration, Control of mind and stability and Balance of mind are required. Dry your mind. Don't compare with anybody and anything, you will get sorrow, not even with your neighbours, you will get unrest. All filth is in the mind. When you are in solitude you will get peace from within. There is no happiness, pleasure anywhere outside, in any seen or heard enjoyments, in any of the worlds, in lokas (planets), don't even remember them, Desire and Anger will lead you into them.

The root cause of all evil, faults, enjoyments anywhere and everywhere, even your faults are Desire and Anger. Desire and Anger will chase you. Be in an even-minded and equal-minded state. Mind should be under control, then there is no need of any Sadhana (spiritual practice). Withdraw the mind and the sense-organs from the external world. Be in a no - mind state. Then there is no need of withdrawal. Be an introvert. Why push the mind outwards and then pull it inwards? Keep it under control. Natural mind and cool mind.

LOVE TO YOU PEACE TO YOU

HAPPINESS TO ALL