

## *Discourse of Sadguru Sri Nannagaru 01-september-2010 at Jinnuru*

My Dear Soul-mates,

Today is Krishnashtami equally known and celebrated as Janmashtami, Gokulashtami, Mathurashtami and Radhashtami too. Sri Krishna is the ultimate, Reality, God, Avataar, incarnation. On this day Lord Krishna was seen and not born from the womb. Brahman is the base, the origin. Sri Krishna was entitled as Jagadguru, the preceptor of the whole world. He gave prominence to Dharma (righteousness) more than truth. He is an incarnation to play Leelas, full of beauty (inner beauty) Love, compassion. We do not see inner beauty, for we do not have purity and refined intellect. Sri Krishna was so compassionate that He even blessed Putana (the demoness, servant of King Kamsa, who came to kill Him), with liberation and salvation, after drinking all her poisoned milk and blood. That is God - Krishna. Brindavanam is the most pious meeting place of Radha and Krishna (Devotion and God). Sri Krishna Chitanya Mahaprabhu discovered Brindavanam and identified every centimetre there being the foot prints of Leelas (plays) of Radhakrishna and the most blessed Souls -the Gopikas. Krishna and Balaram are very strong. He uproots and kills our arrogance, attachment, desire, ego, in the form of the snake (Kali mardhanam) and dances over it That is merciful Lord Krishna. Pooja (worship), Japa (Remembrance) dhyana (meditation) are also a part of Sadhana (spiritual practice) to remove body-boundedness.



Radha and Krishna do not possess physical relationship. They have divine relationship. Radha does only that which Krishna likes, nothing else. They had pure, unworldly, divine love towards each other. We should have Radha as our ideal, our guru(preceptor). Radha's love towards Krishna is pure Love, Divine love, unworldly love, without any expectations or reservations not for any material or spiritual knowledge too. Love only for Love, only Krishna, only for the

comfort of Krishna, Loving only for Love, Radha's every work is only for Krishna. Radha never expected even goodness from Krishna. Radha never expressed her Love, She Loved only for Love. Love only gives .

Do follow Diet Pattern. Mr.BERNARD SHAW exclaimed about non-vegetarian food (Demon's Diet). My stomach is not a burial ground or grave yard that I should eat dead food like chicken, fish, mutton, earns, prawns etc. Be away from violence, physical, mental or verbal. Verbal violence is equally dangerous. Speech should be short and sweet and only when required.

Sri Ramakrishna Paramahansa (the great Saint) was so compassionate and so benevolent towards his disciples that out of Love, affection, pure and divine love, He addressed them as Hey Boys! Where are you? Come Here, come here, come to Me, come fast, keeping them under observation and upgrading them, these being the connections from many births, only to bless them with that extreme state and the Supreme knowledge.It comes only out of Love and out of compassion. Once you attain that state, You and Me are ONE. ME AND MY FATHER (GOD) ARE ONE. Till then, we doubt and question, Have you forgotten me?

Desire is foolishness. Desire arises from selfishness, attachment, recognition, these being our faults and defects. An intelligent person acts with observation and discrimination.Discrimination is my true father and Dispassion is my true mother. Father and Mother are our first gurus (preceptors). Father (the incarnation of God) and Mother (the incarnation of Shakthi-Power) are residing in our heart, the indwelling force in our heart Discrimination(father) teaches you by separating everything from existence and non-existence, from Truth and Not, while Dispassion (the mother) being always loving and caring, does not let you towards the wrong or non-existent or untruth. These two qualities are of God. When God exists in your heart, there is no need of any outward journey. Once your inward journey begins, you are in His Hands. Only when you have a good fortune and only when you attain Brahmic state, you can attain that Spiritual, Absolute and endless Happiness. Bhagawadh Gita is a divine epic When you read Bhagawadh Gita with a desireless, cool and controlled mind, with a pure and steady mind, only then you can understand it. It will directly enter into your heart You should have a pure life, pure mind and pure heart Overcome qualities, ignorance, doership, body-boundedness - till then you cannot attain Me (God). What We Think We Become. Always Remember God, you will become one with God. Body -boundedness melts when you think of God, Like Radha, Constant Remembrance of God Krishna, finally there is no Radha only Krishna remains. In the flow of Love, devotion, that I gets melted, washed away without your knowledge and without any enquiry. The great devotee Tukaram of Lord Panduranga is a live example. They are refined souls and realized souls.

The great sage Sri Ramakrishna Paramahansa (He is an incarnation), is again remembered. His Love, Divinity and a flow of endless grace knew no bounds. While addressing His close devotee Madhur Babu He said, you may possess sicknesses, weaknesses and even sins but I still accept you and I love you. A saint is always loving, compassionate, graceful and merciful. Without my grace, mercy, Love compassion, my liking you cannot come out of Maya (illusion) and Destiny. Do not get attracted towards external issues, Attachment gets increased. Any external Pleasure is temporary.

Formless, Nameless and Action less Souls are distant and rare - they attain that ultimate state. But with body-boundedness, any support of some manifestations like Krishna, Rama, Shiva etc will lead you to that state. All the rivers even after many turns ultimately meet the ocean, so also we too after many births and many twists and turns in life unite with God. Faith is wealth and Faithlessness is dust. Do perform your duty perfectly with intellect and concentration fixed on God and give the mind and intellect to Me, I will cleanse it for you. Then you will learn control of mind. Don't leave the mind here and there. After control of mind you will get united with Me (God). Krishna is a full, total,complete manifestation of Love, compassion and above

all Leelas (plays). He is Naravana, not an individual. He is a lightening God, disappears fast. zHe loves butter (butter – like mind), All milk products, white, soft, flawless and spotless. By Love, Love and loving our mind becomes like butter. By Practice, Practice and Practice Everything is Possible. By My grace, in this moment you will attain that Brahmic state, when He blessed Putana (the demoness) why cannot He bless us with liberation and salvation. Nothing is Impossible for God. The day He remembers you, you will attain that state even without your desire or will. When the Amrita Naadi (The flow of nectar) gets unplugged, opened, when it emerges from within, it being unworldly, divine love, happiness, bliss, it overflows like heavy floods and it happens only when you are deserving, eligible and have ability for you cannot tolerate it and your heart breaks with its spiritual power, that Divinity as we are not used to it and we never know it. We should develop that spiritual strength and power and learn to control it inside otherwise it gets closed, stopped and ended.

Eliminate tendencies. From tendencies arise desire, anger, will and then body and birth. You should defeat death and win over death. You should never fear death. While dying, the thought of death should not overpower your mind. Then only you have won over death. You remain what you are. You know what you are. If you think that you are a good person, it means that the other person is bad and you will find, bad in him. If you think about your good qualities, you will get spoilt This is Maya (illusion) and it is mine. Without my grace it cannot be eliminated, like you cannot trespass the dogs in secured home without the Master's instructions. Hatred produces reaction. Abandon it for Me (God) Be friendly with All, Forgiveness is a great quality, it leads to God. FORGIVE AND FORGET. Everything is ended if forgotten. By Patience and tolerance you will reach the depth and will know the depths of the Heart. Everything happens according to Destiny, Experience it It will go. Keep the mind steady and balanced, any outward pressure comes, keep them outside, do not take them inside. We should have faith in the words of God. Discontentment and Dissatisfaction ruin you. Without satisfaction or contentment you cannot get inner-sight Krishna is the Lord of Lords. Radha - ideal, True, divine love, unworldly love, endless love towards the Lord. She is Radha. Always Love Me, Love Me, More and More Love Me. Devotion, unworldly Love, Faith towards Krishna. Holy company is very essential. Where is Iswara (God). He is indweller in your Heart. He is the witness in your Heart. He is the Heart in your Heart Love Him. He is the Heart in all human beings. Love All.

LOVE TO YOU PEACE TO YOU

THANKS TO ALL

Coutersy: Smt. Neelam