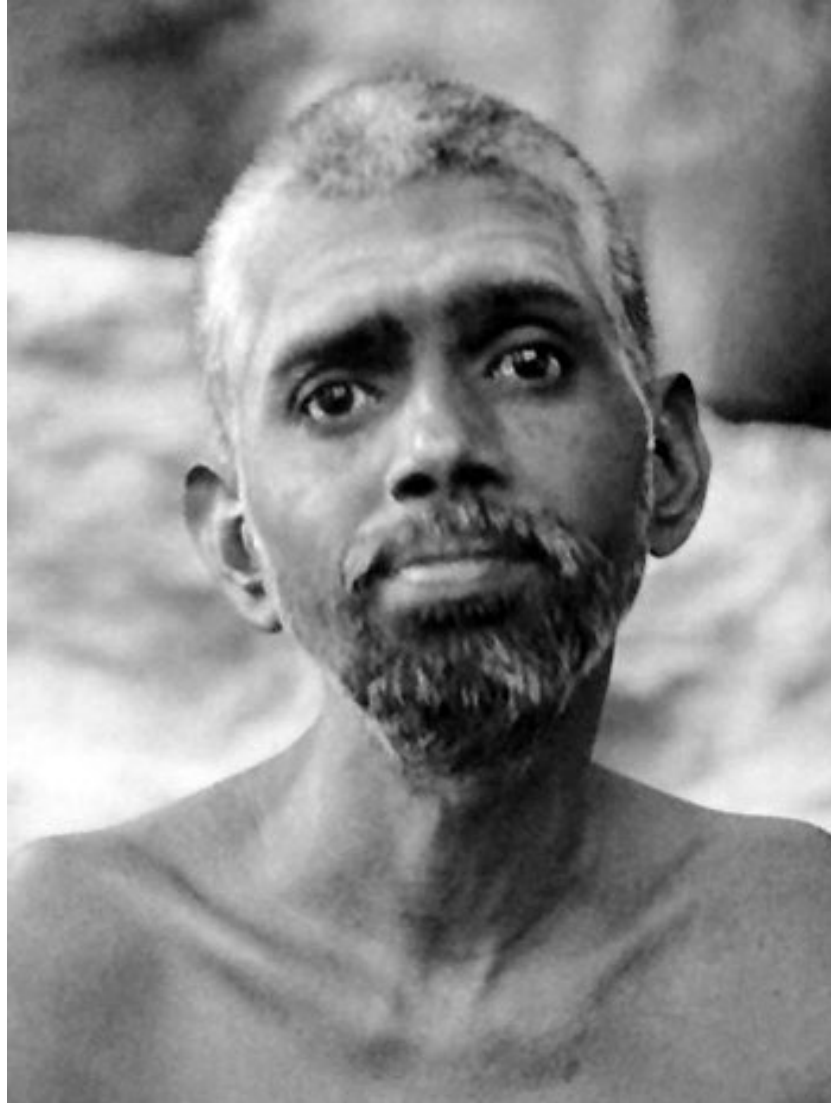


Thus spake Ramana:

Quotable Quotes of Bhagavan Ramana
compiled from Ramana Bhaskara



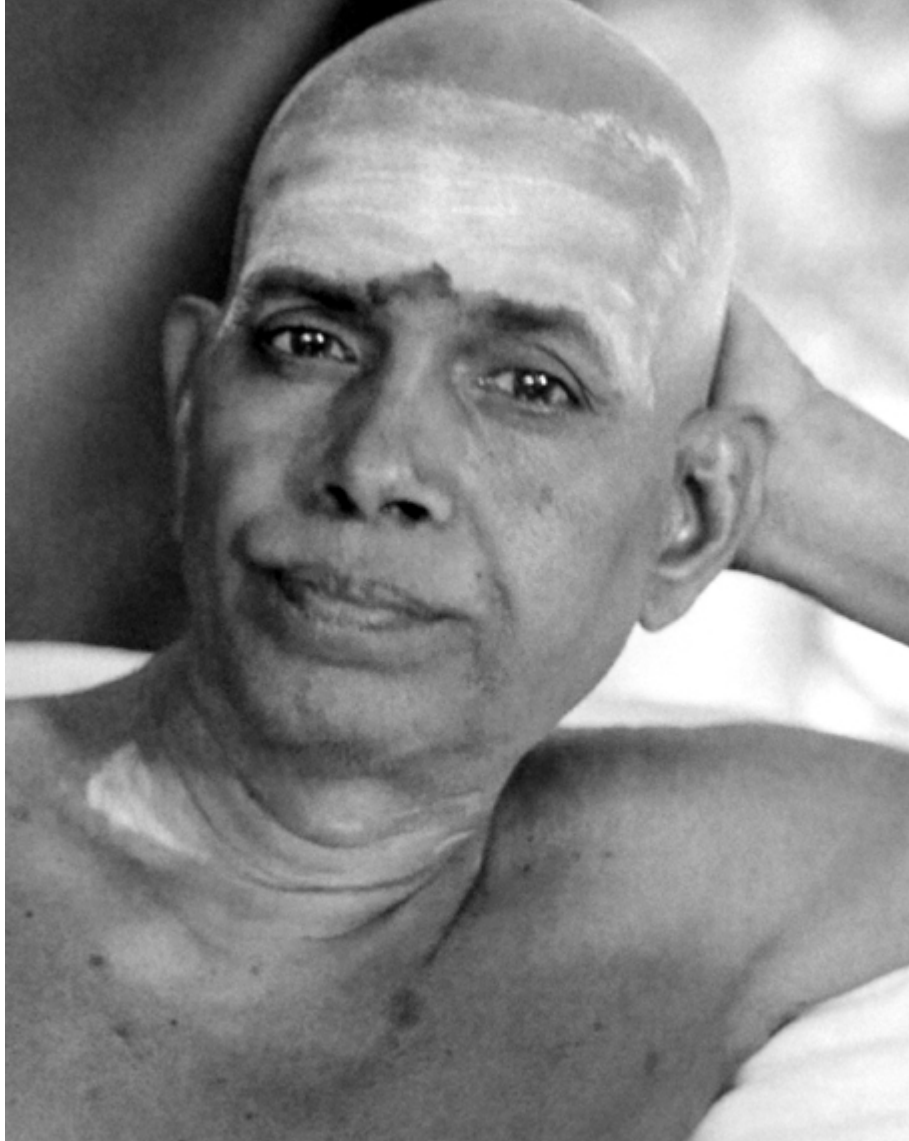
Whatever I say, you need not believe blindly. Think on your own. It is not enough if you merely listen. You should also think. You will understand when you ponder upon it. Only then it becomes your own.



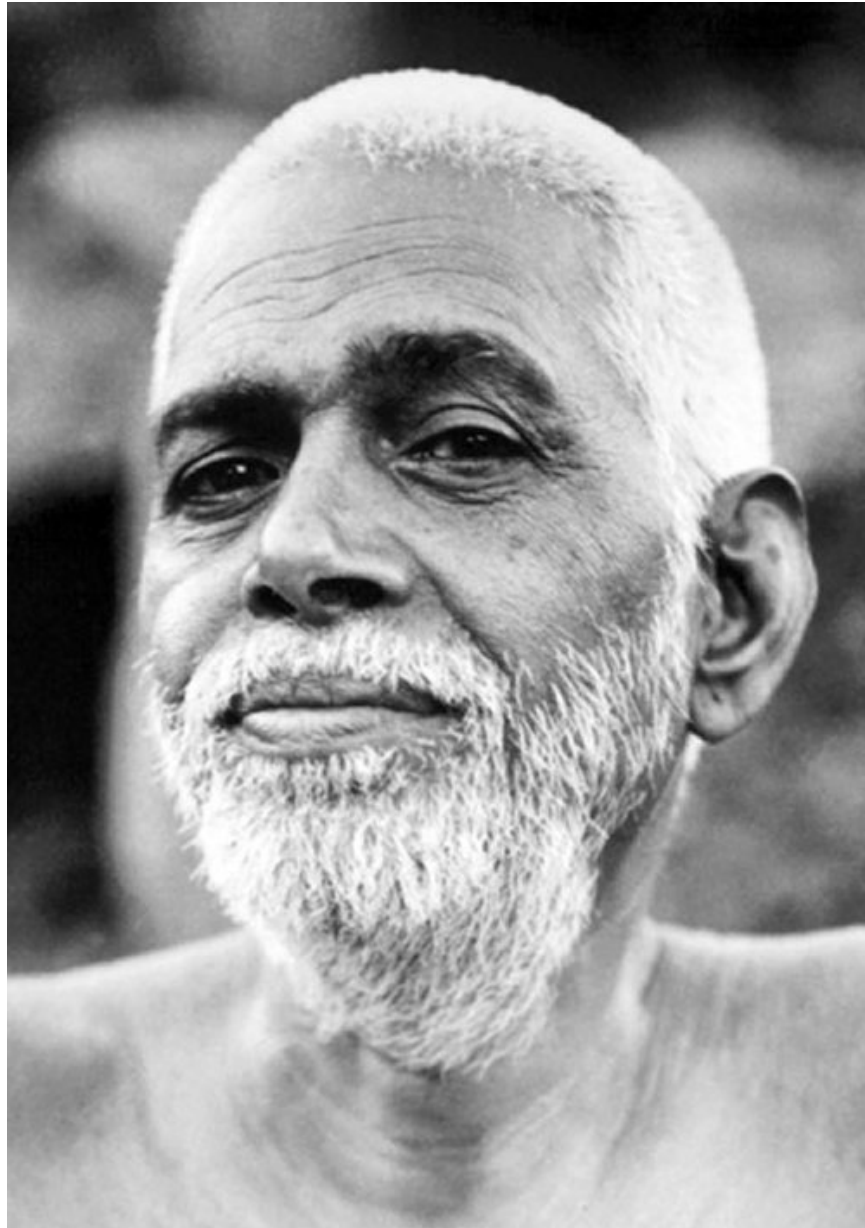
Stop considering yourselves to be either good or bad and try to earn Self Knowledge. The Truth that exists in my heart exists in your heart too. Make a little effort from your end. As the Truth in my heart was revealed to Me, the truth within your heart will be revealed to you too.



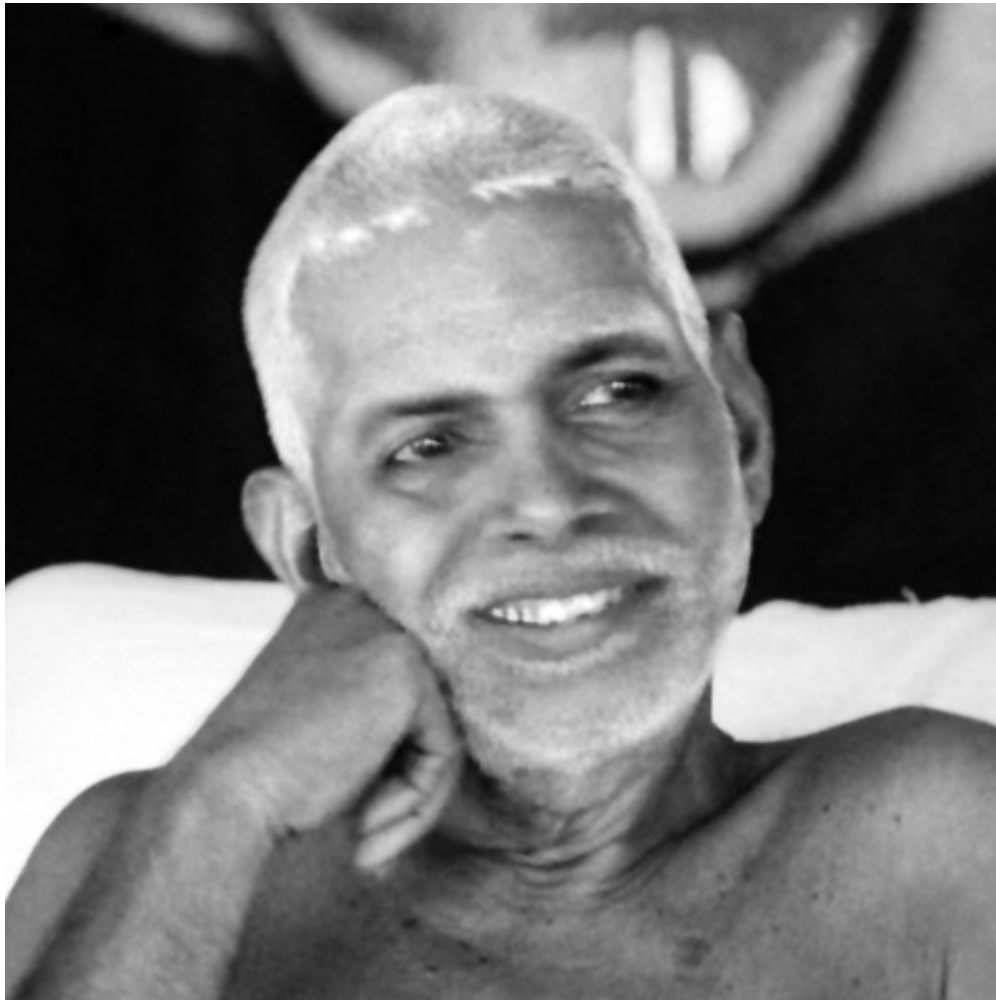
You exist either as the body or mind, or ego. Existence is inevitable. Therefore exist as the Self.



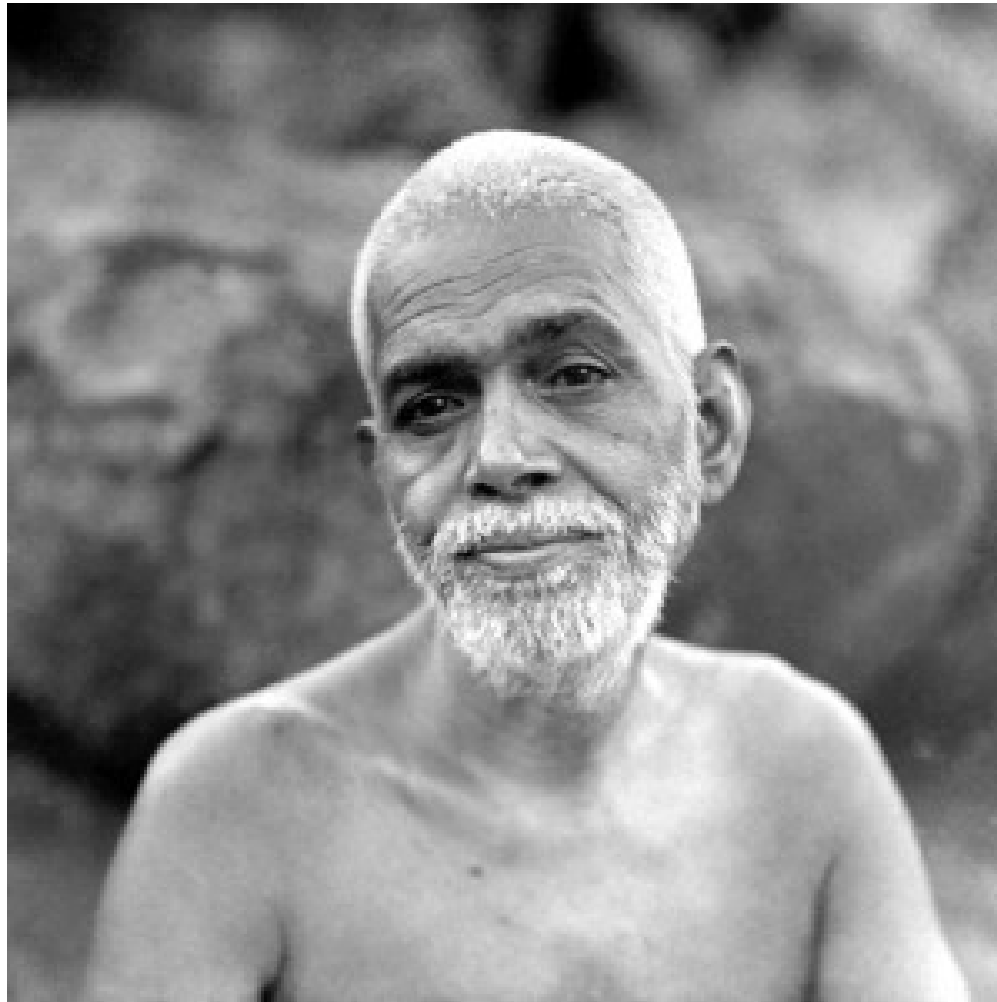
Every person works with the ego-sense. Every task yields fruit. Good deeds yield good fruits, whereas evil deeds yield bad fruits. Both of them are borne by the ego-sense. The Truth inside is in no way related to them.



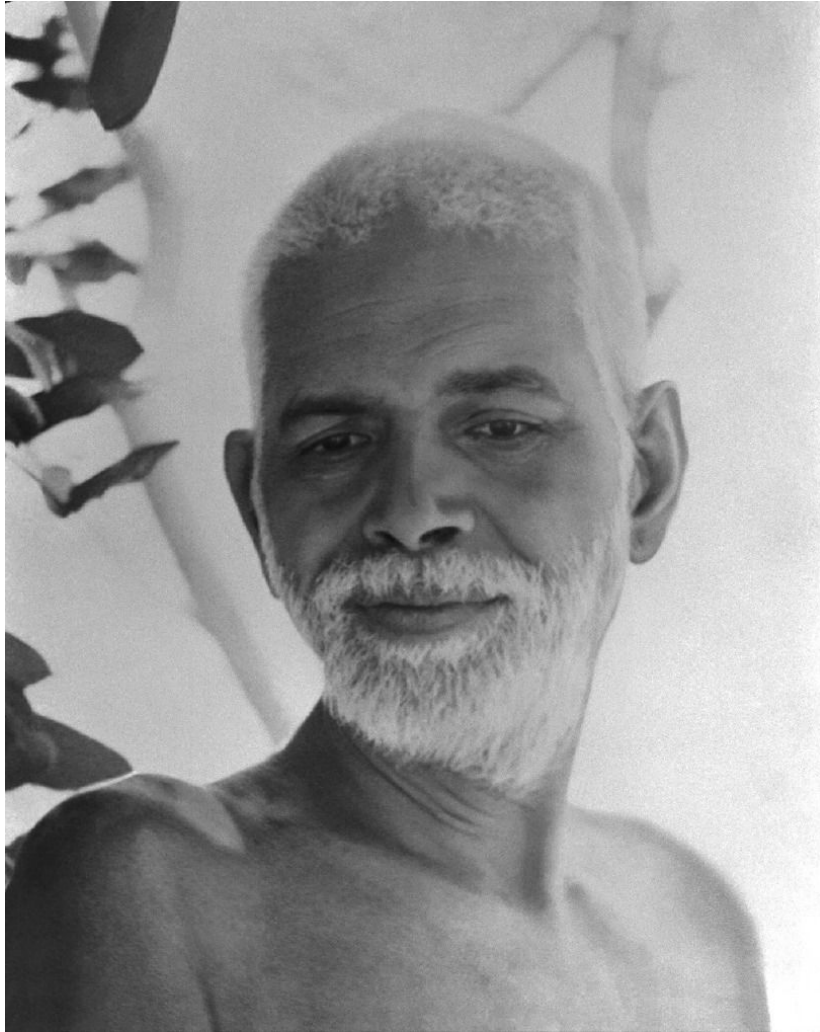
Don't bother about rebirth. Die when you are very much in this body and retake birth in the same body. You will then attain Jnana.



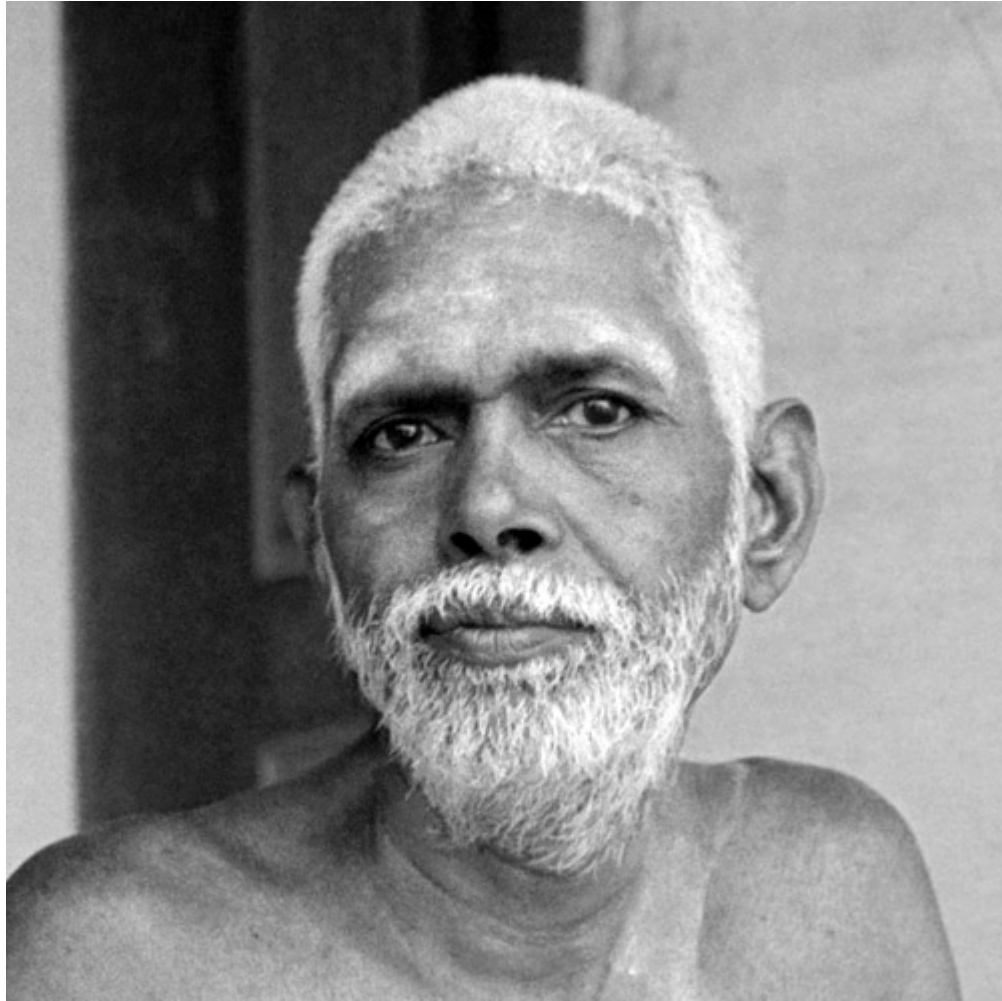
Irrespective of the path of yoga adopted, try to focus on transcending the ego. The ego-based speech and deeds, including friendships, resemble a fort made of playing cards. They are not permanent. They will collapse when the wind blows.



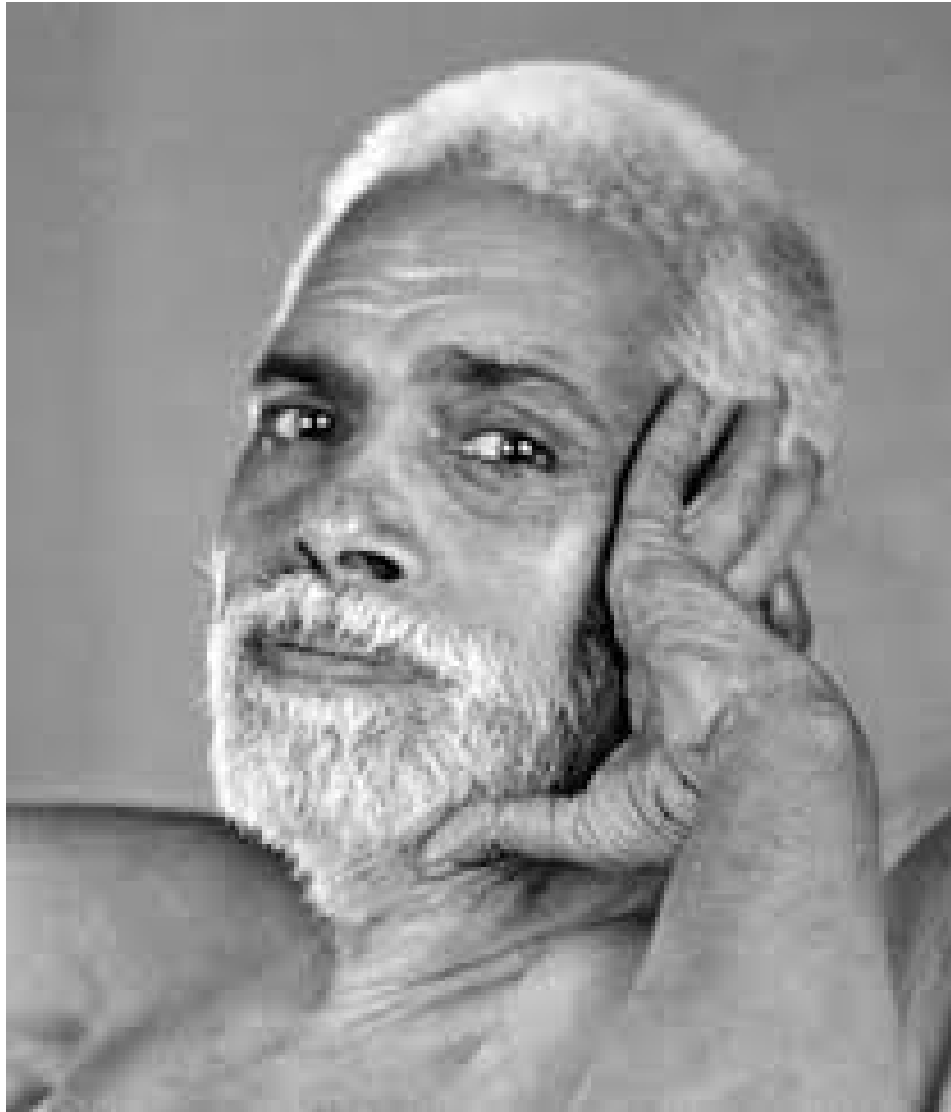
Don't offer resistance to your mind. Your spiritual practices cannot match the force of mind. Your spiritual practices are bound to get defeated by the mind. Just don't get into the mind's affairs. Don't pay any attention to the mind. The mind has to remain un-heeded.



Perform spiritual practices in the waking state and try to obtain the deep sleep state in the waking state. Whatsoever's absence makes you blissful in a deep sleep; it has to be lost in the waking state through conscious effort. The blissful state of deep sleep is then experienced in the waking state. It then becomes your last birth.



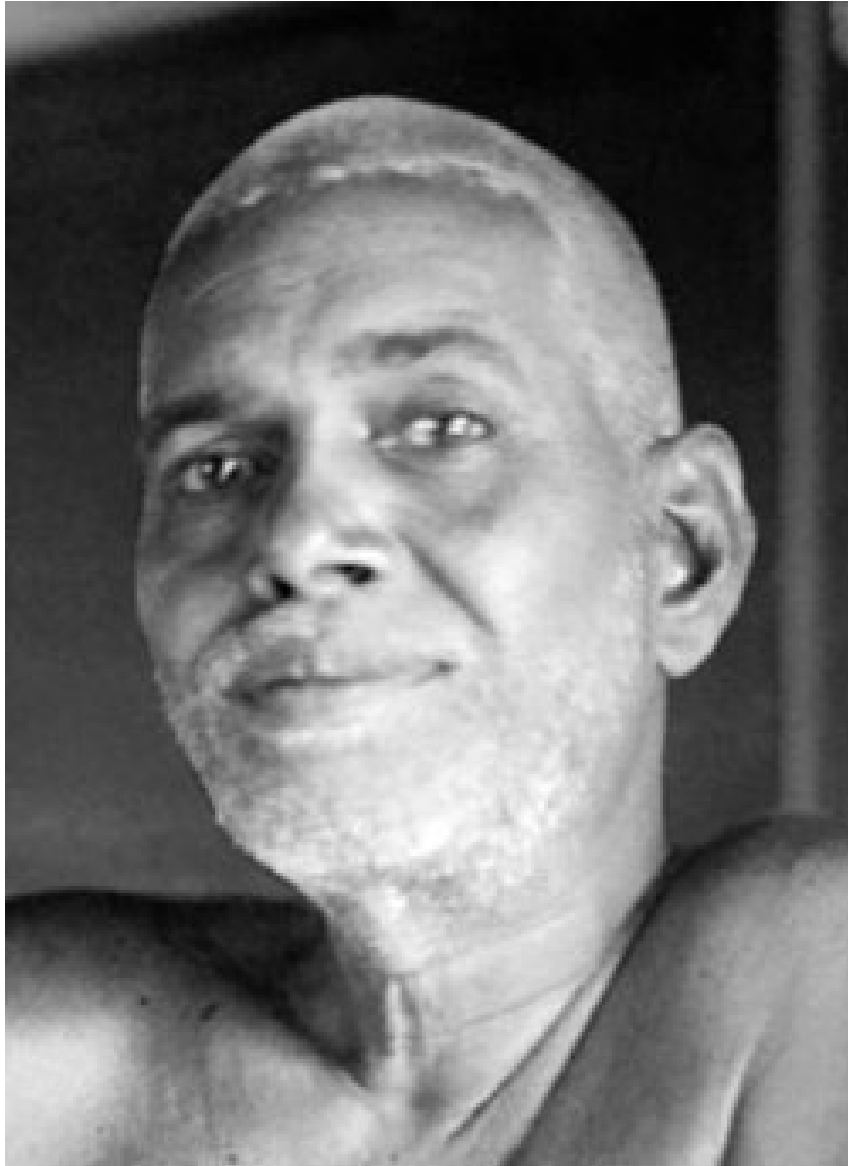
Once the thinking faculty is reformed, how long does it take for you to get reformed? Chant the Gayatri mantra to secure a reformed thinking faculty.



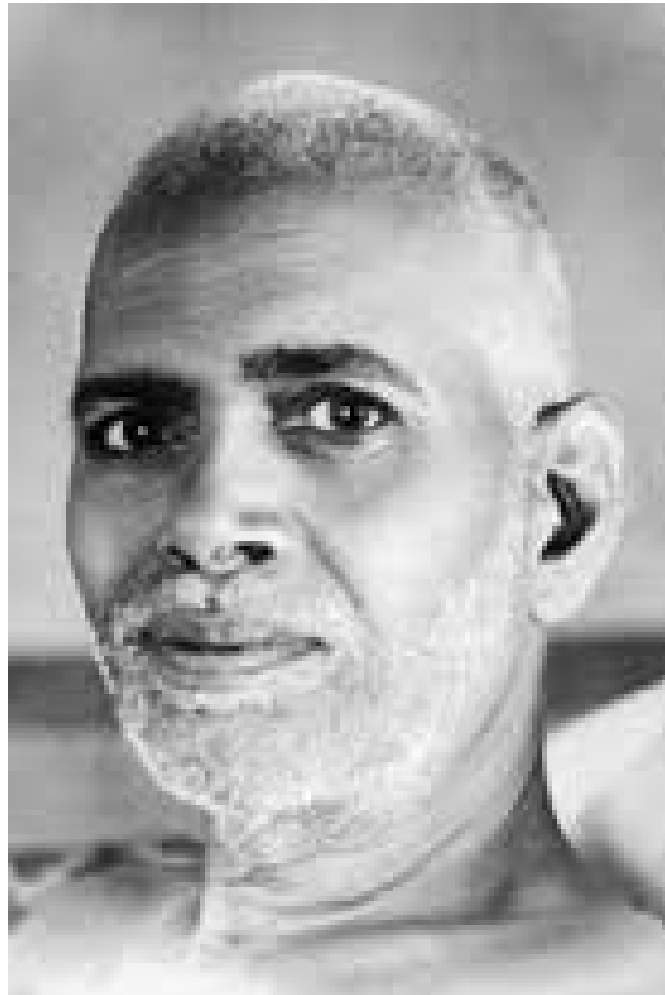
Do not meditate mechanically. Use your discretion. Aping others leads to confusion. You cannot understand the scriptures in this manner. Improper understanding leads to mistakes. Hence, give it thorough scrutiny.



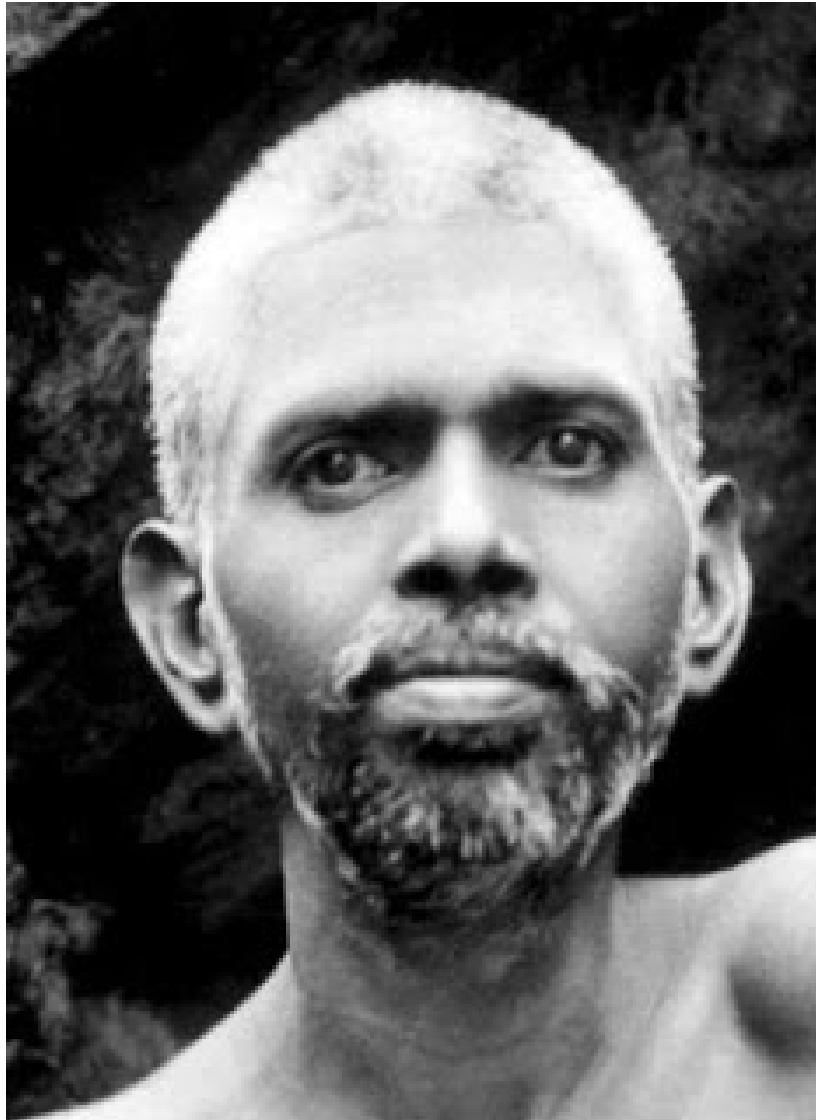
When a person is diseased, he tries to get rid of the disease to become normal and healthy. Similarly, the 'I' thought is also a disease, which should be eradicated by Self enquiry. Then, one does not die but becomes one with the Universe. This should be the goal in one's life.



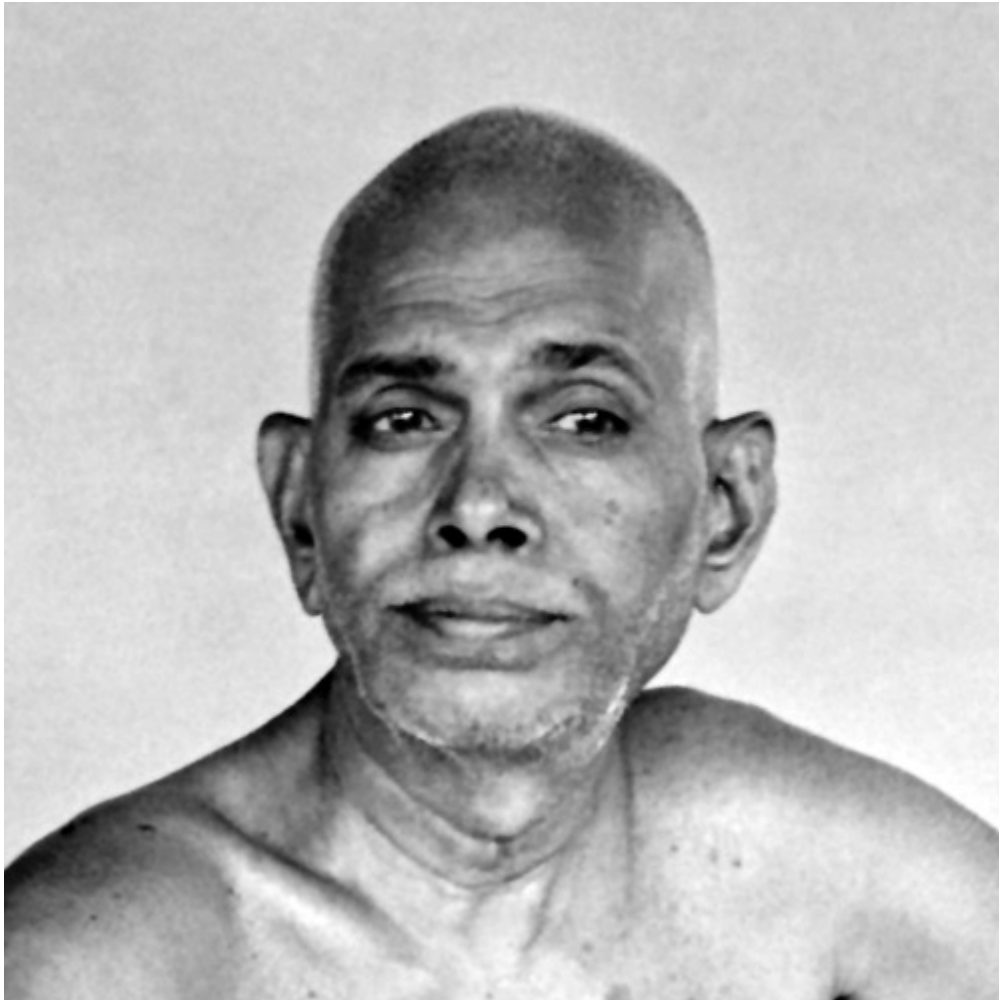
Do not talk about petty matters and the petty-minded. Always contemplate upon the truth and bliss. Unless you have the fault in you, you cannot recognize it in others. To see wrong in others is one's own wrong.



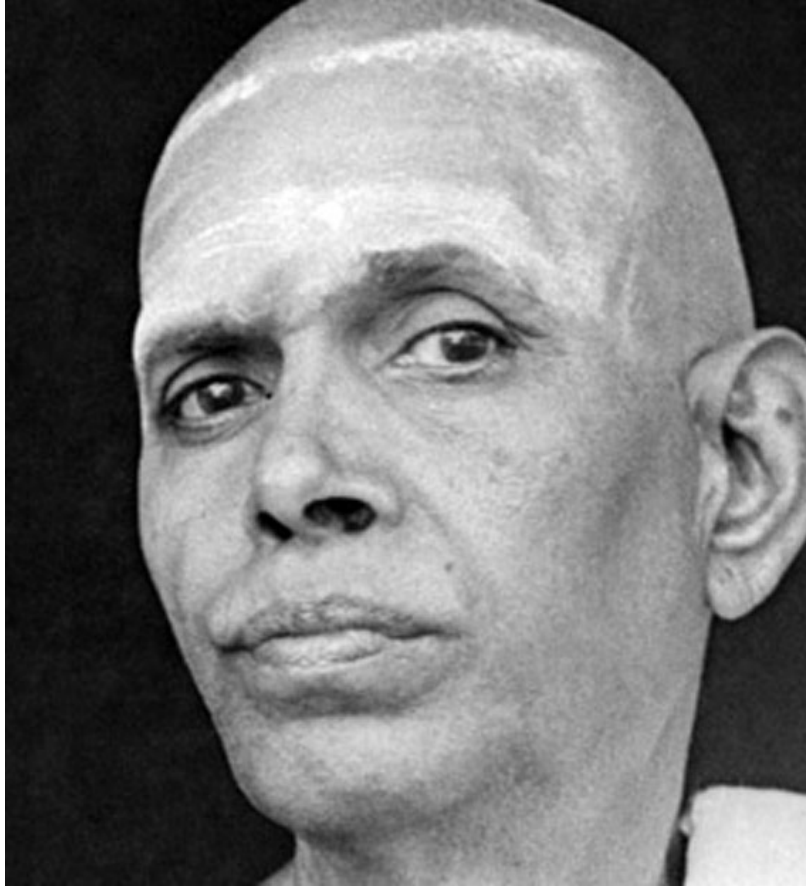
Illusion (Maya) exists in the form of the mind. The mind constantly compels you to stay engaged in worldly hassles and pursuits. For thousands of births, the mind has been gathering and compiling the dust related to the world. Persuade the forceful mind and conquer it. Tell the mind: you have known enough of this world. Now know Thyself.



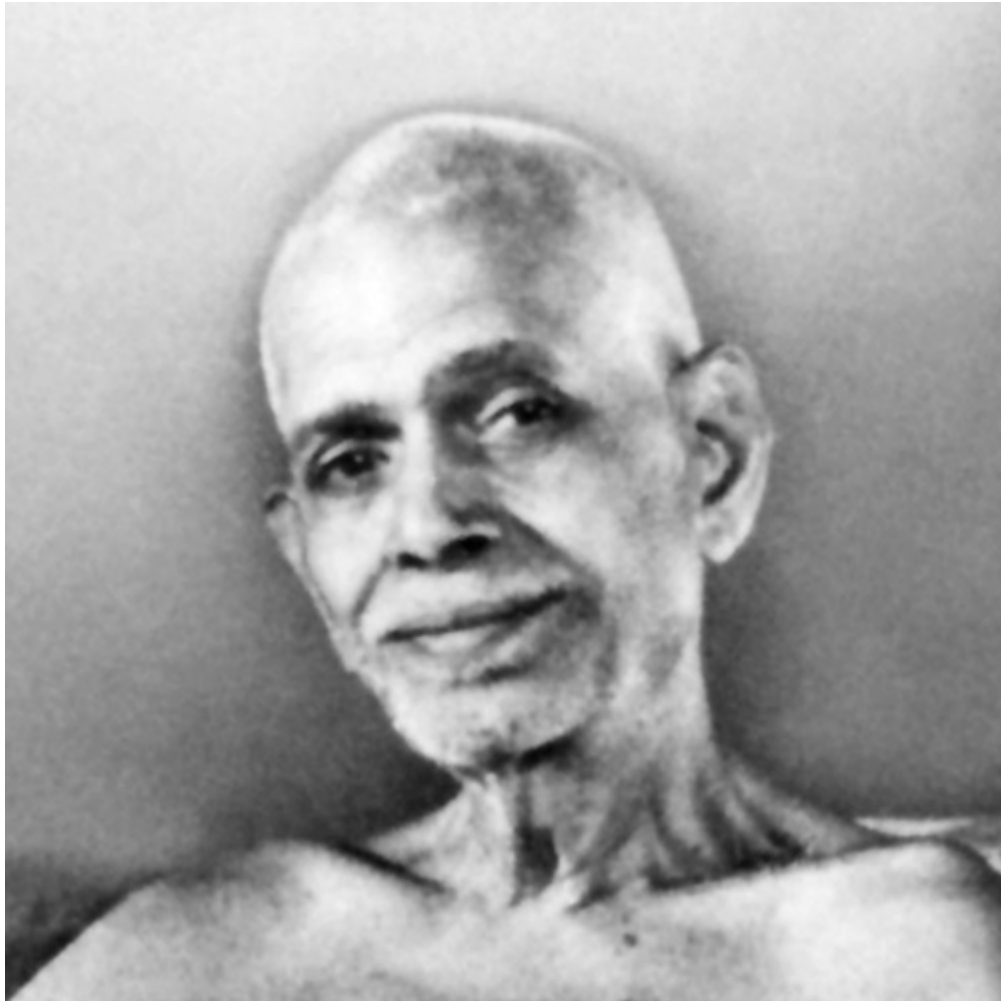
Liberation dawns upon the one, who is intelligent, discriminate, unattached, unassuming, and noble at heart. Such a person need not seek enlightenment. He has crossed the limitations of the good and the bad. He works without entanglement, as there is an absence of doer-ship.



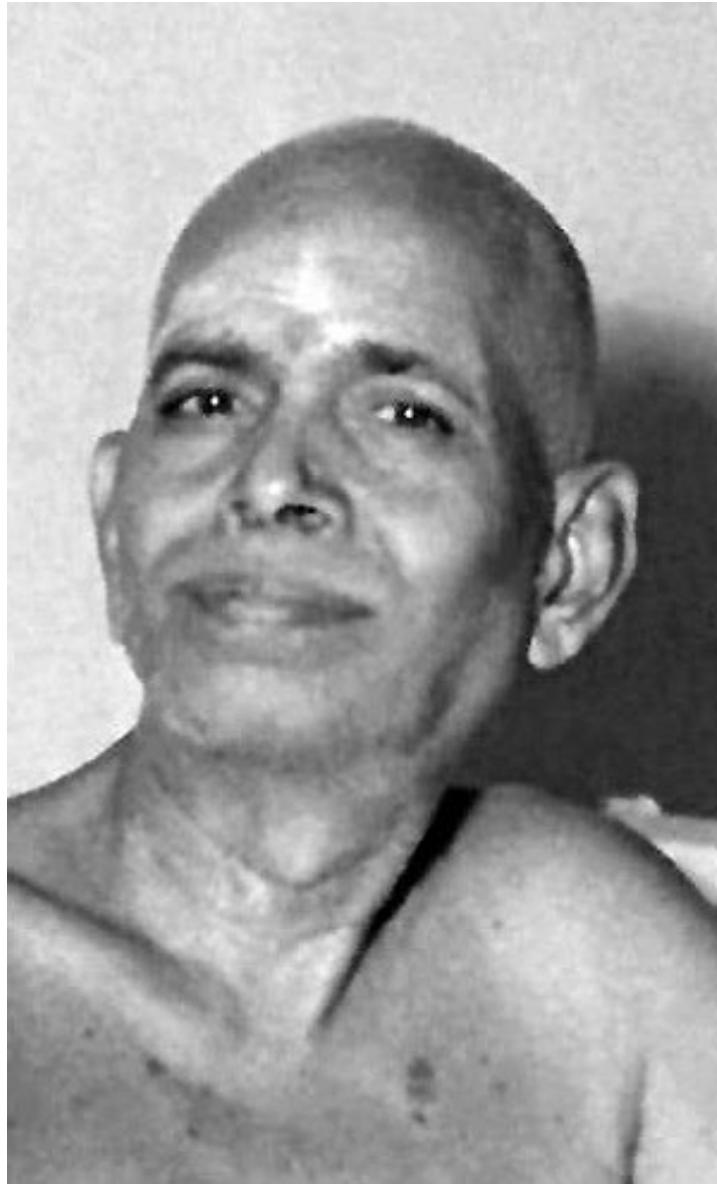
Give up your thoughts. Then you need not give up anything externally.



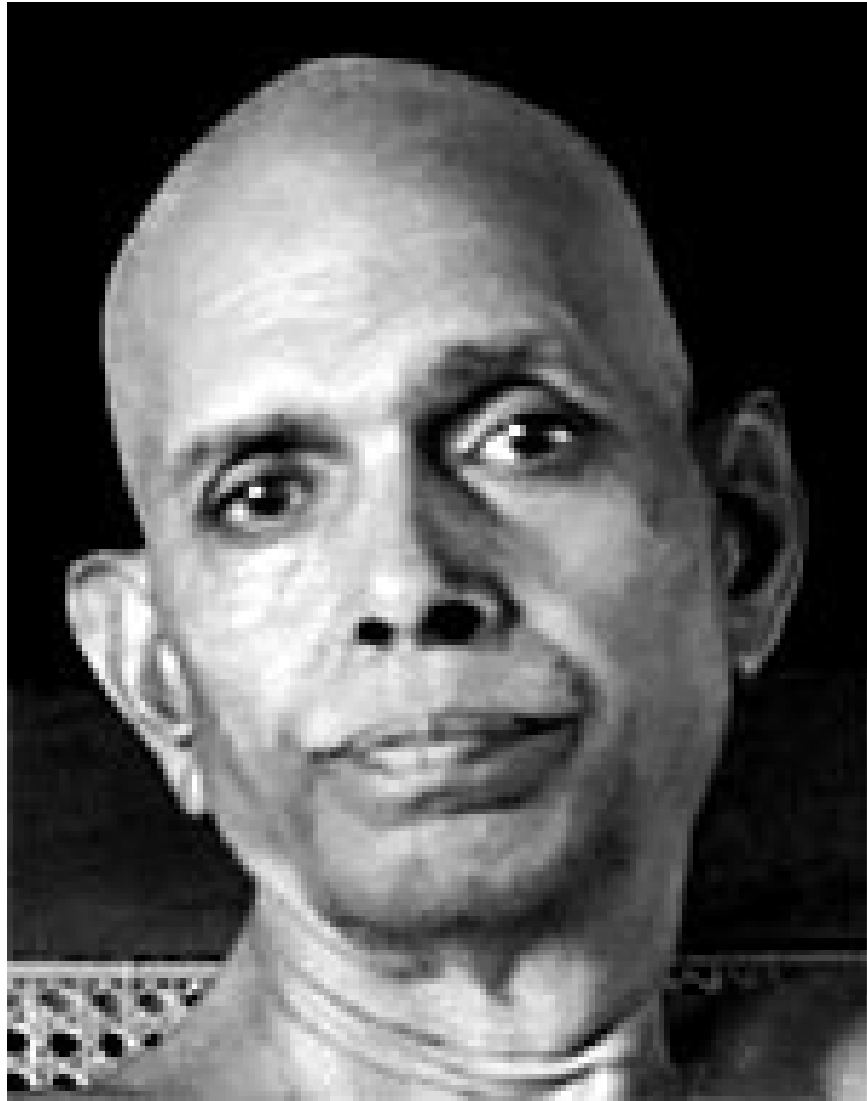
Learn to live without fear. Fear brings misery and unhappiness. Fear is petty, inferior. The awareness of the body is absent in sleep and death. One fears death but not sleep. The reason being that body is available when one wakes up after sleep but not after death. The spiritual practices cannot progress in sleep as well as after death. One has to wait for the new body to continue the spiritual practices. Hence, realize the value of time and utilize it properly.



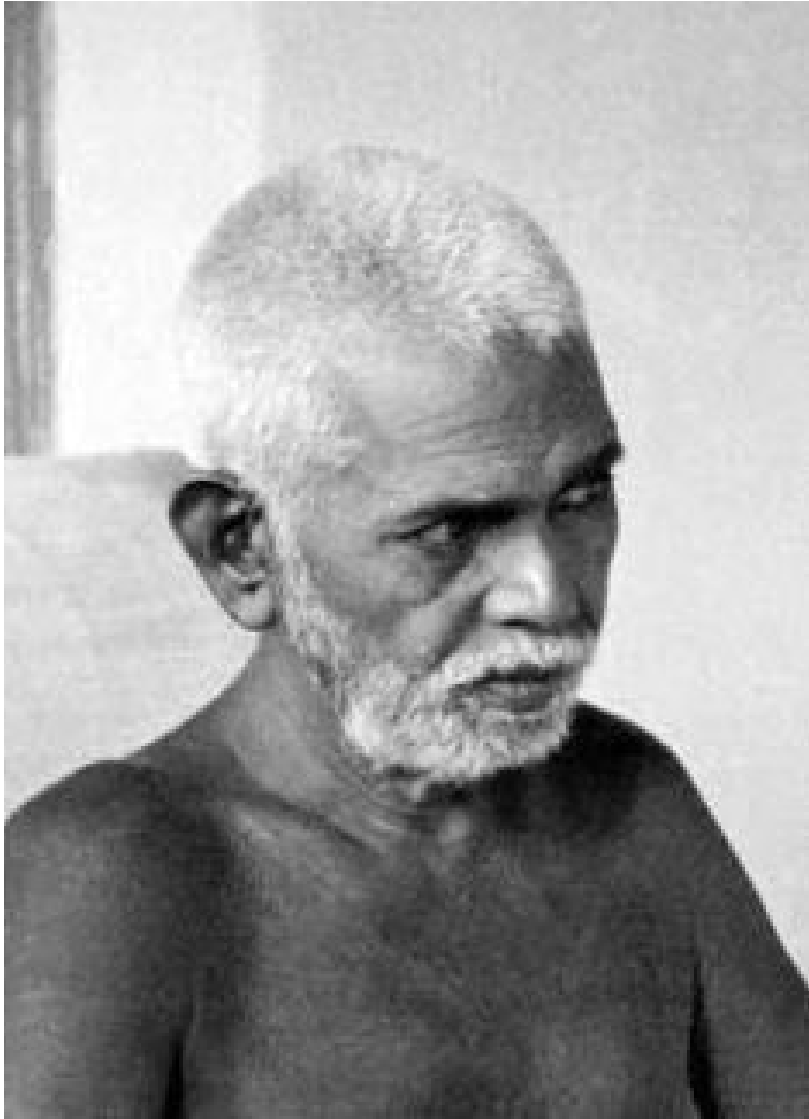
Asanas (body postures) are needed for yoga practitioners. For the ones who are in the process of enquiry, sukaasana is sufficient. 'Sukaasana' does not mean restricting the position of legs and hands but taming the wild mind and retaining it in the heart. The unlimited bliss present in the heart stops the forceful flow of the mind and destroys it.



Leave aside whether God-Realization will be achieved or not. If your mind doesn't possess good qualities, you will not even get the thought of securing God-Realization. If you don't have a wealth of good qualities, endless love for God is not possible.

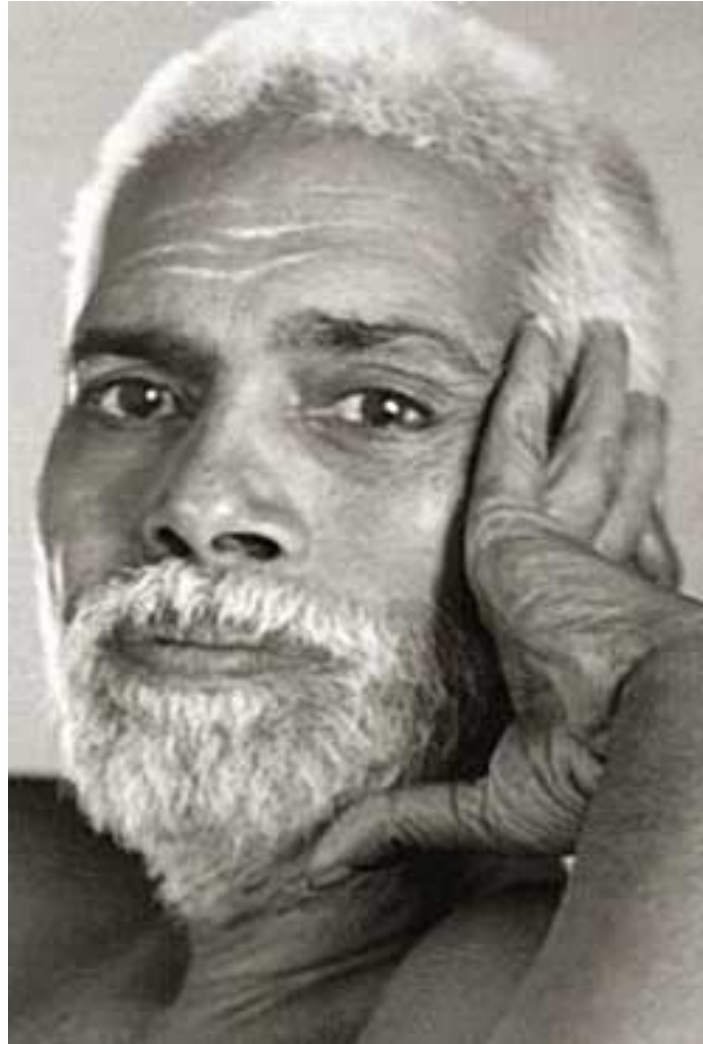


You lament over those household members who are dead. You become sorrowful that they are dead. Who is the one who becomes sorrowful? If you enquire about the one who laments over the dead, you will then attain Self Realization.

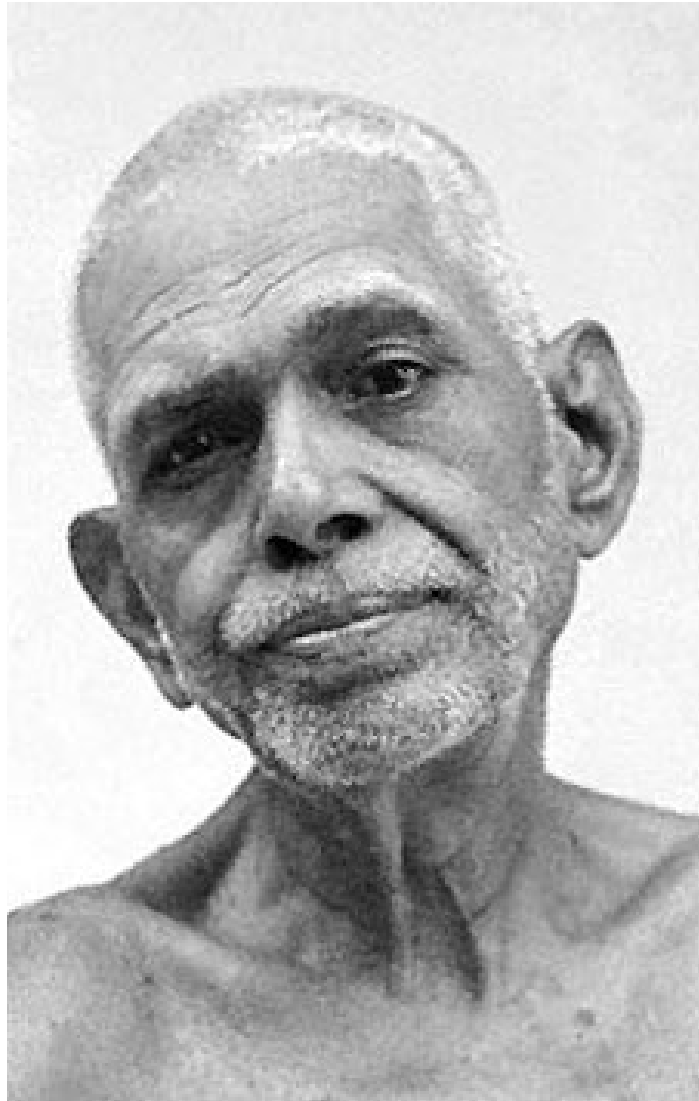


The Puranas have described the glory of Vaikuntha and Kailasa. But compared to the Peace and Bliss within your Heart, how trivial is the happiness experienced in such worlds!

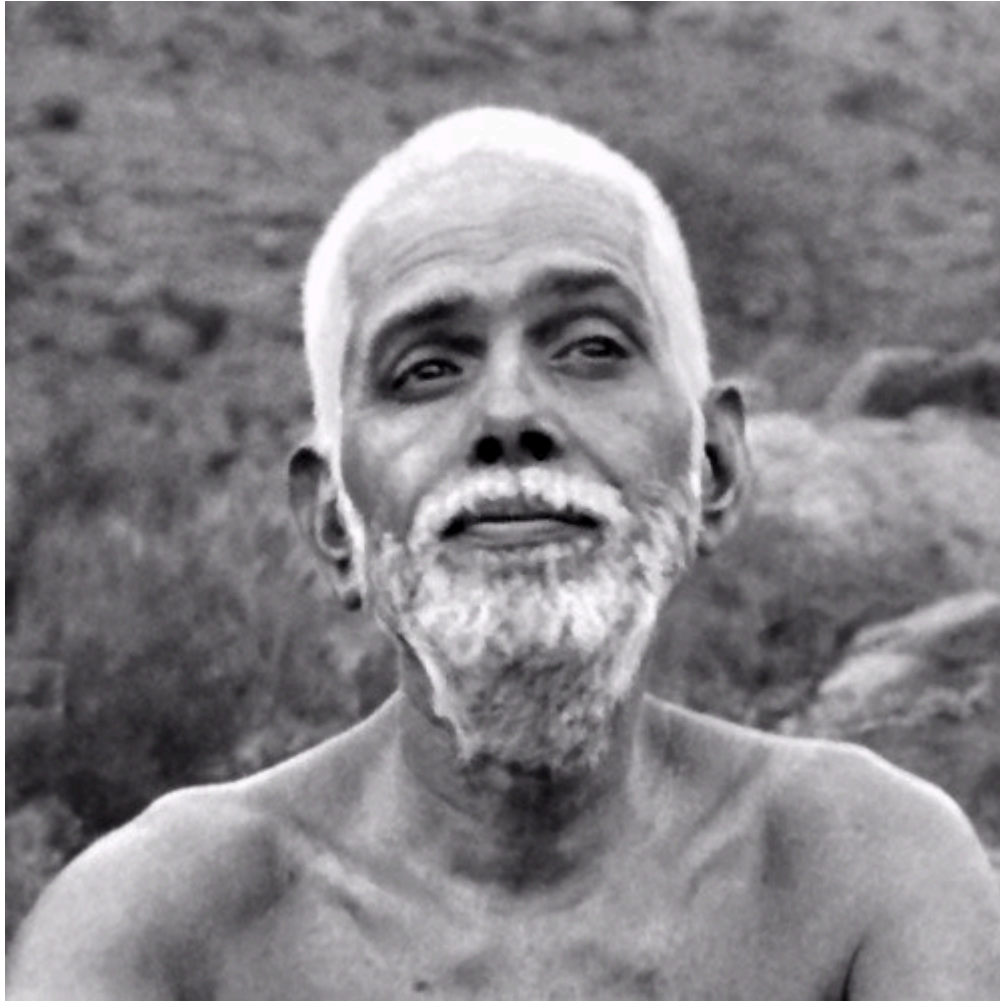
Look at the boldness of Bhagavan in speaking such words. Bhagavan has indirectly indicated that when the Peace and Bliss within the Heart are experienced, you will not even get the thought of visiting Vaikuntha or Kailasa.



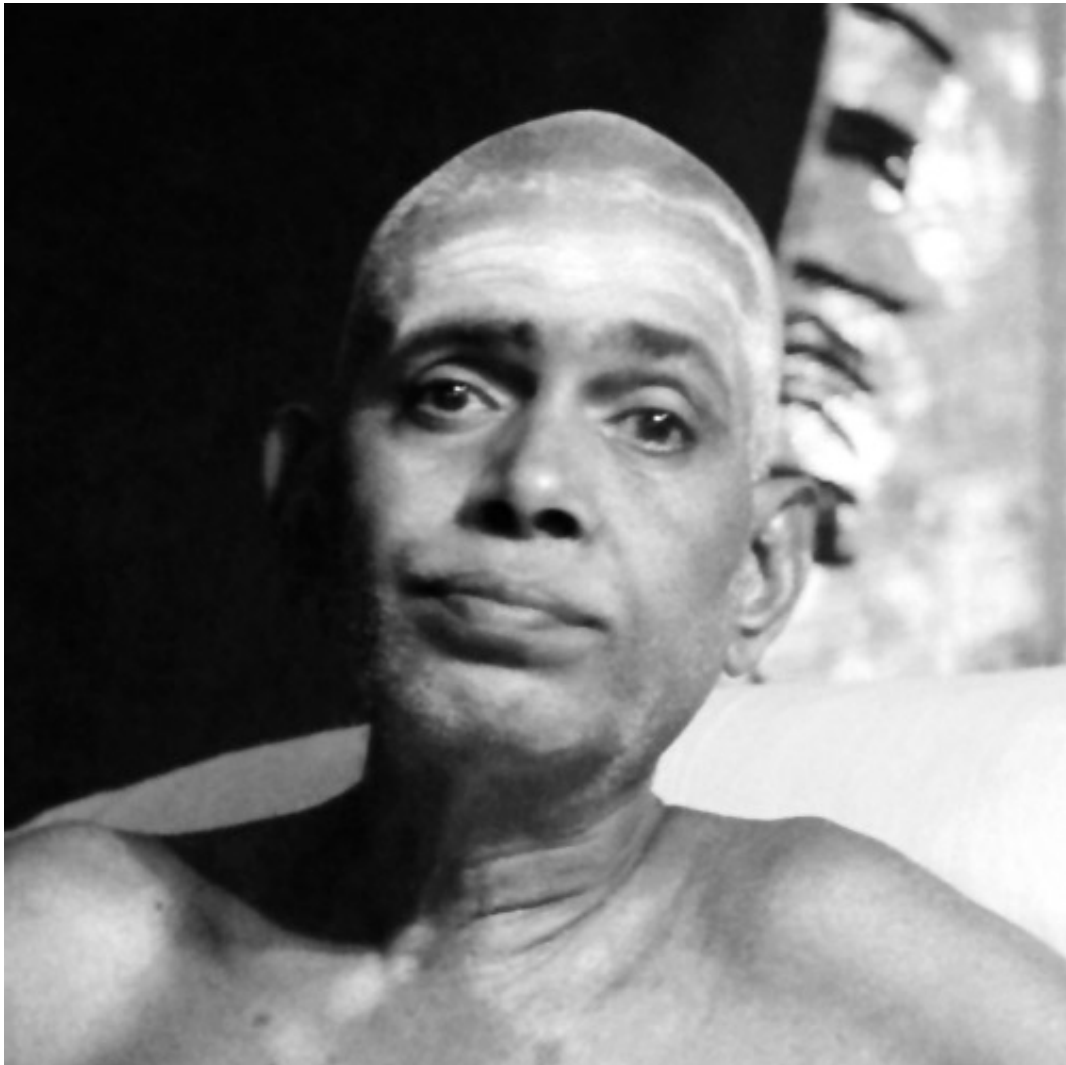
It is good if your entire sorrow is exhausted before death approaches. When all of your sorrow is depleted, it is happiness alone that is left. If the whole sorrow is exhausted before death, you need not cry or assume physical bodies any further.



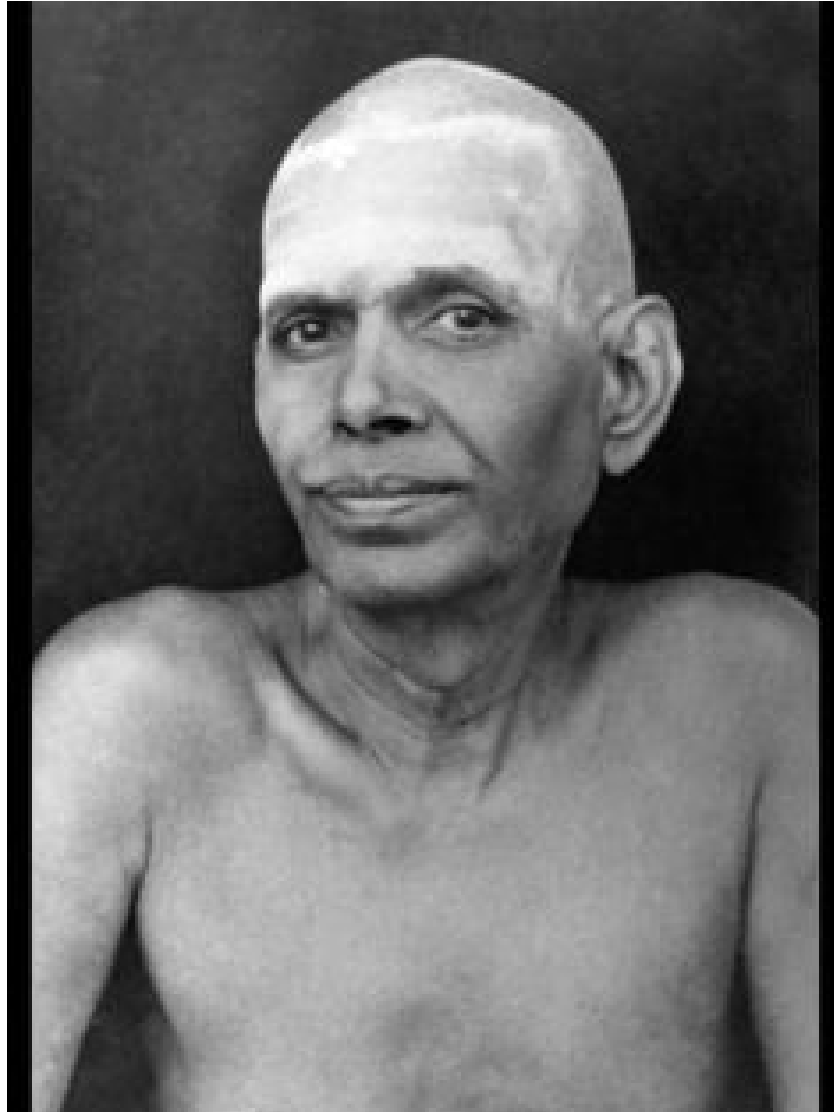
The body's birth is not the actual birth. The body's death is not the real death. Your birth happens when the ego takes birth. The death that you refer to is not true death. The ego is effaced when it reaches its origin. It is only real death. He alone, who does not get a body after death, is considered to have attained true death. On the contrary, if he does get another body, it cannot be regarded as real death.



Self alone is Truth. The other things are not true. Truth is One - and exists within your Heart. Only when you realize it, freedom, Bliss, and Happiness are secured.



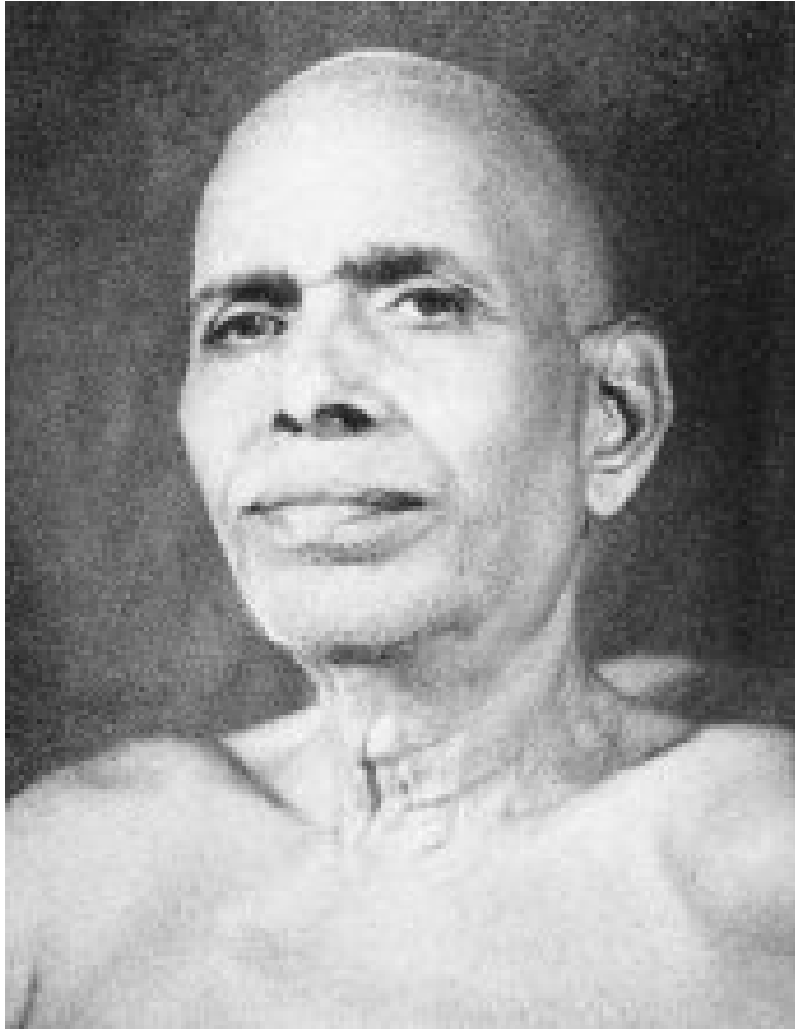
Don't get involved in unnecessary affairs. Don't meddle with other's affairs as it increases your ego sense.



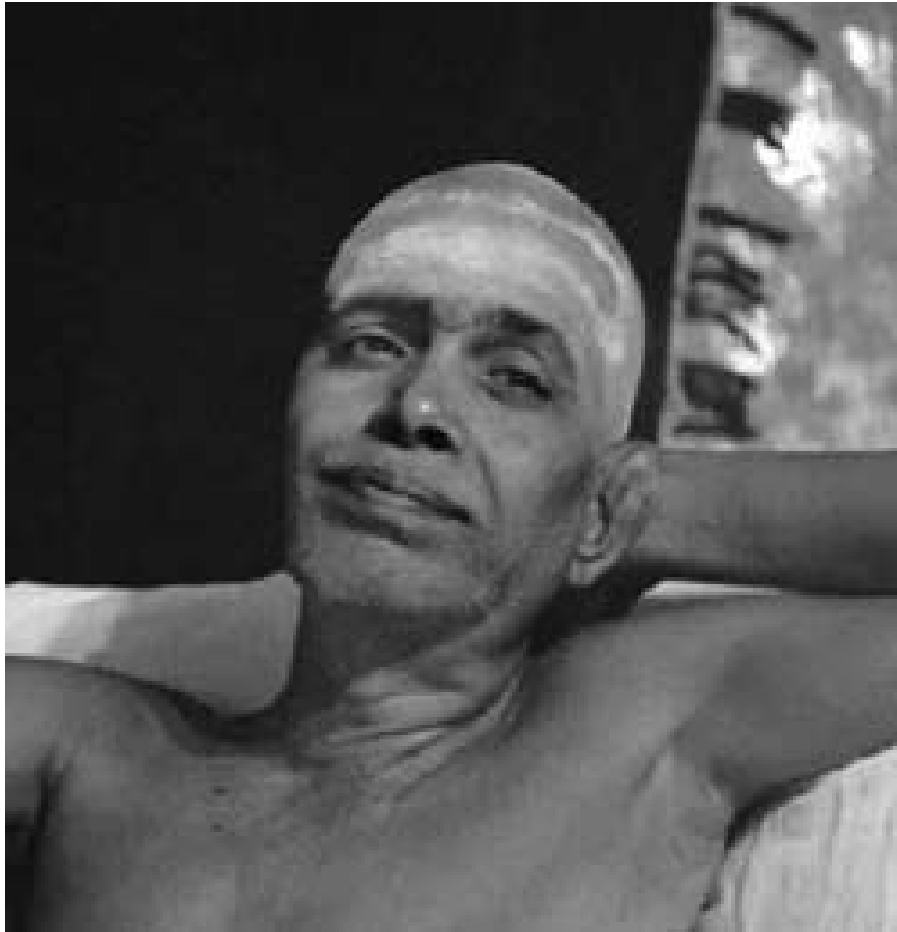
If Thou art not that (Self), there is no point in making an effort to attain it. Whatever comes in the middle goes away in the middle. Anything attained through effort is lost in the ravages of time.



Attachment is a sin. All your energy gets exhausted due to attachment. It is only due to attachment that you commit mistakes.



Ego is a fort made of playing cards. It may be difficult to destroy a fort made of cement and bricks, but not the fort made of playing cards. A little Self enquiry from your side destroys the ego that represents the fort made of cards.



Of all the Personal observances, food regulation is the foremost and most wonderful one. If you practice food regulation, it is equivalent to getting 50 out of 100 marks in your spiritual progress.



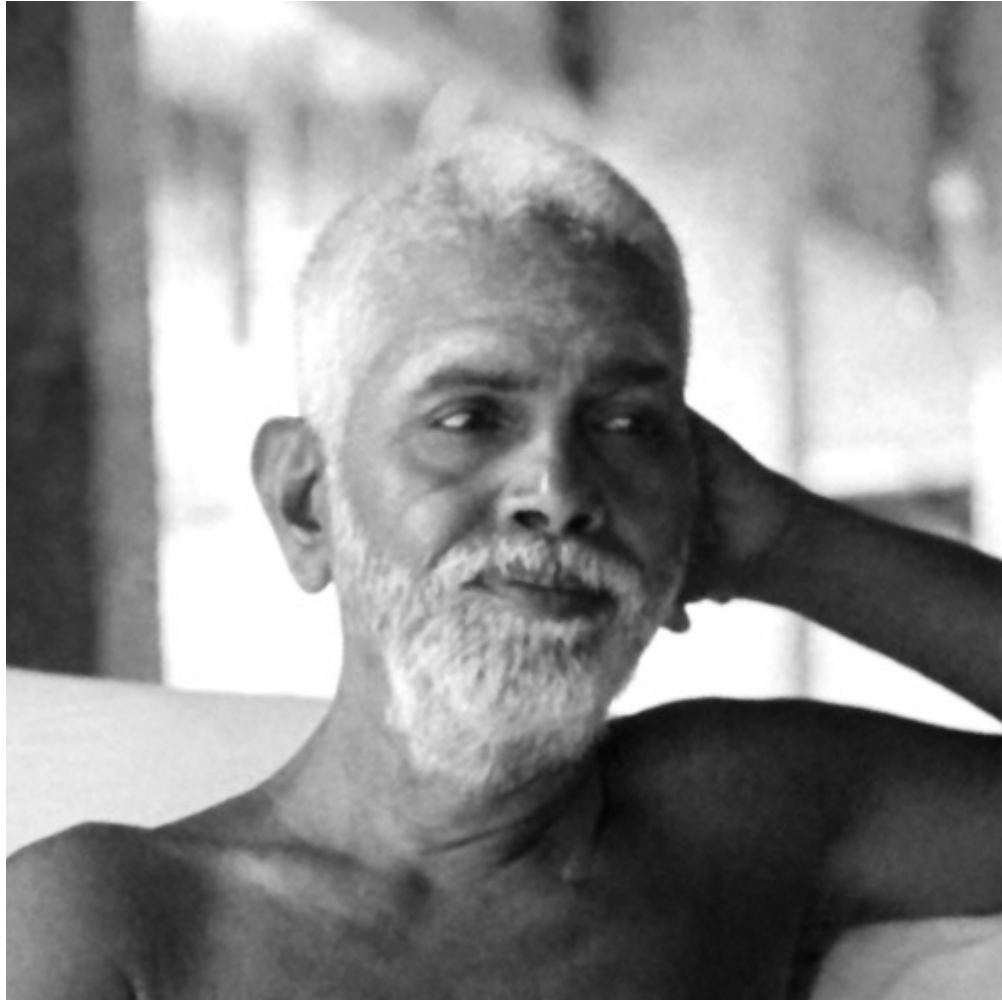
The good done to others comes back manifold. If you are aware of it, how can you refrain from doing good?



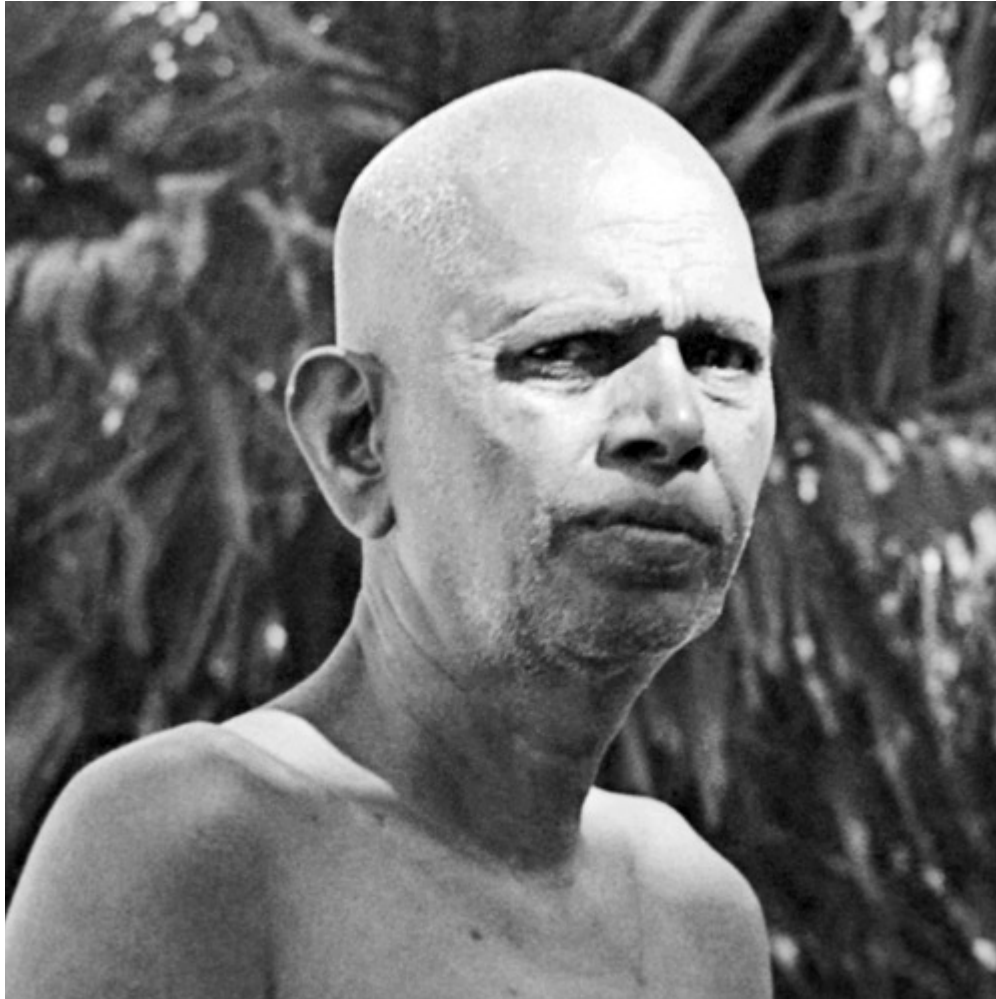
They are wise, who utilize their full strength in directing the ego towards its source.



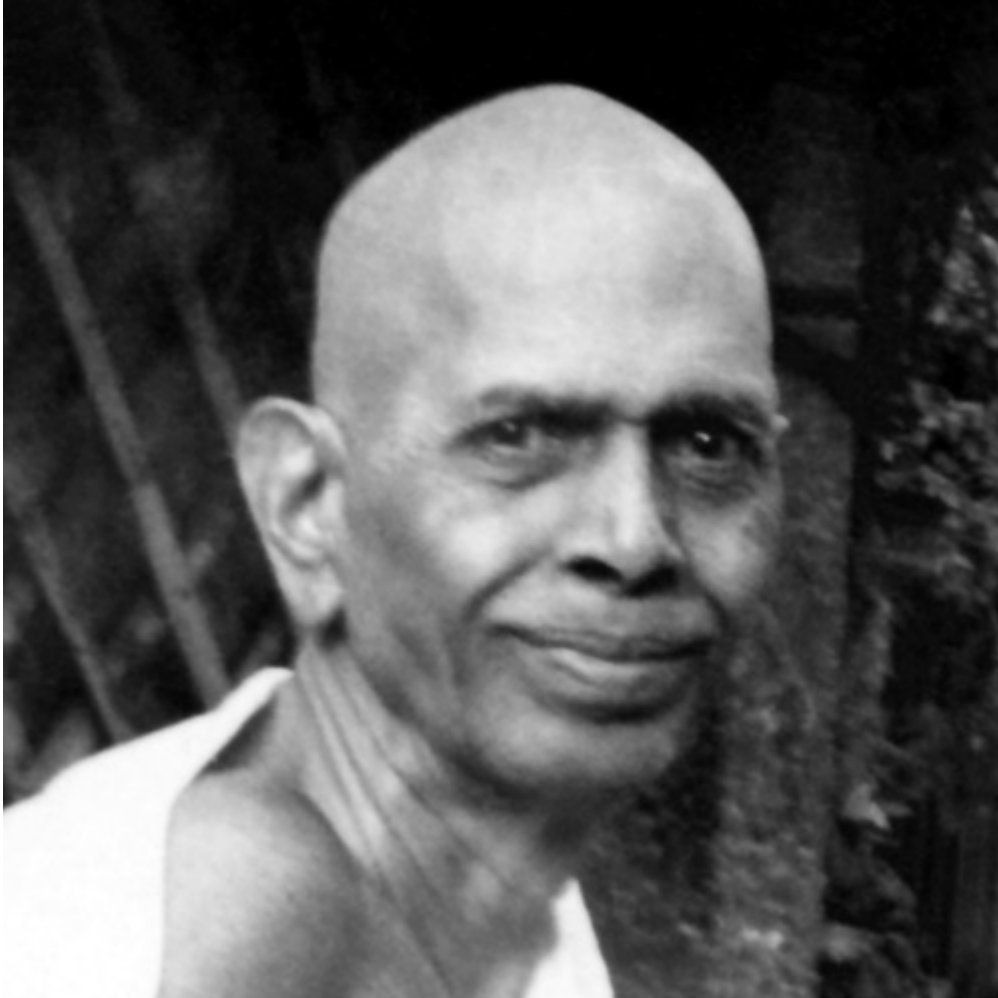
Don't try to imagine about the Self. Try to abide as the Self.



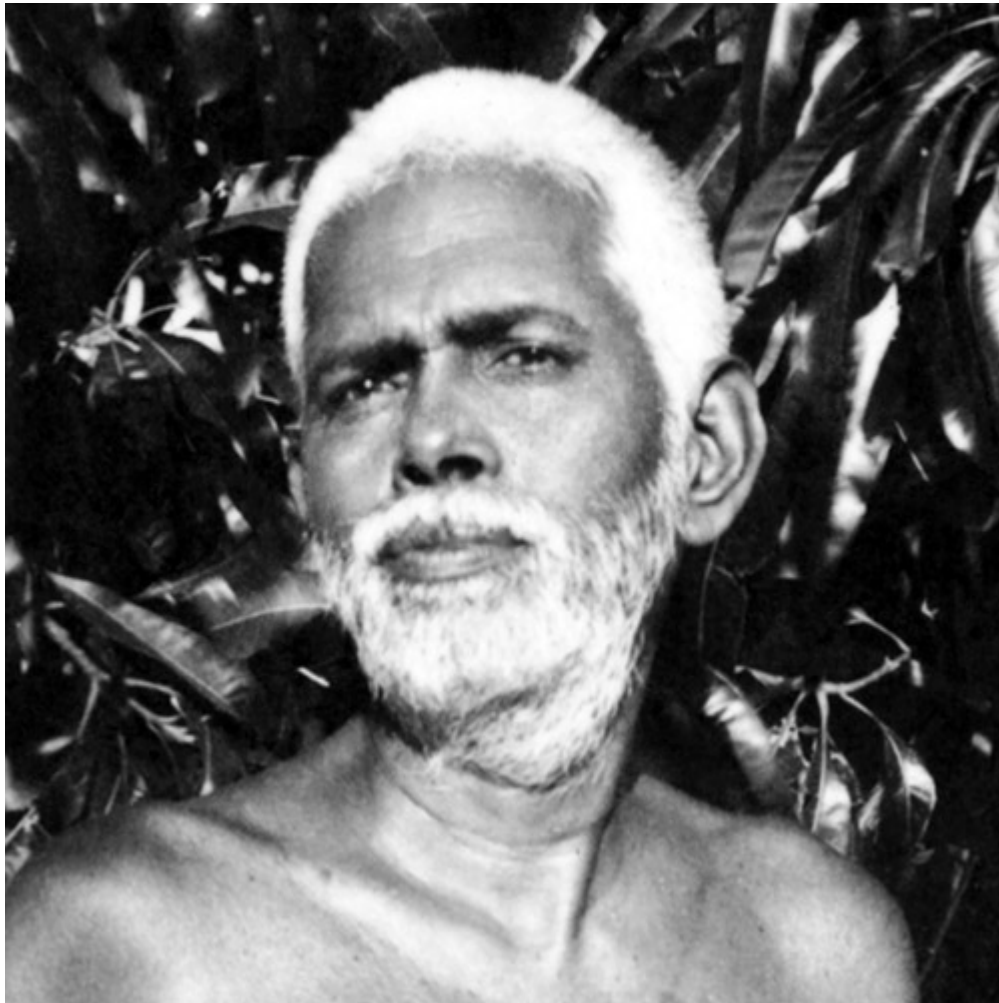
When you lack the inner preparation and the required eligibility (non-deserving), you cannot see despite having eyes and cannot hear despite having ears (cannot perceive Grace).



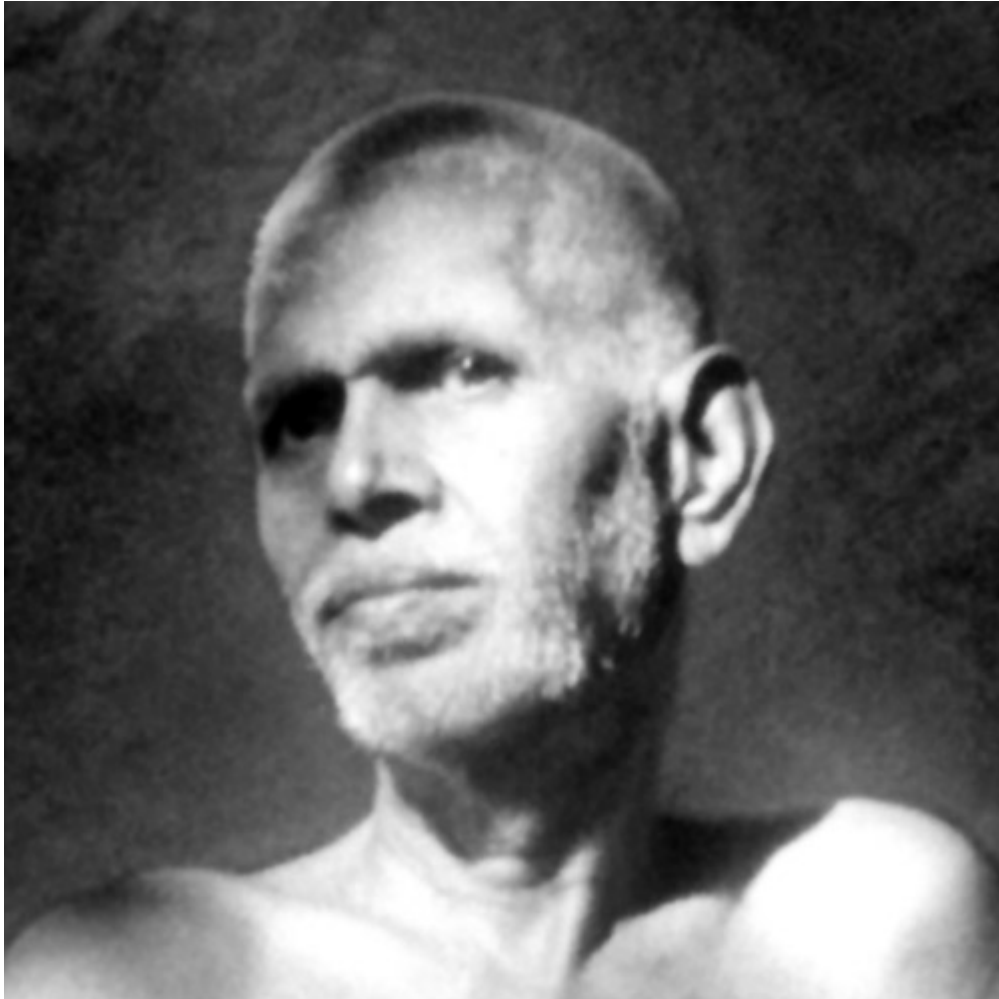
When your mind is getting controlled, how does it matter where you are going to stay?



The body carries out the task for which it is destined on this earth. Give up the identification with it. You are not that body. Except Brahman, except Truth, everything is but creation of the mind.



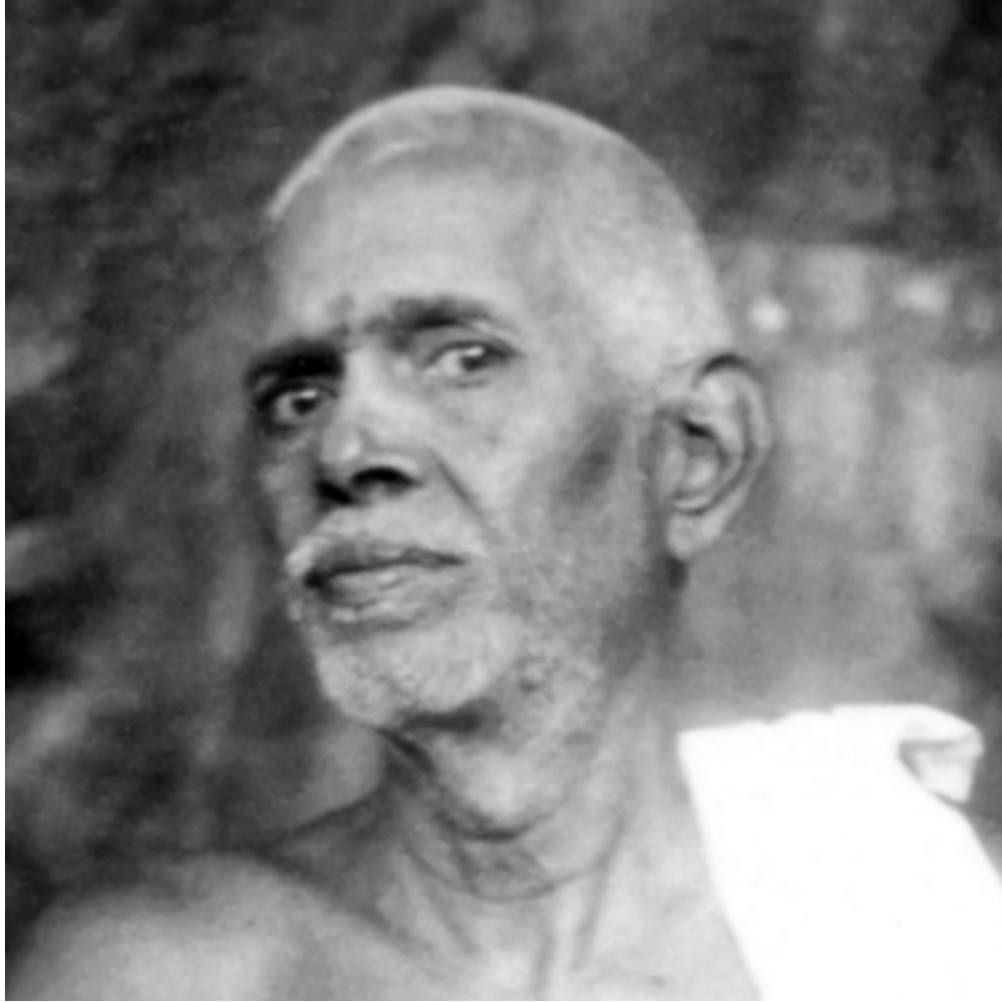
If you were born with ten bad tendencies, though you may not be able to get rid of all the ten tendencies in this very birth, ensure that you get rid of at least four of them, reduce the burden of your sins and then die.



If you cling to the Self, the Self reveals itself. But right now, what is the basis of your life? It is the ego-sense. When your life is based on ego, how can the Self reveal itself? Your life is based upon the thought which identifies itself with the body. Then how can you secure Self Realization?



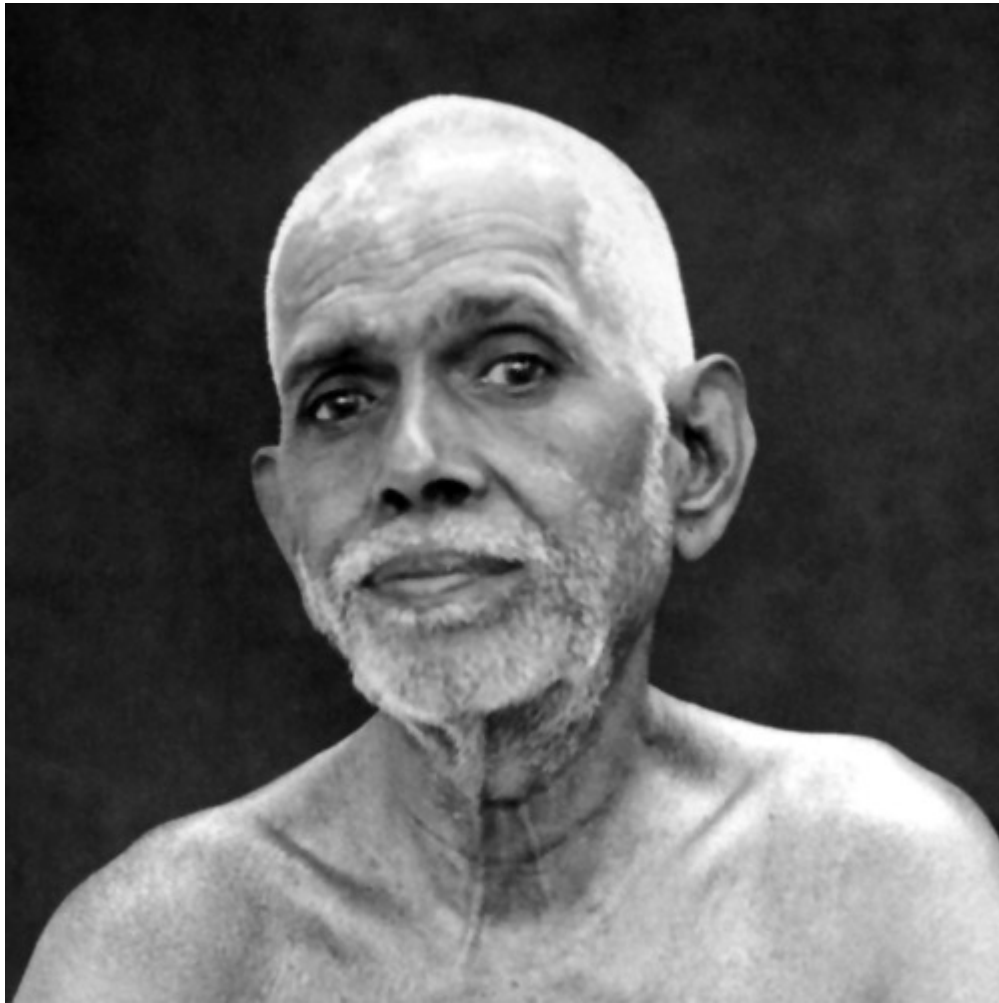
The bliss experienced by a person, devoid of any desire related to this world or the other worlds, is not enjoyed even by the emperor ruling this entire world.



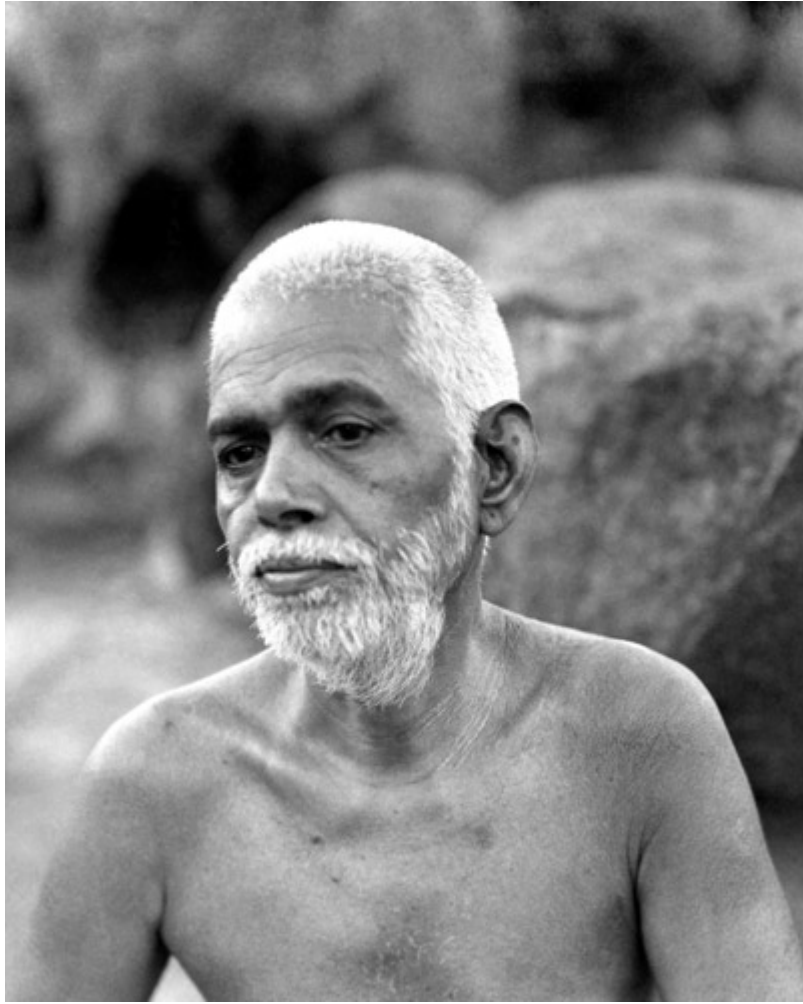
God implies Eternal Existence. All of you want to live forever. None of you would like to die. That Existence itself is God. You may refer to yourself as aged or as a child, but when you refer to the 'I' (Self i.e., Existence), it is attribute less, nameless, and formless. Does it imply that it is non-existent? No. It is existent. Such is its glory.



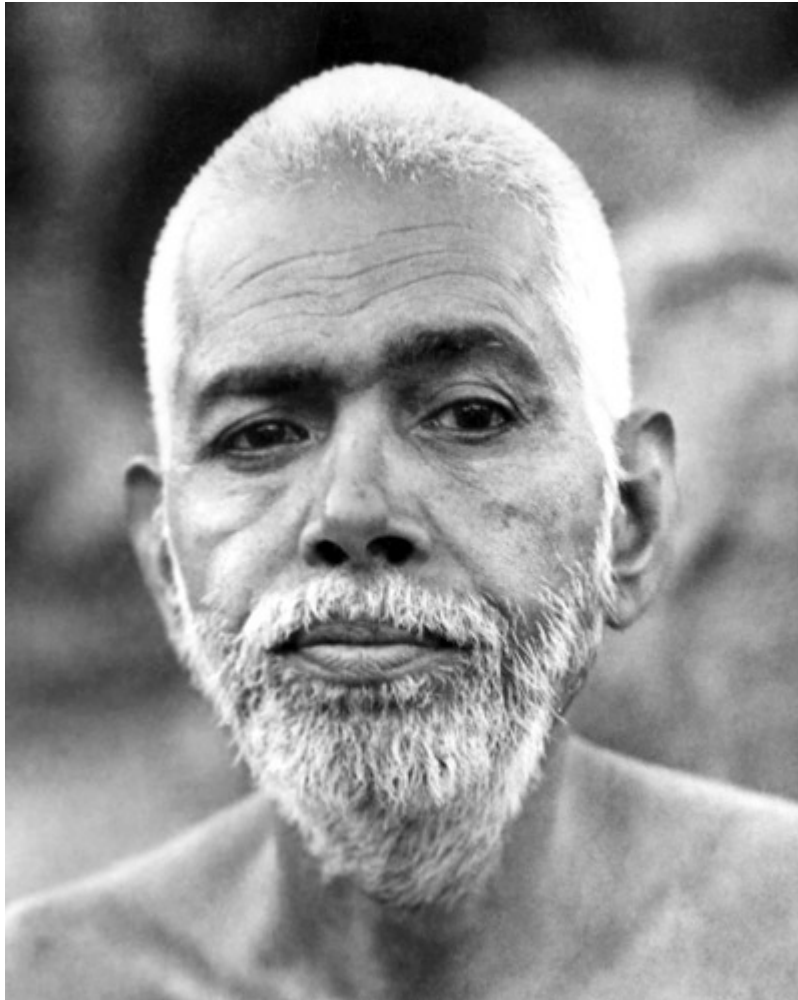
You declare: I exist, I exist. But you really don't exist. Realizing this is termed as Jnana. Realizing the non-existent one to be non-existing is only termed as Jnana.



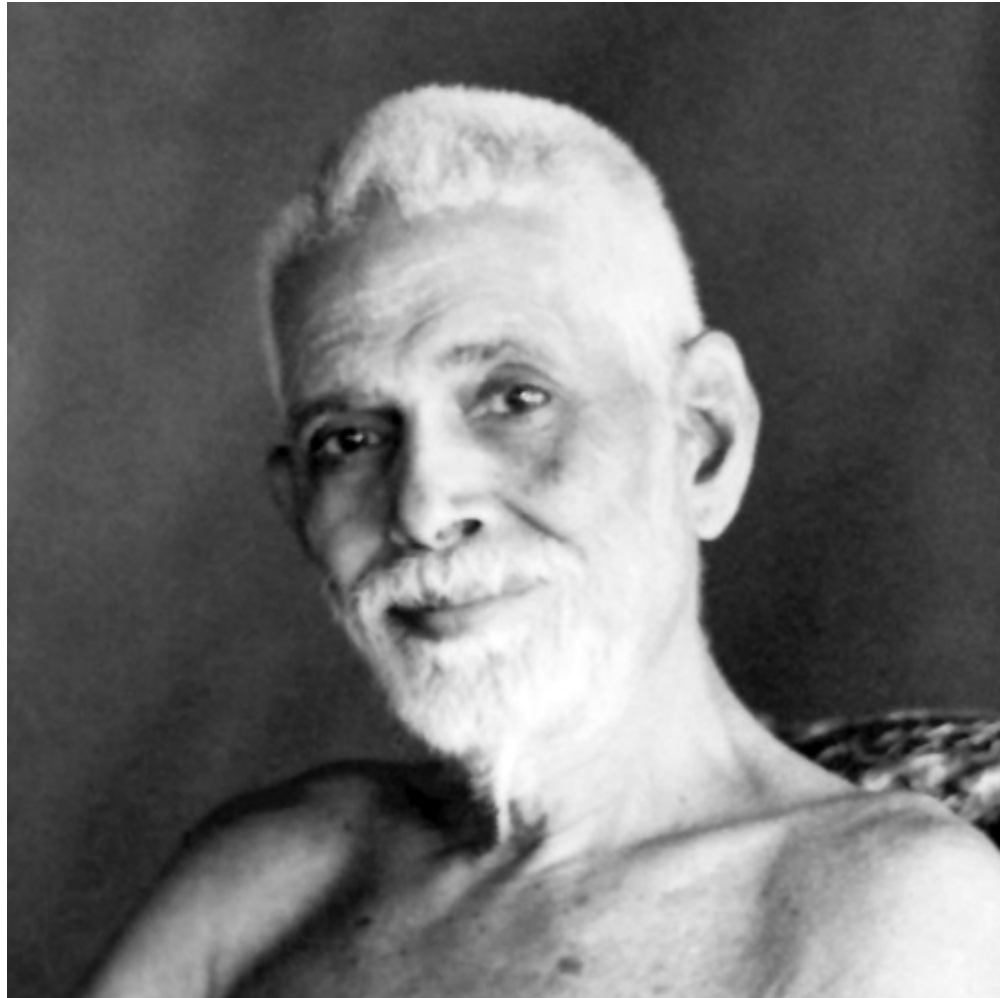
Get rid of Ignorance to experience the Supreme Knowledge. Get rid of the gross to experience the Supreme Consciousness. Get rid of the Non-Self to experience the Self. You are unable to get rid of the Non-Self. As long as the body and mind remain unconquered, you cannot experience the Supreme Self. Birth and death become inevitable till then. This alone is referred to as Samsara.



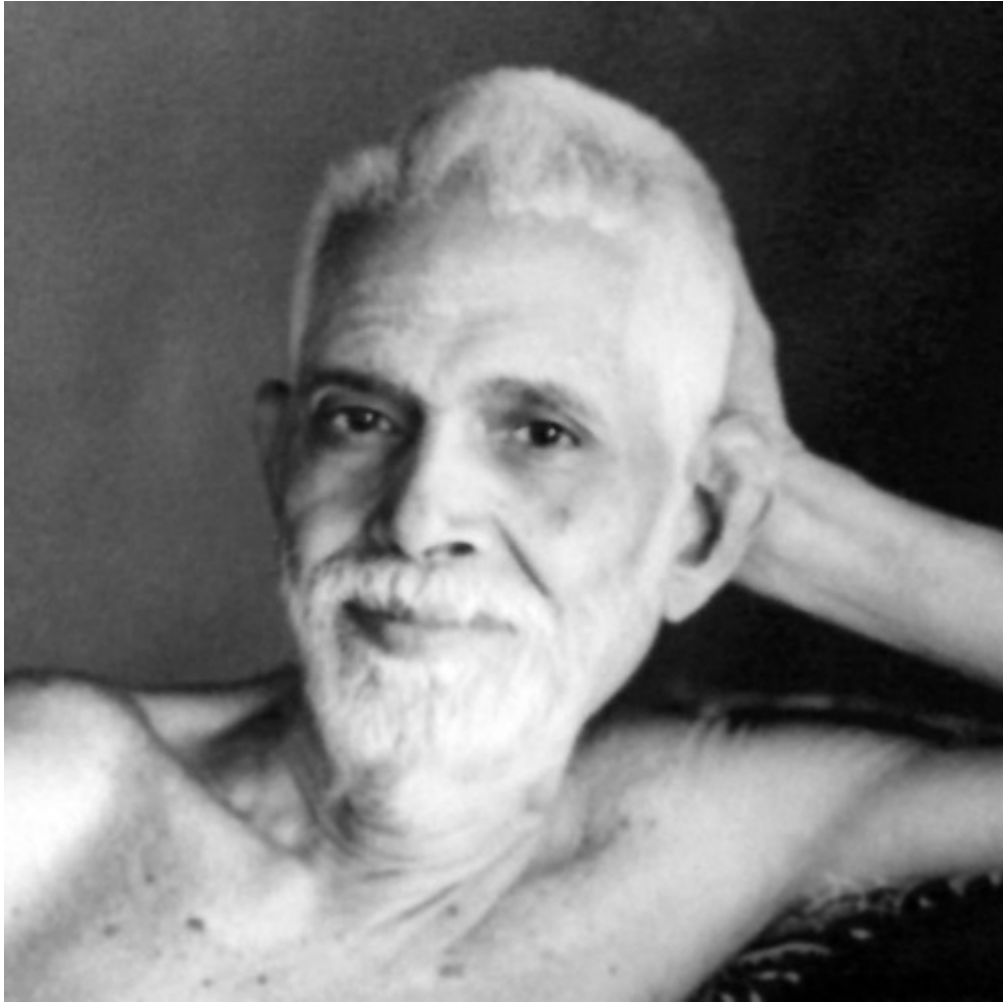
When you cannot perform spiritual practices at home while drinking coffee and eating food on time, how can you achieve something by running away some-where? Where ever you go, you will be accompanied by a mind. Try to find out a way to reform the mind. Without giving up the ego, a person can never become happy despite having an abundance of material possessions.



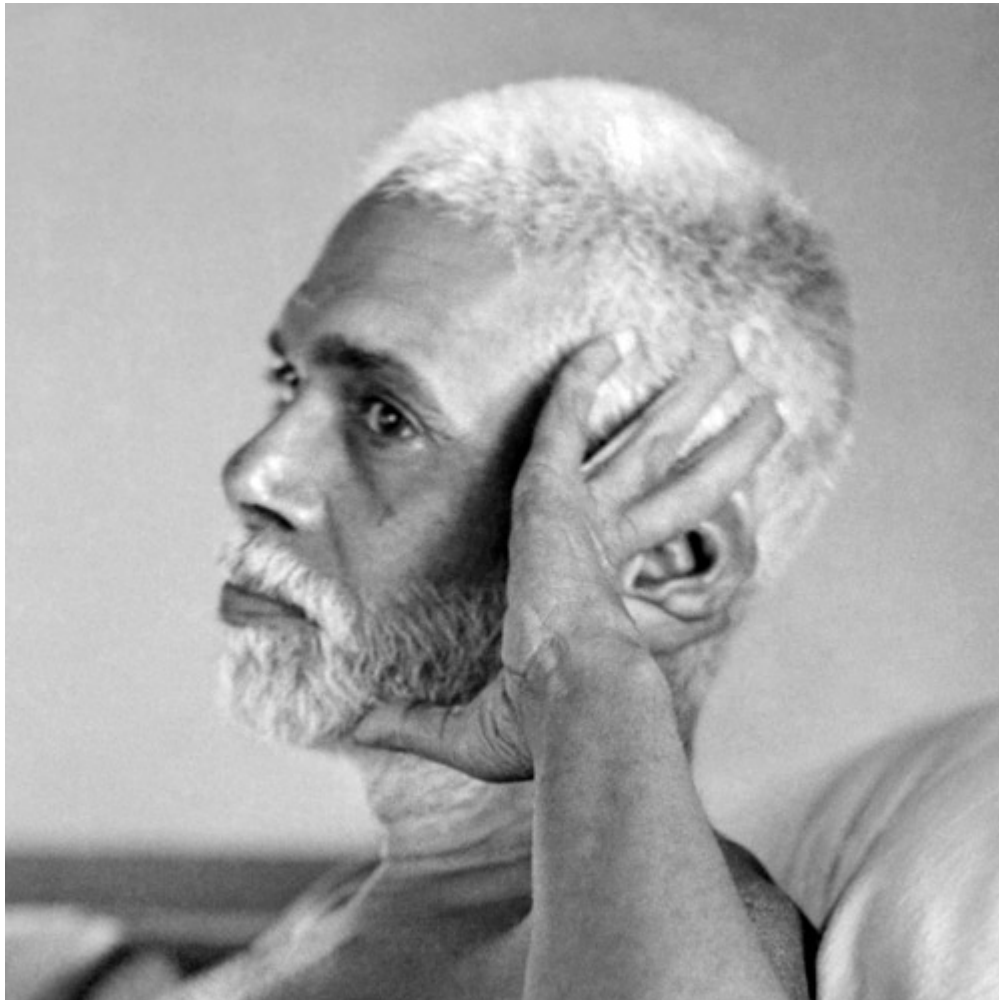
If there is an ego, then there is - you, I, god, merit, sin, heaven, hell, etc. If there is no ego, then all of these cease to exist.



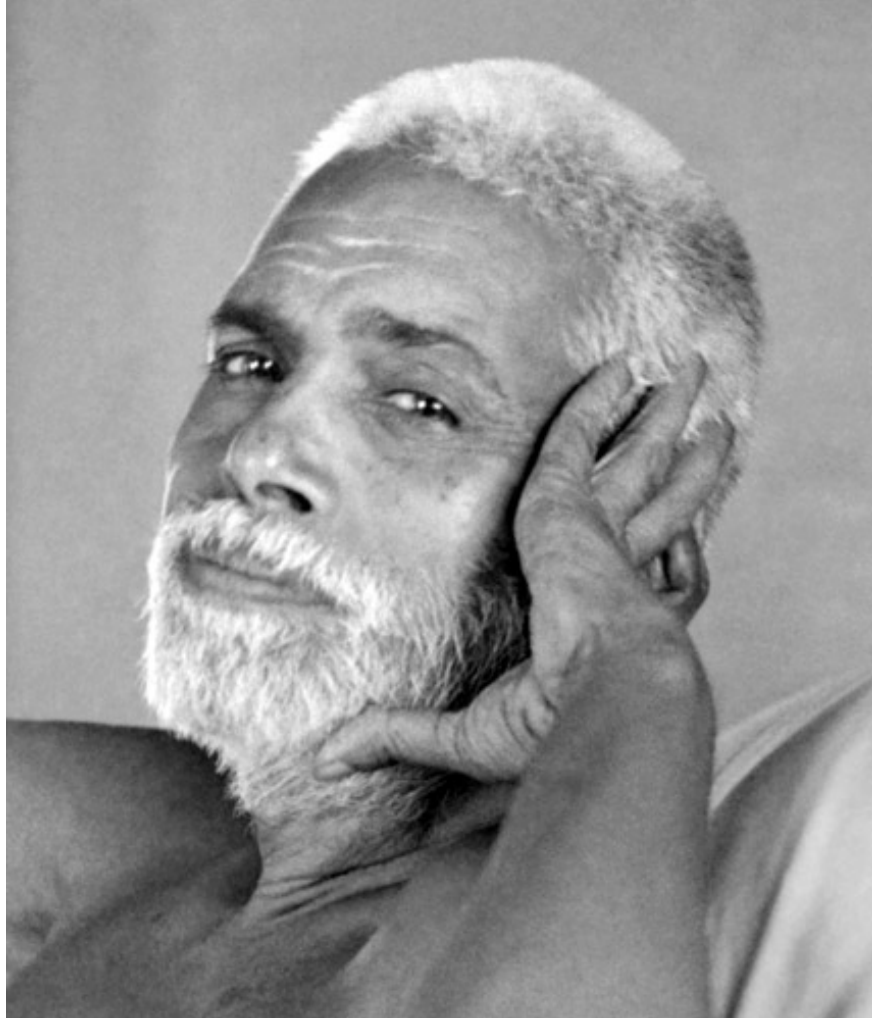
This formless devil called ego takes birth clinging to a form, grows big clinging to a form, and dies weeping while clinging to a form.



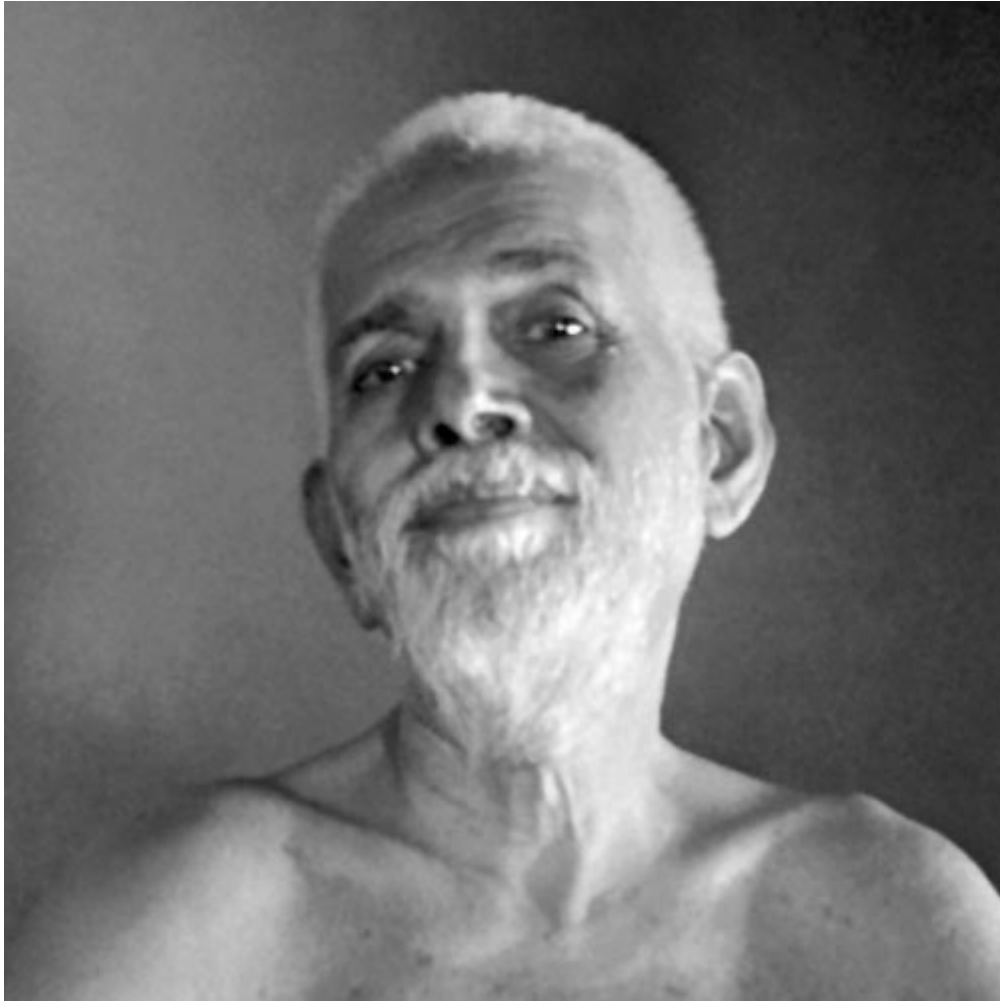
Every person has a birthday. At least on that birthday, enquire from where this 'i' thought originates. Future births are inevitable until the question of 'i' thought gets resolved. Till then, nature doesn't leave you.



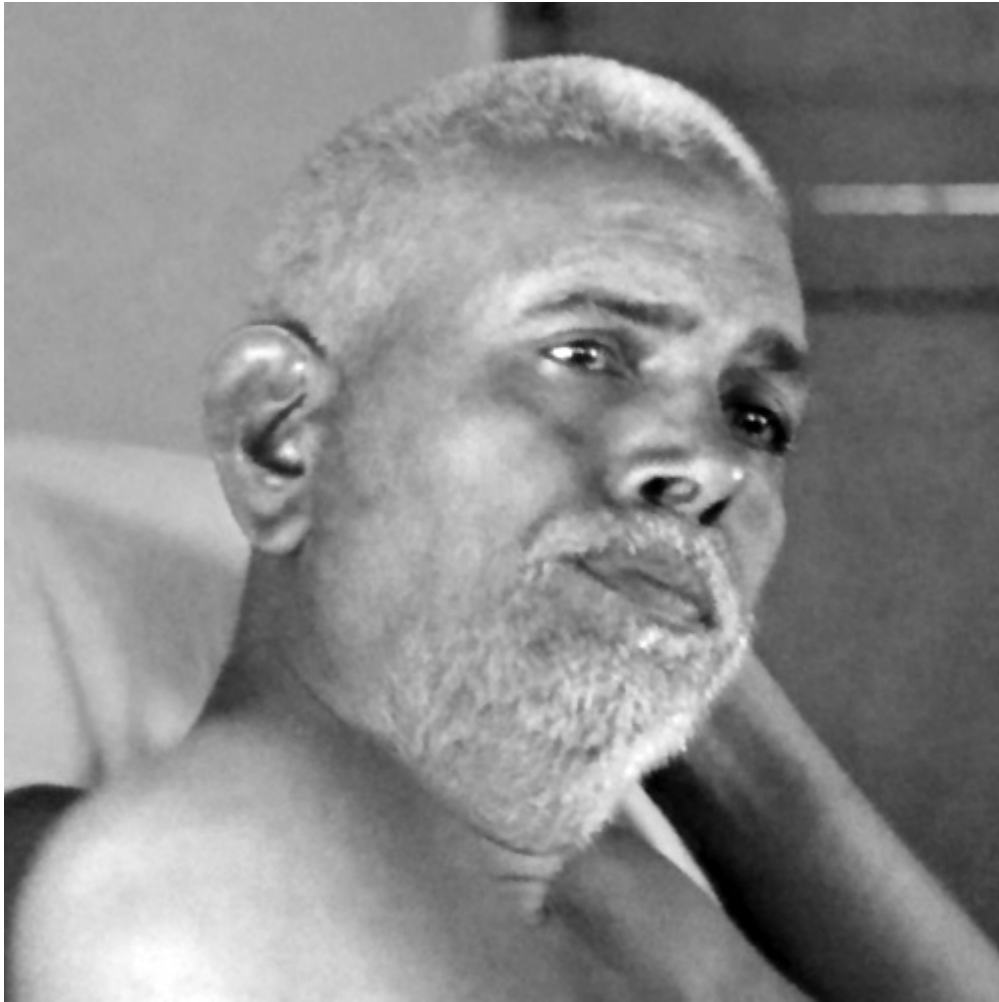
Whether you do Japa or meditation or concentration on breath or selfless work- the purpose of all these efforts is the same. It is to get the awareness of what you exist as or what you are (Self-related awareness).



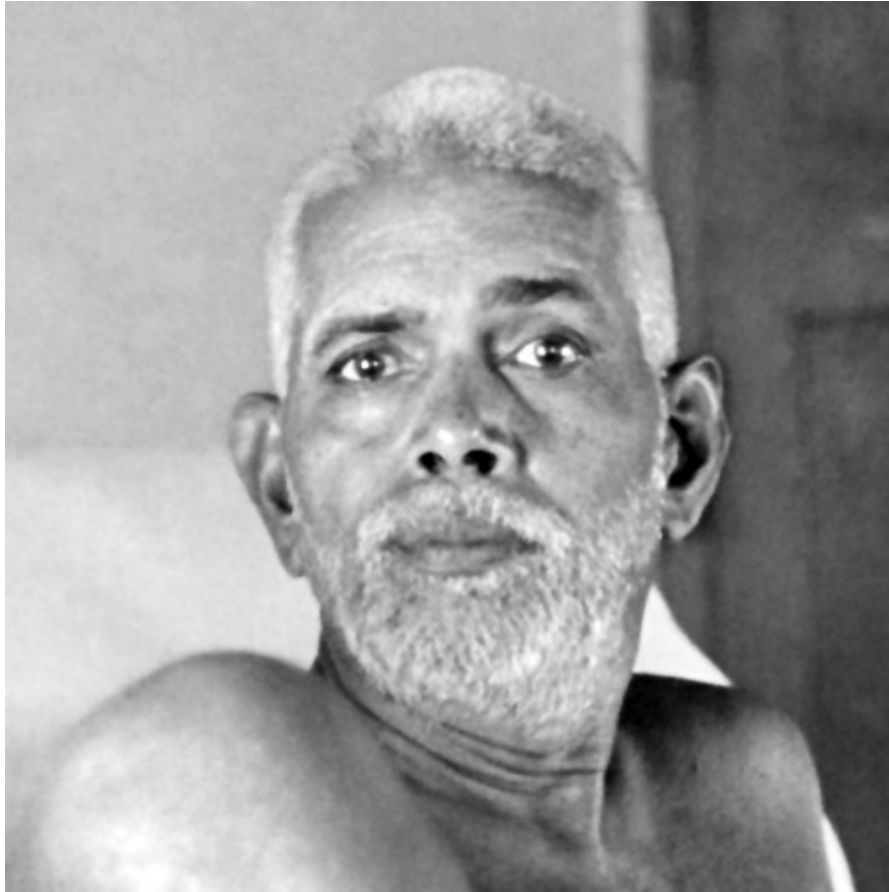
Jnana is within the Heart. Observe the root cause, which is the actual impediment in securing Jnana, and push it out. Only then the Truth within will reveal itself. That alone is Brahman. That alone is Jnana. That alone is Existence. That alone is Oneness. Once the Self is experienced, there is no more re-birth, no more death, and no more sorrow.



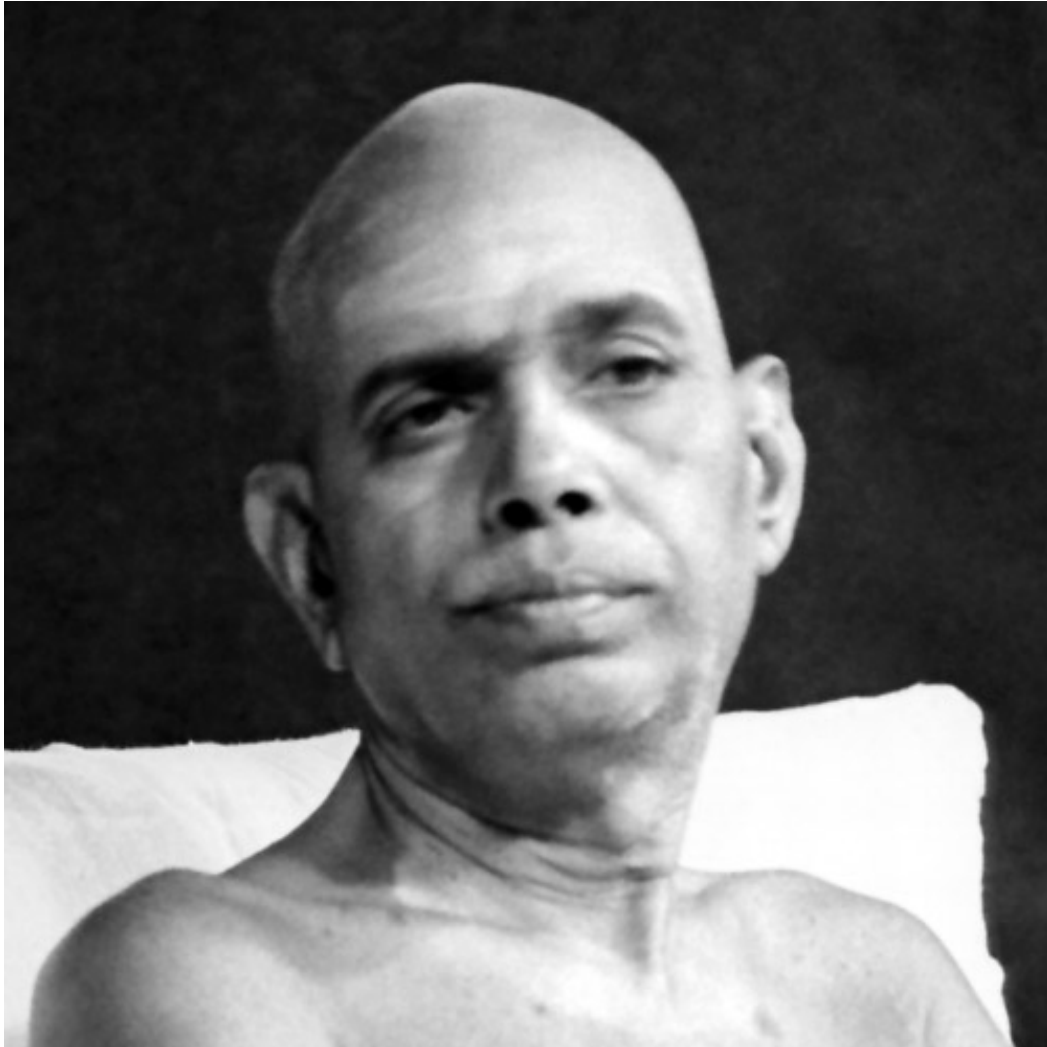
For whom is destiny? Destiny pertains to the body. The body itself is a very big (and the very first) lie. It got associated with another lie called destiny. As you presume the destiny to be true, you become anxious. When you understand that destiny is as false as the physical body, where is the need to become anxious? What is the necessity of becoming sorrowful? Even if you stay amid thorny bushes, you will continue to remain peaceful.



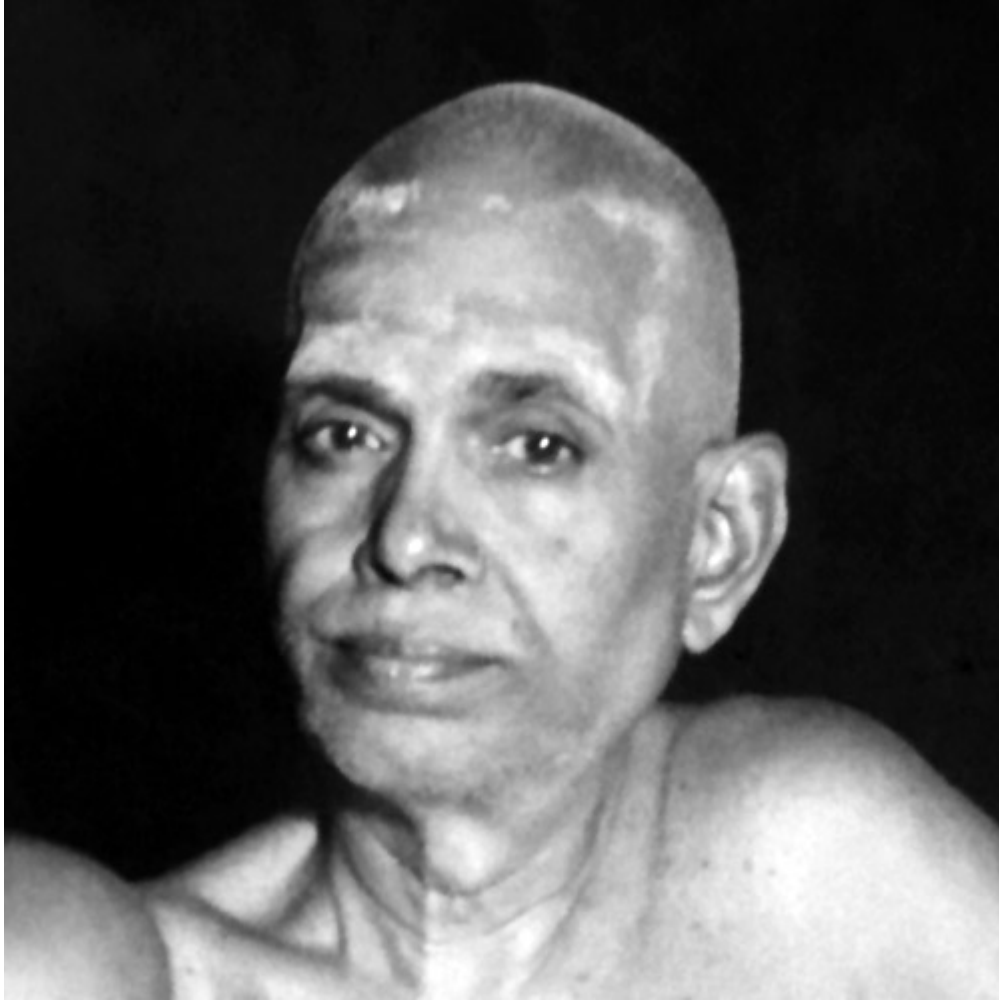
Why do you sell out your ears to the world? Why don't you understand that whatever you listen about the world is not true? The mind gets polluted if you constantly hear about worldly affairs.



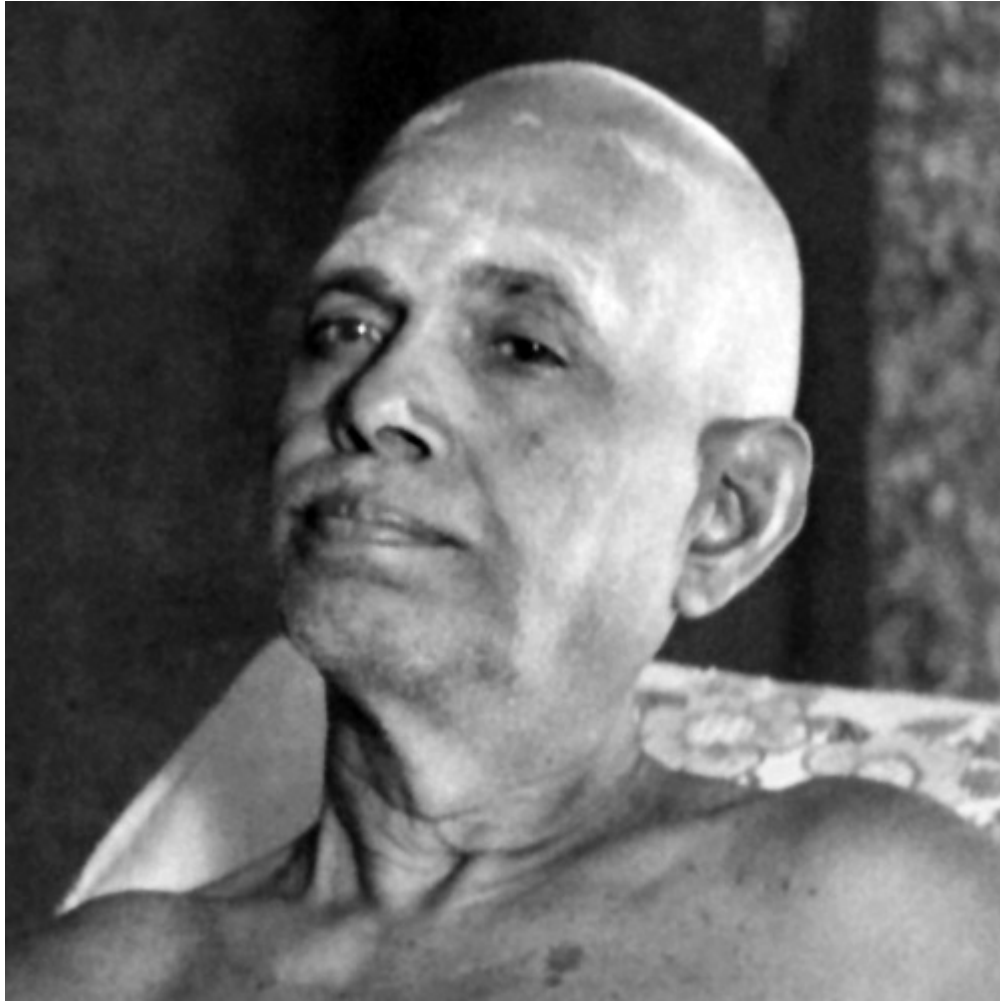
When you are not your destiny, why are you bothered whether the destiny is good or bad? Destiny may be good or bad, but it is related to the body. When you become aware that you are not the body, why would you bother about the body's destiny? It doesn't matter whether destiny is good or bad. It is all equivalent to a dream. Sometimes you may get good dreams and sometimes bad dreams. Once you wake up, you realize both of them to be false. All the incidents of life, whether favorable or not, are all but false. Looking at whatever is false, why do you become sorrowful or frightened or agitated?



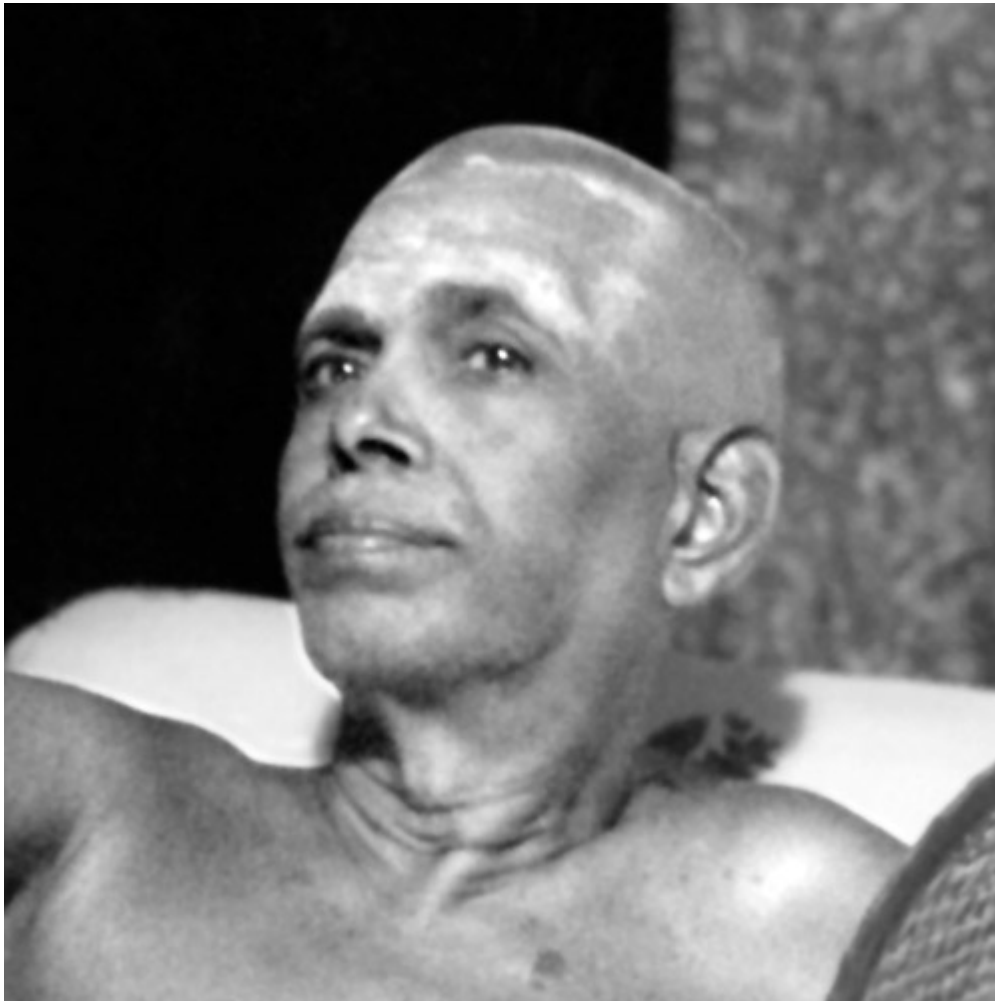
Whom are you lamenting about? Is there anyone apart from you to lament about?



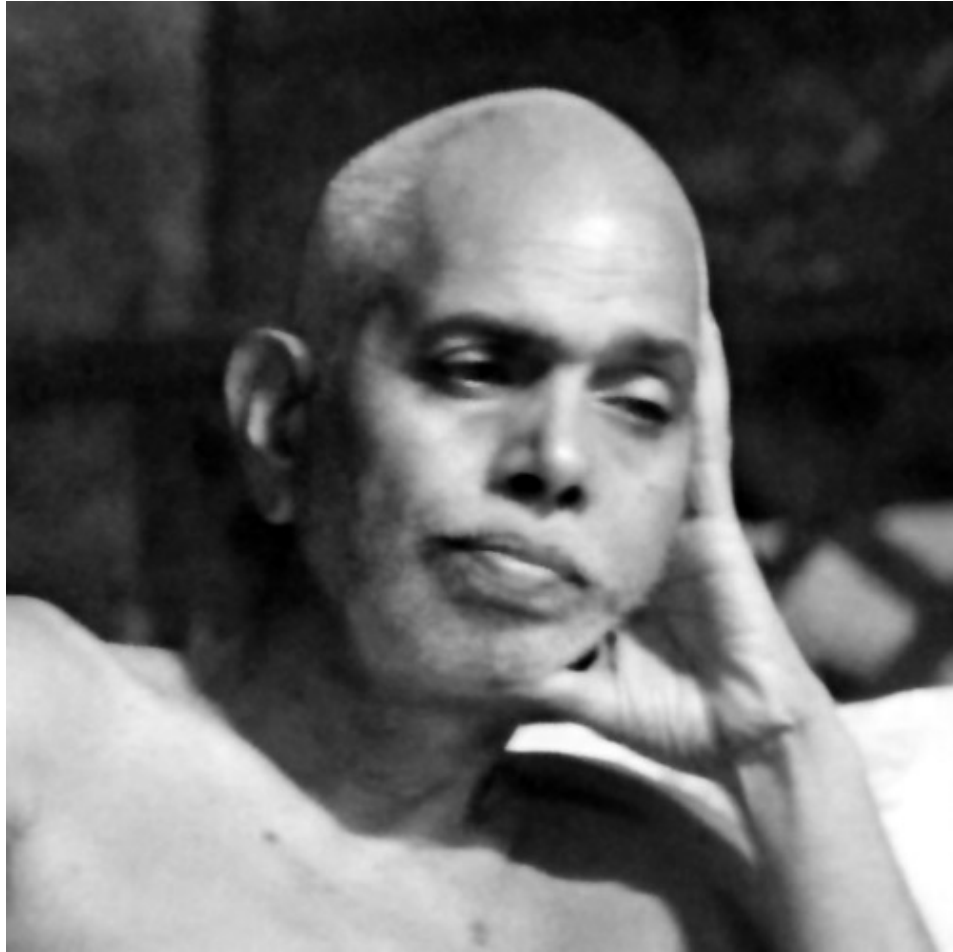
Currently, you have a human body. Nothing is predictable regarding what is in store for you in future births. Therefore utilize the human body properly and try to experience the Truth within your Heart. Every physical body dies. Before the body dies, attain the deathless state.



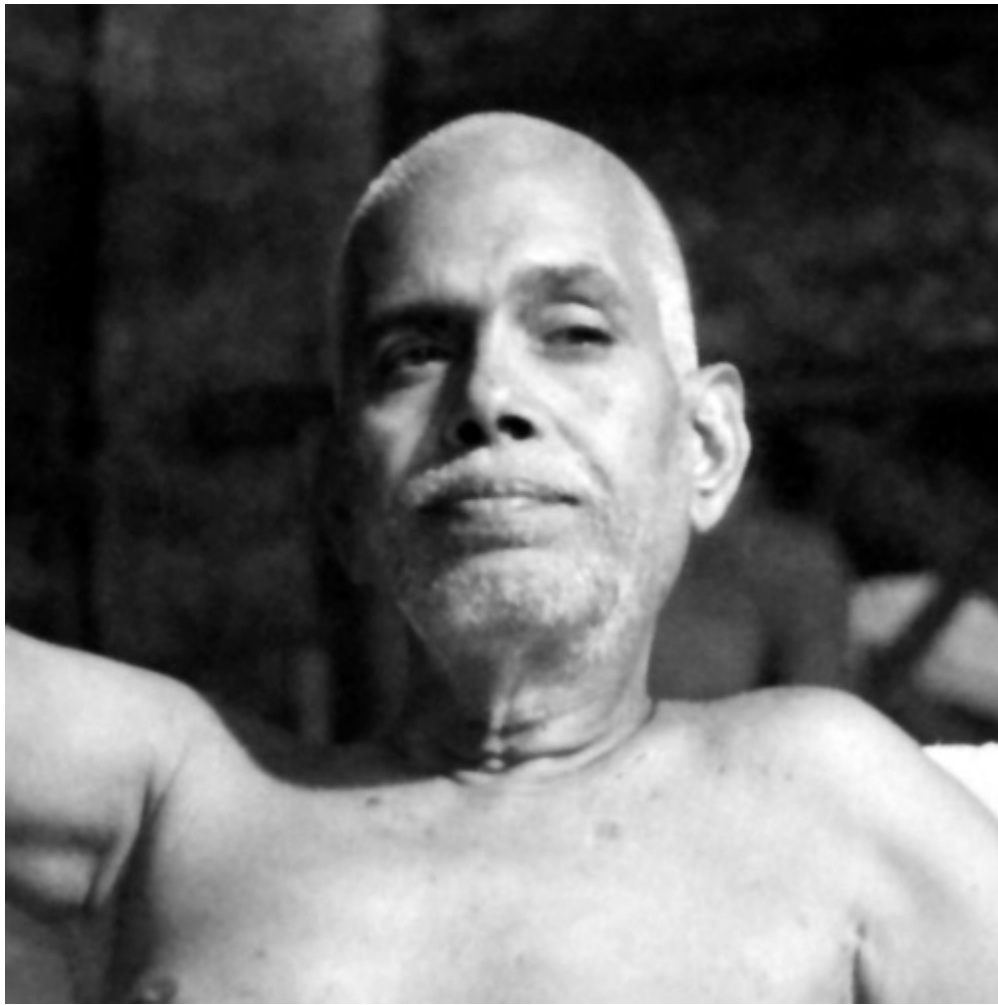
Be and do- that is the principle. 'To Be' is your natural state. Be as you are and then perform the work at hand. 'Be.' By being so, you won't feel that it is you who dies at the time of body's death. You then realize: 'I exist forever.'



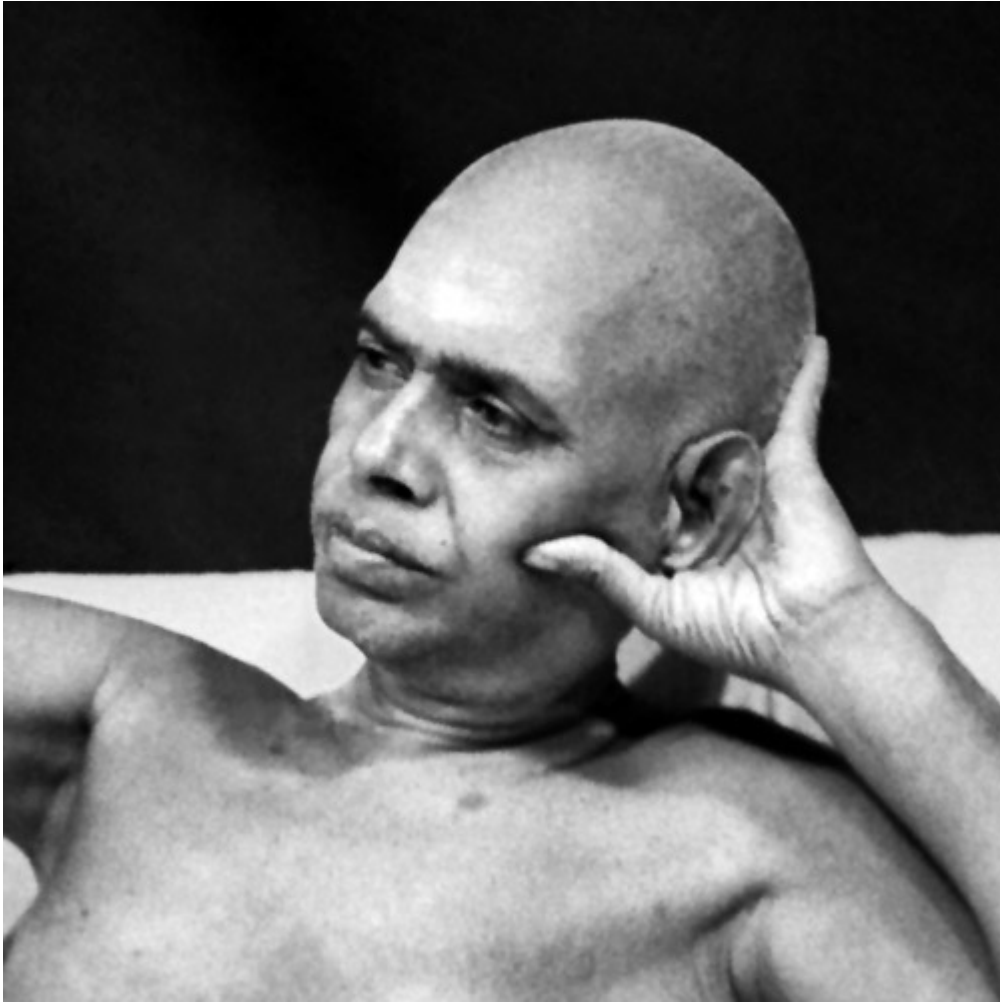
You are not that mind. Why are you bothered about it? If you are that mind, you can worry about it. But you are not that mind. Though you may identify yourselves with the Non-Self, the Non-Self will never become the Self. Understand this first. All the likes-dislikes and emotions are within your mind. Let them be so, for you are not that mind. If you were the mind, the mind should not abandon you even in a deep sleep. As you are not aware of the mind in your deep sleep, you are not that mind.



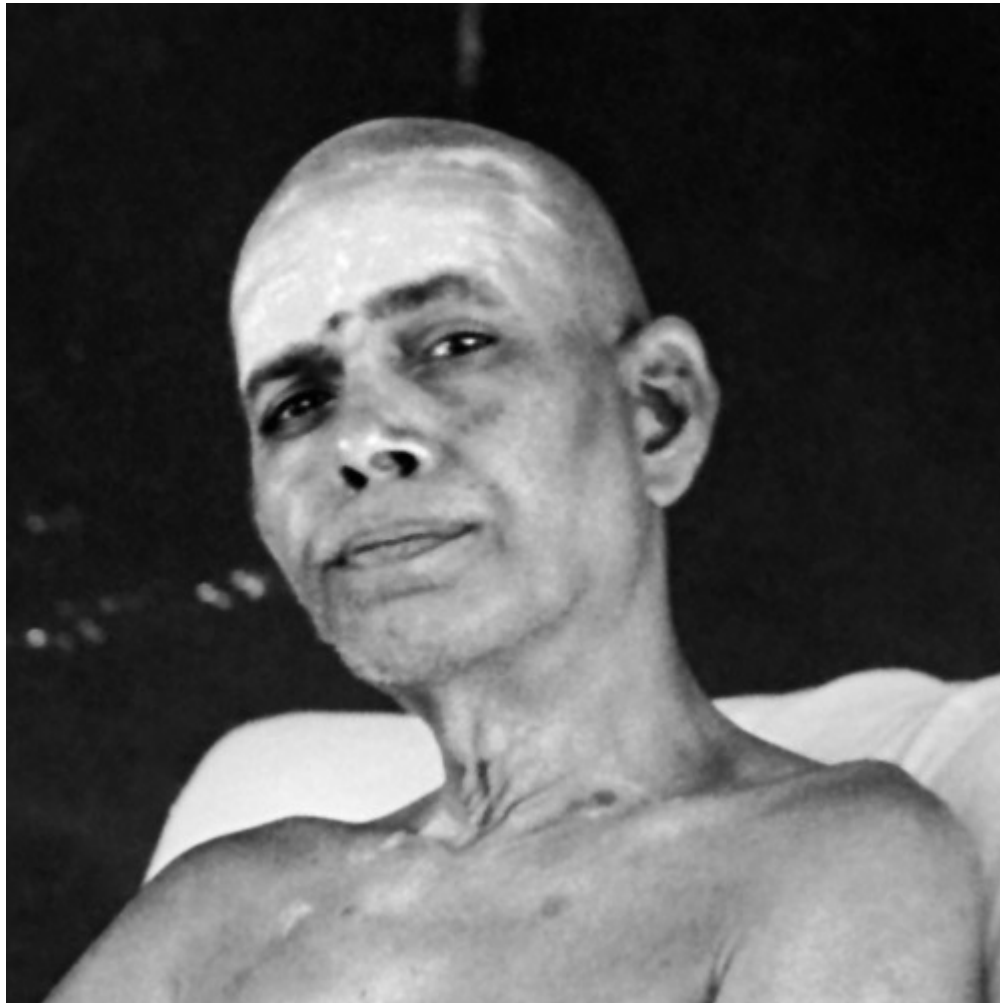
Everything comes into existence only if the ego exists. This entire Creation is dependent upon the single pillar called ego. If the ego is destroyed, nothing else prevails except the real You ie, all that which is false gets destroyed, and Truth alone prevails. As you have come onto this earth, perform your spiritual practices and get released from the ego. Rather than attempting to reform the world, try to reform yourselves. If you get reformed, the world also gets reformed automatically.



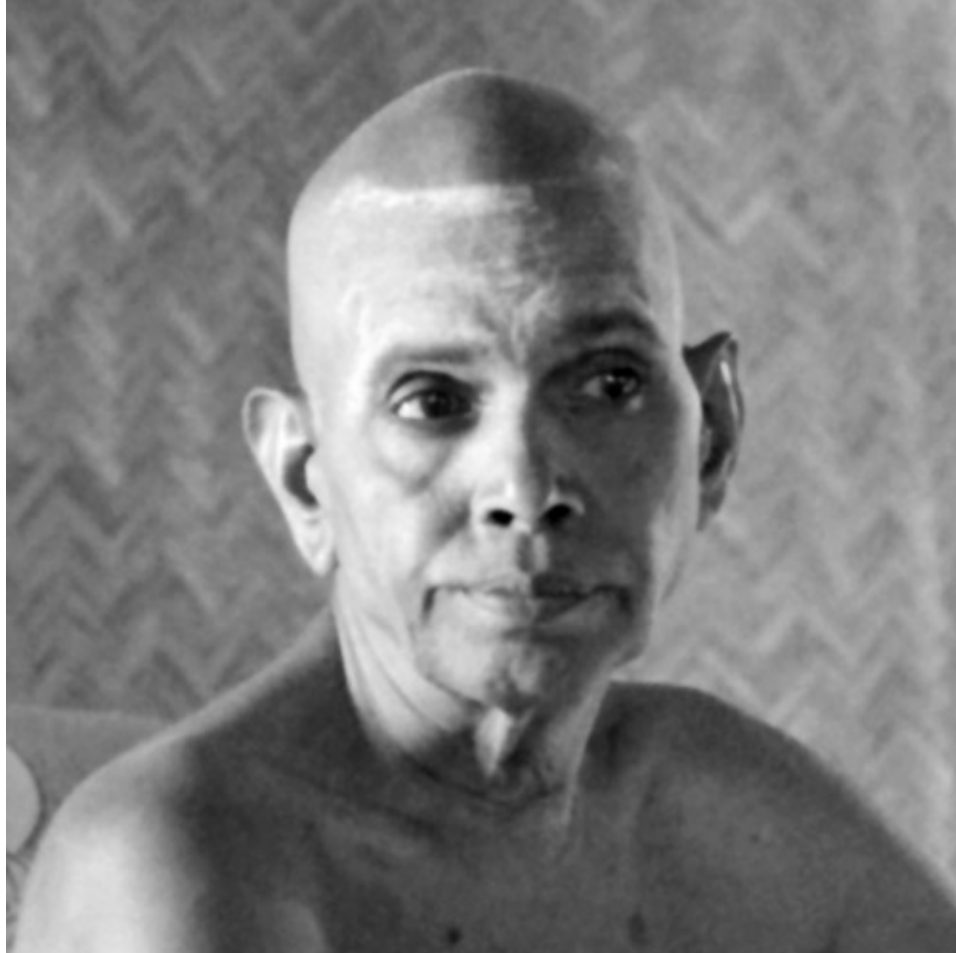
It is 99% good in the Holy Company. Holy Company grants you introversion of mind. But there is also 1% bad in it. Separation from a Holy person involves at least some pain. It is the only disadvantage. If you want to avoid this pain, focus on the Truth within the Heart and Meditate upon it. Since you are accompanied by the Truth within the Heart forever, you can never become sorrowful.



Without having to invest anything (in terms of effort), one can effortlessly transcend the defects in the thinking faculty with Holy Company's aid. The Holy people will not suggest getting rid of your flaws, but their influence will enable you to do so. Such is the glory of the Holy Company.



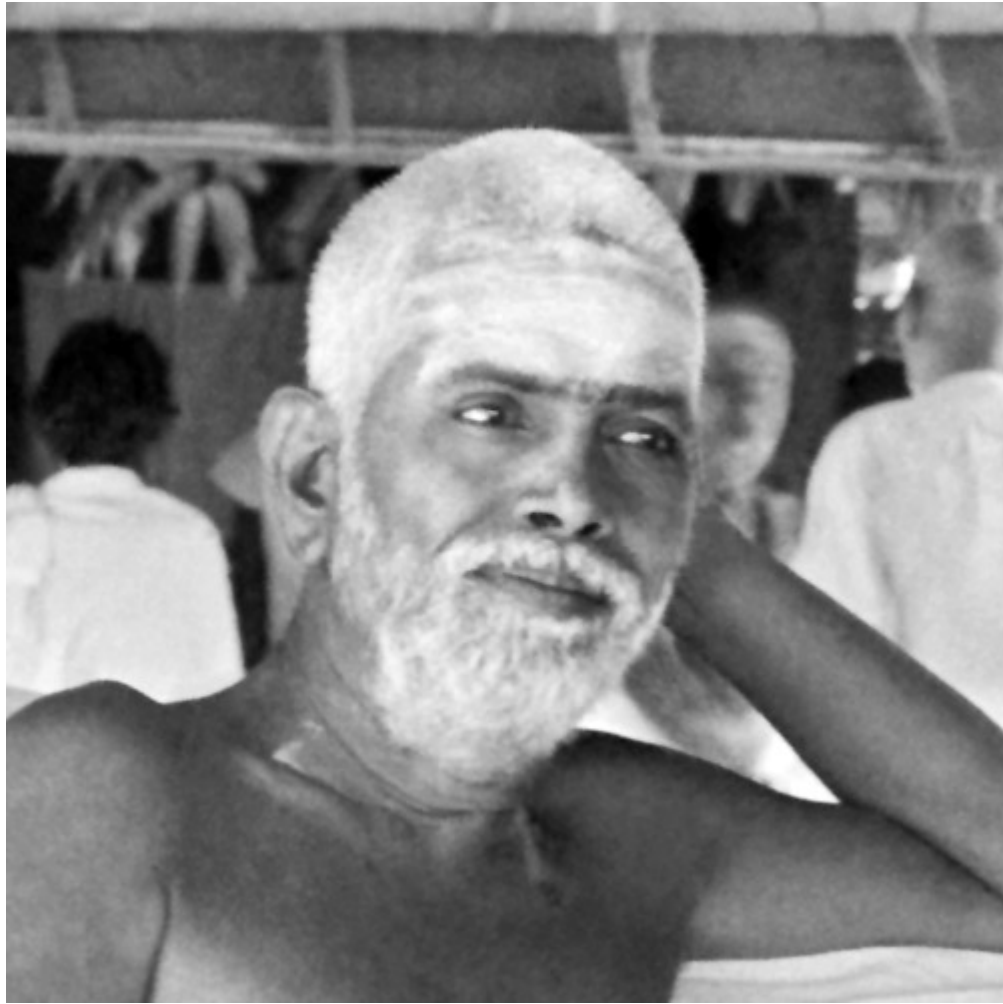
You can remain as Self if you don't get attracted by the Non-Self. If you can abide as the Self, the Non-Self can never tempt you. If you leave the Divinity, you will fall back into nature.



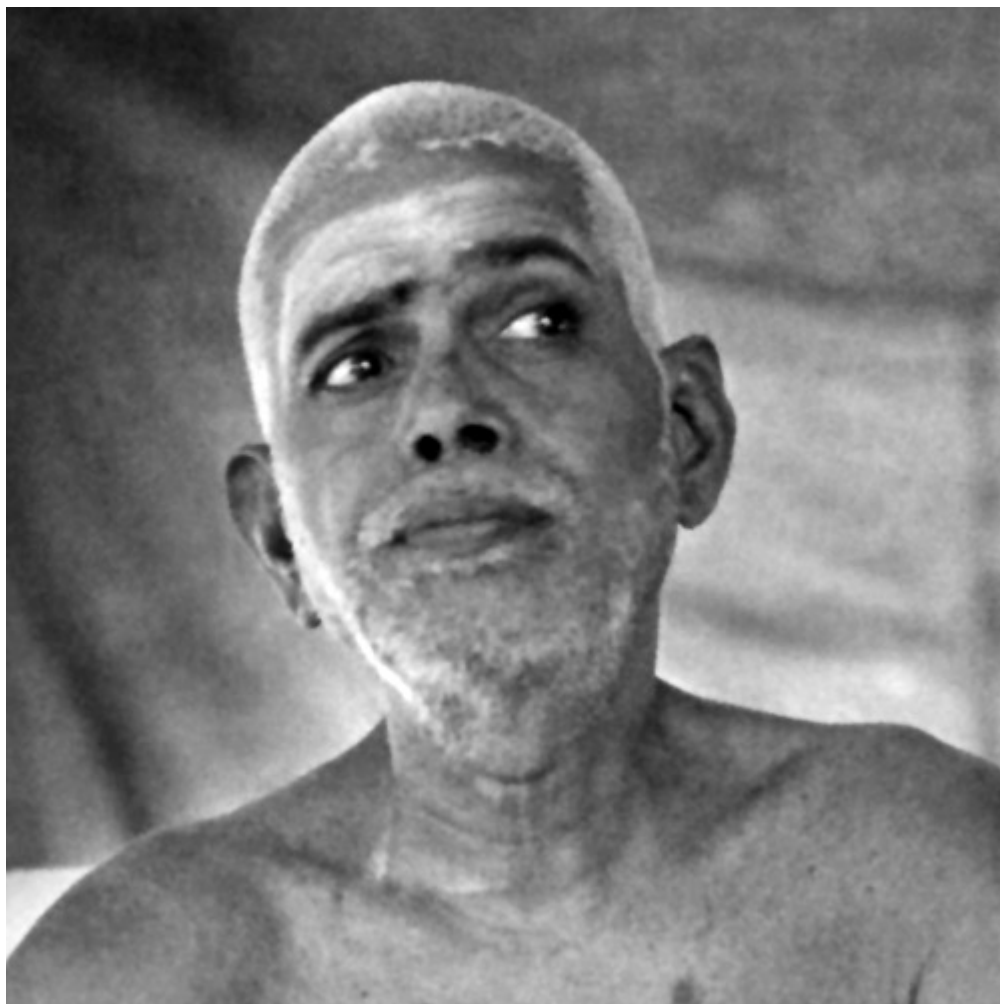
There is no existence for the mind. Identifying yourselves with your mind is equivalent to identifying yourselves with your shadow. Does your shadow really exist? No. As you are not aware of the existing Self, you identify yourself with the non-existent body, mind, honor, money, etc., thereby toil hard, getting even more trapped in the whirlwind.



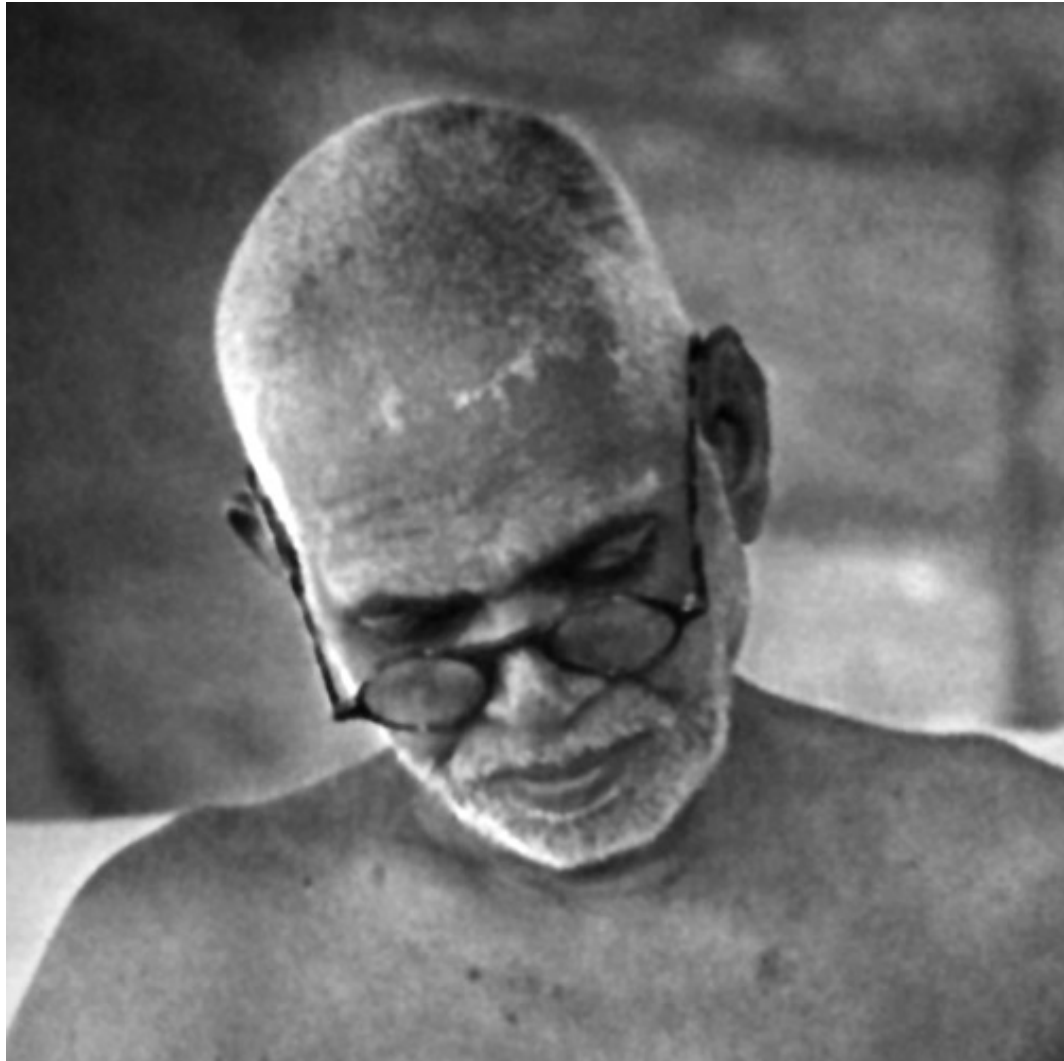
The three states of mind i.e., waking, dream, and deep sleep, come and go. All three states of mind are false. You got habituated to them since several births. Since they are false, they come and go. But as you have been experiencing them since several births, they seem to be true though they are very much false. That which comes and goes is never true. The three states of mind seem to be true due to the prolonged habituation of presuming them to be true. Therefore you don't get introversion of mind. Hence first understand them to be false.



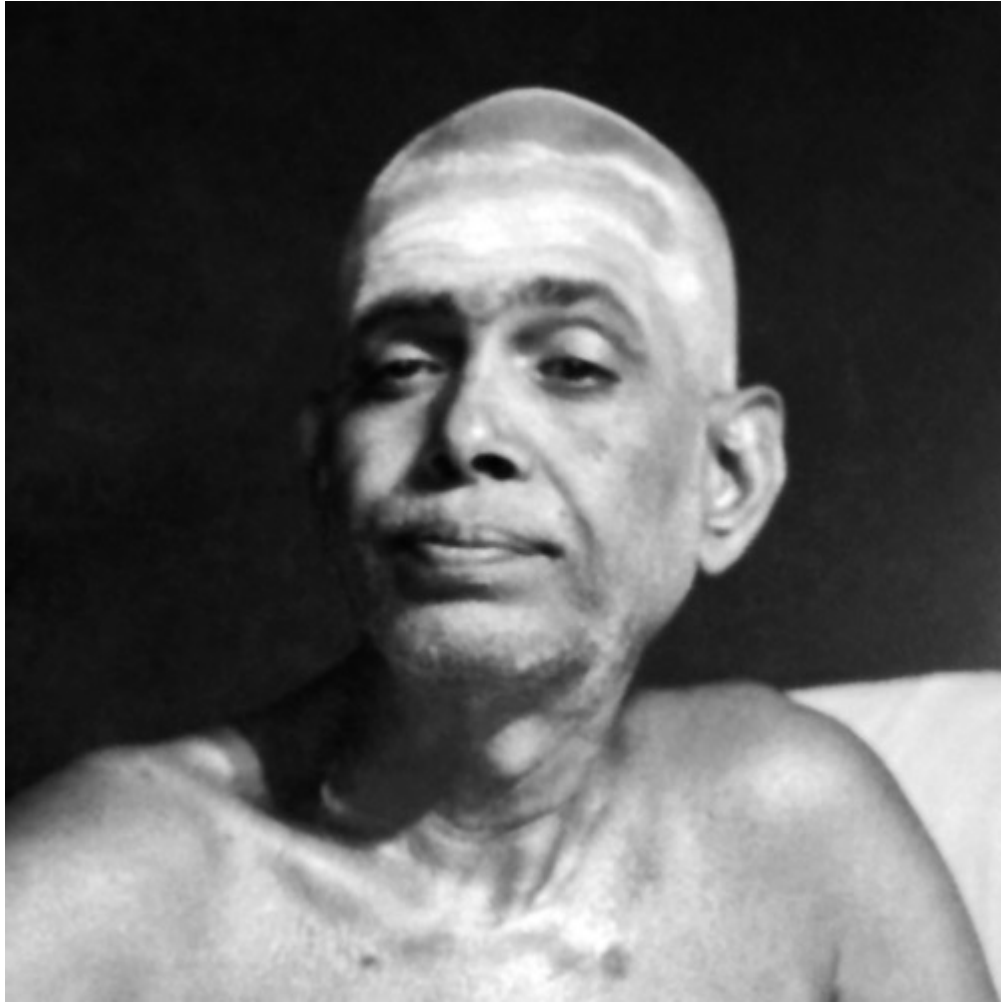
Mistakes are not manifold. Only a single mistake has been committed, and that is the presumption of the body to be the Self (i.e., the feeling of 'I am the body'). What else can be a bigger mistake than this? When you utter 'i', you are not referring to the Brahman but referring to the body. What else can be a greater mistake than this? It is the sole mistake. When this mistake is committed, the other mistakes will get committed naturally.



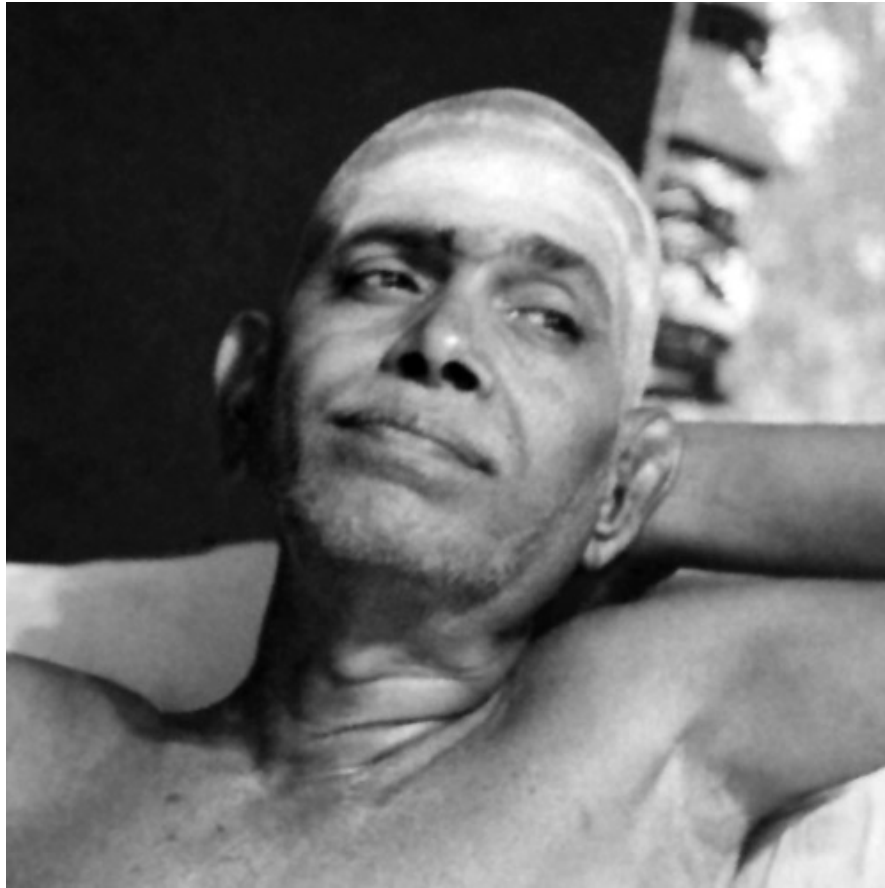
Don't mind the ego. If you stop attending to it, it will get destroyed. Bliss is not somewhere else far away. It is hidden behind the ego, but you are unable to understand this. If you stop giving importance to the ego and get rid of it, the Bliss will catch hold of you.



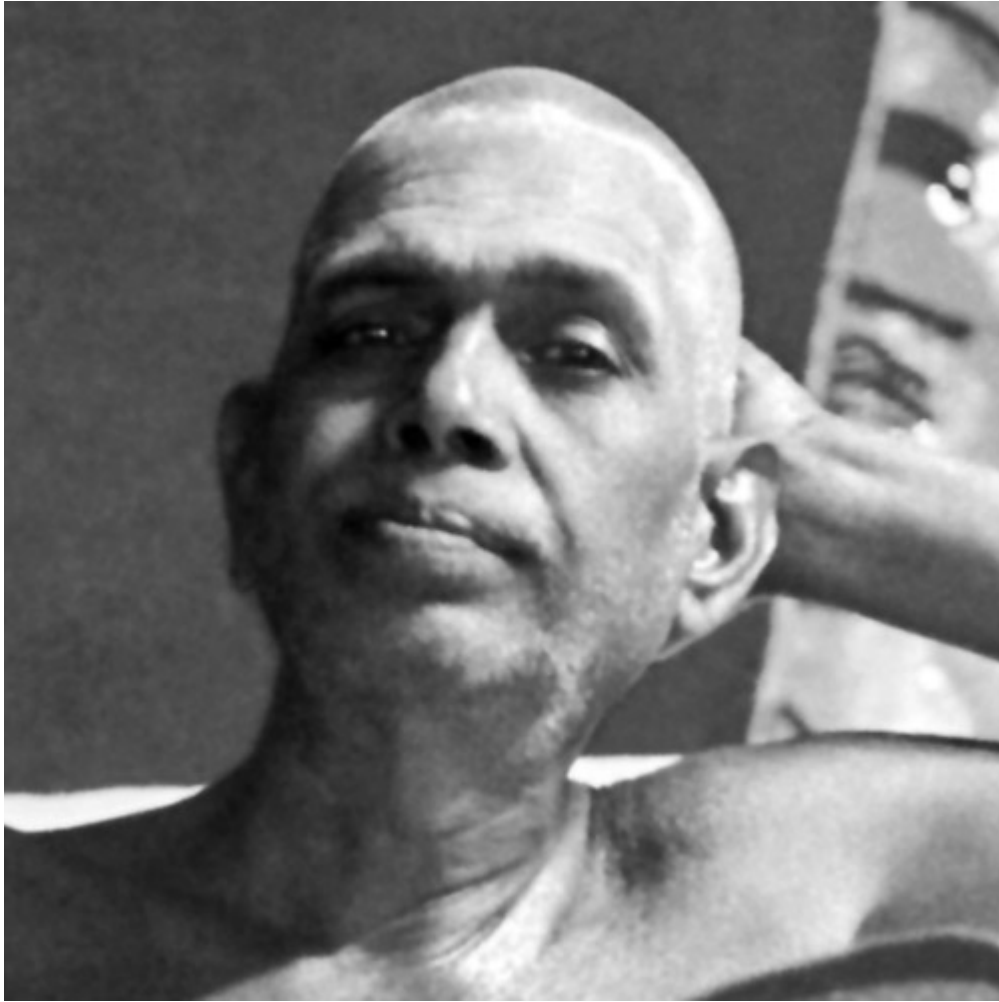
When you sit idle at home, you feel like contemplating upon sensory objects and enjoying them. It is ignorance. If you don't feel so, it is Self Knowledge. Until you attain Self Knowledge, contemplation of sensory objects becomes inevitable. It is because this is attached to body bound 'i'. When the 'i' gets annihilated, even the sensory object contemplation gets destroyed.



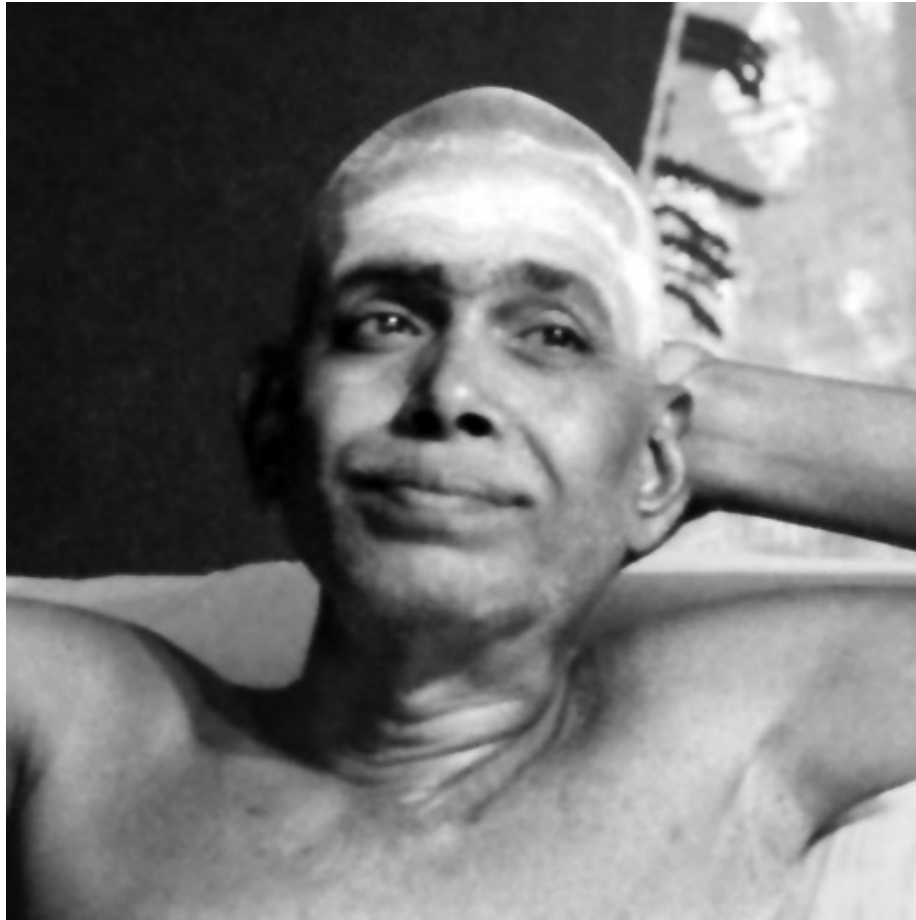
Whoever has trodden the path of Knowledge in their previous births gets attracted by Lord Arunachala. Arunachala drags them into His presence and bestows upon them Self Knowledge. Whoever constantly contemplates upon the form of Holy Hill is bound to have their ego annihilated. If one experiences death while being alive, it doesn't matter whether the physical body exists or not. Even if the physical body drops, there is a continuity of life.



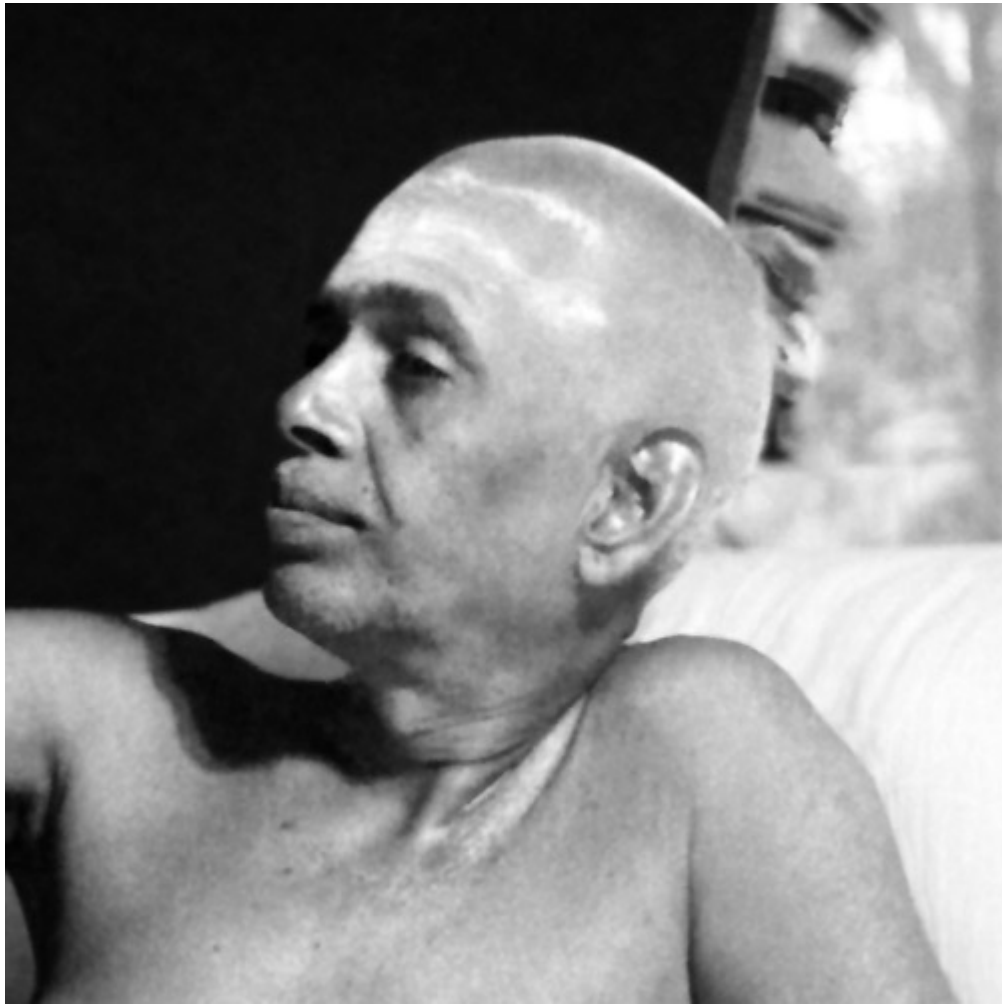
You ask about the reason for your sorrow. It is good to ask so. But you need God only when inflicted with sorrow. When you are happy, you boast about your achievements and presume yourselves to be great. You never realize that you are happy only due to God's Grace. It is due to a shortcoming in your thinking faculty. You orally state that God is the doer but in the heart of your hearts, consider yourselves to be the doer. Are you able to perceive these double standards? If you have, not merely as faith, but in your experience that God is the cause for everything, the sorrow can touch neither your body nor your life nor your surroundings. You will then reach the sorrow less state.



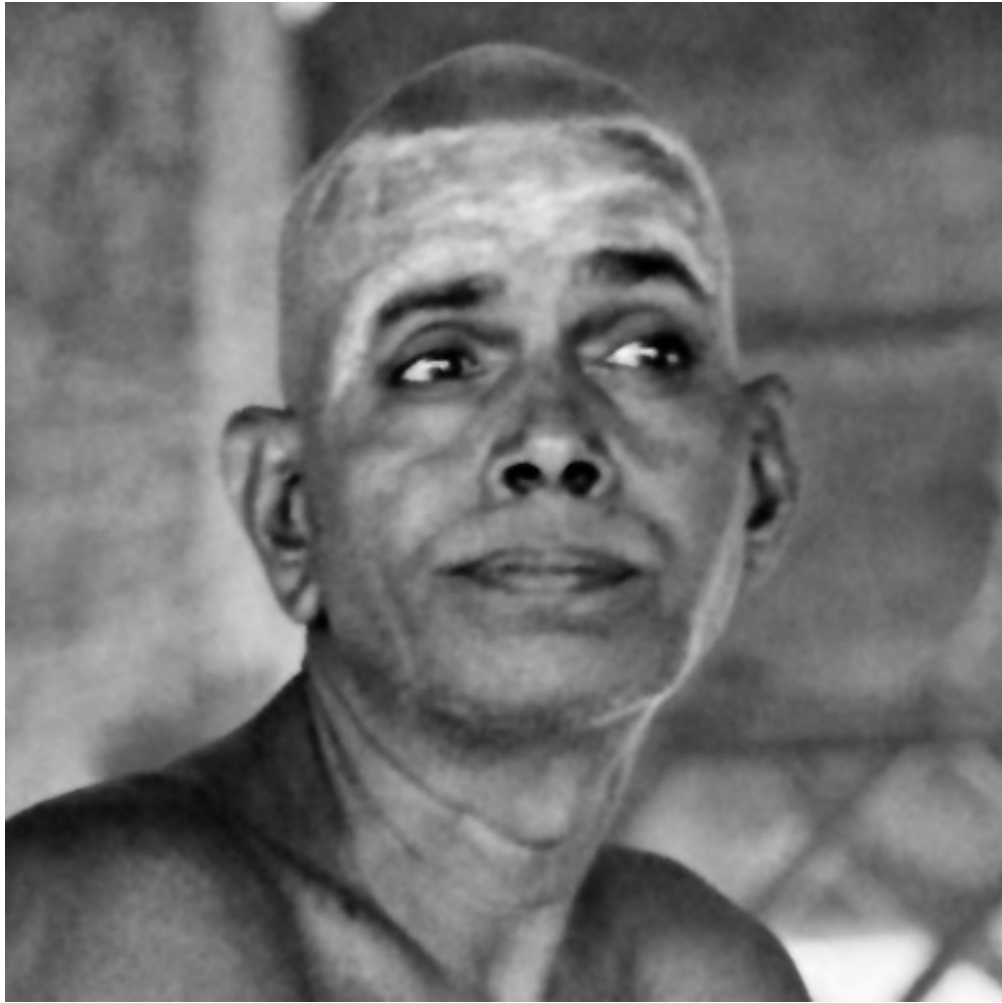
Until you attain that which is entirely devoid of sorrow (Brahman), experiencing grief becomes inevitable irrespective of whichever world you gain after death. You may reach some or the other world that seems to be good initially. But finally, you realize that there is nothing to attain in those worlds. All of them are but illusions of the mind.



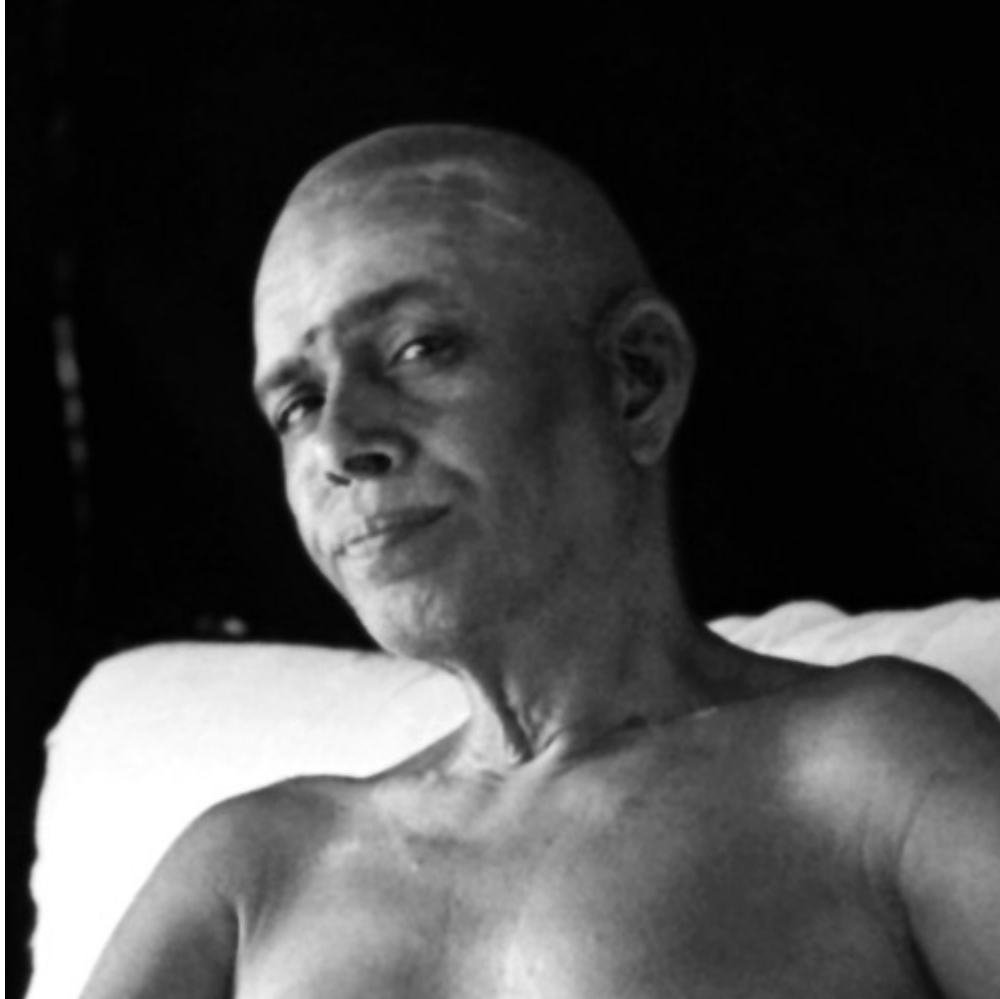
You possess the 'i' thought, which is non-existent in a deep sleep. However, when you wake up, the 'i' thought binds itself with the body. After the arising of the 'i' thought, you get the thought called 'mine.' Later emerge the world, god, happiness-sorrow and merit-sin. Get rid of the 'i', the source of everything. Only then will everything else subside. If you keep enquiring who the 'i' thought is, it will get subsided. Once it gets subsided, all the tussles pertaining to it also get subsided.



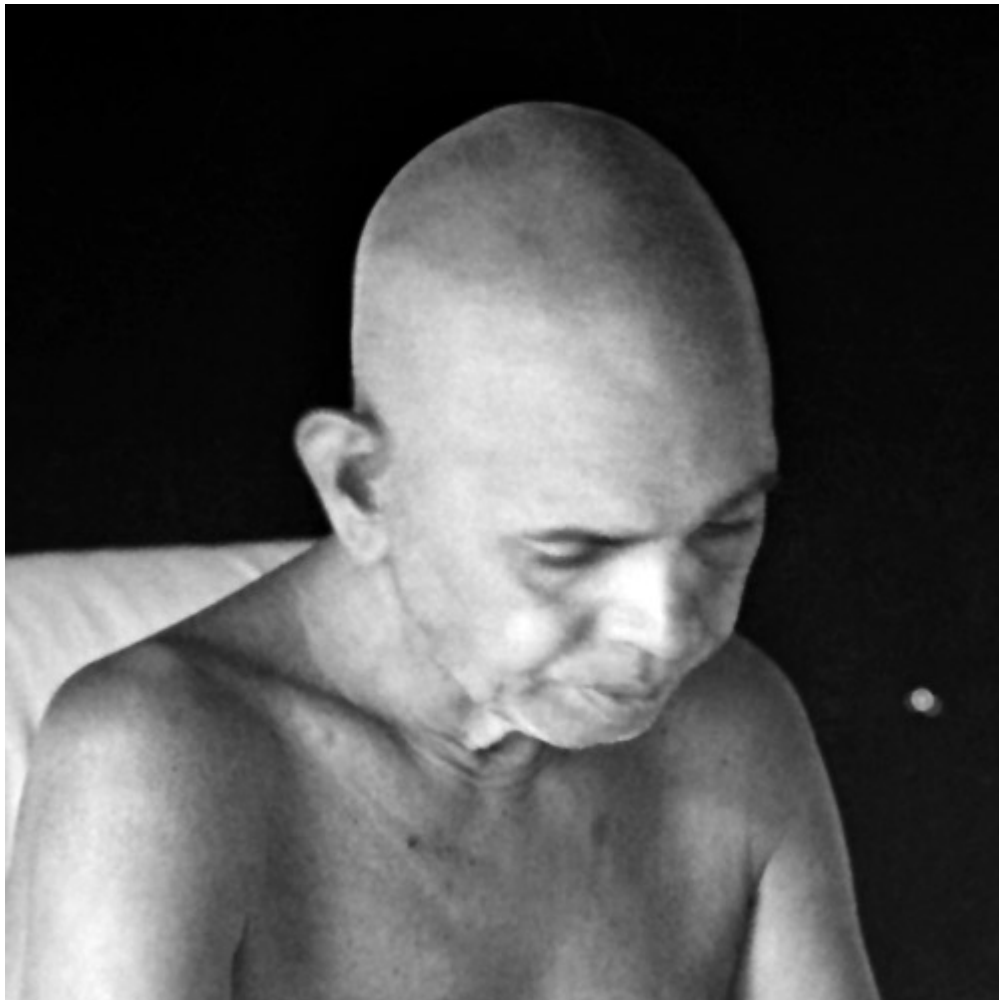
Don't worry, even if you get thousands of thoughts. All these come to the false 'i' only. There are no thoughts to the True 'I.' You get the thoughts only when the 'i' thought exists. The source of the 'i' thought exists within you. Reach the same. To reach there, forget the bad (harm) and remember the good received from others. But you remember that which ought to be forgotten and forget that which ought to be remembered. Then how can you get introverted?



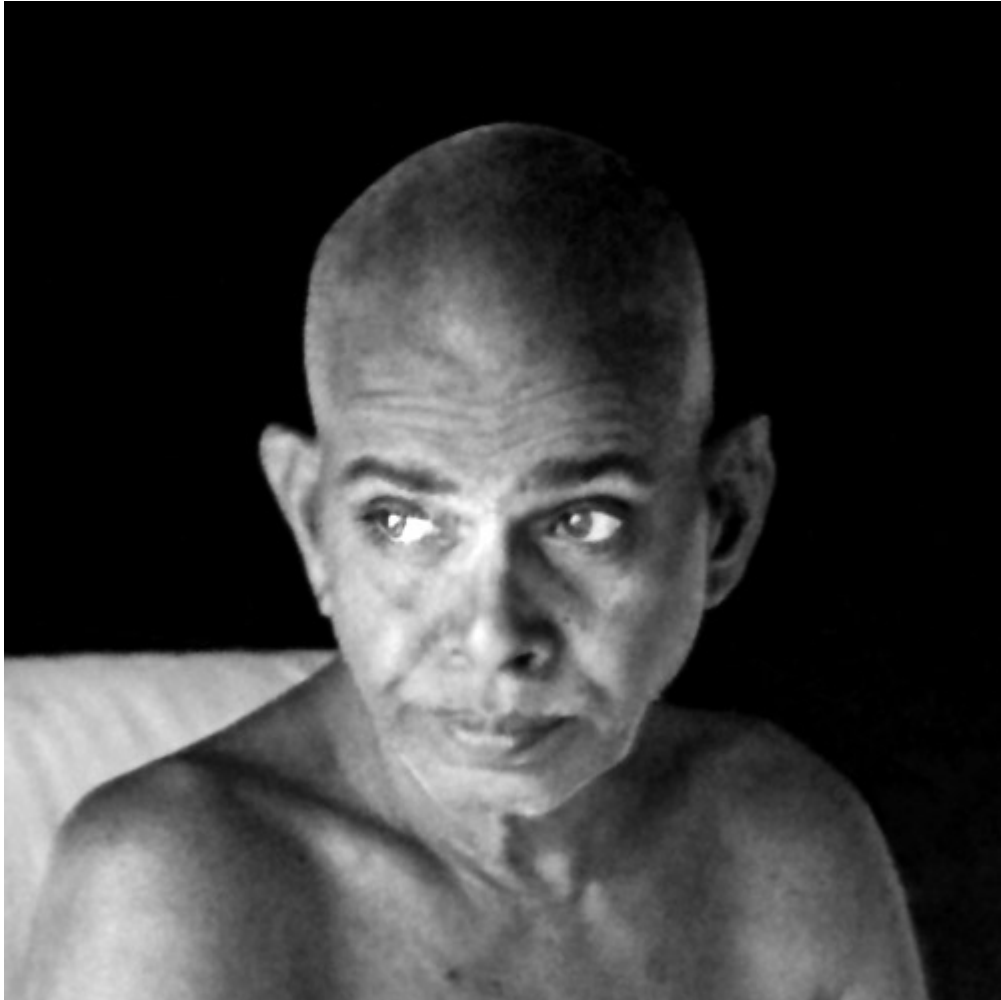
The dream state appears to be short, whereas the waking state appears to be long, but the waking state is just as false as the dream state. Learn to attain the state of deep sleep in the waking state. You will achieve Self Realization.



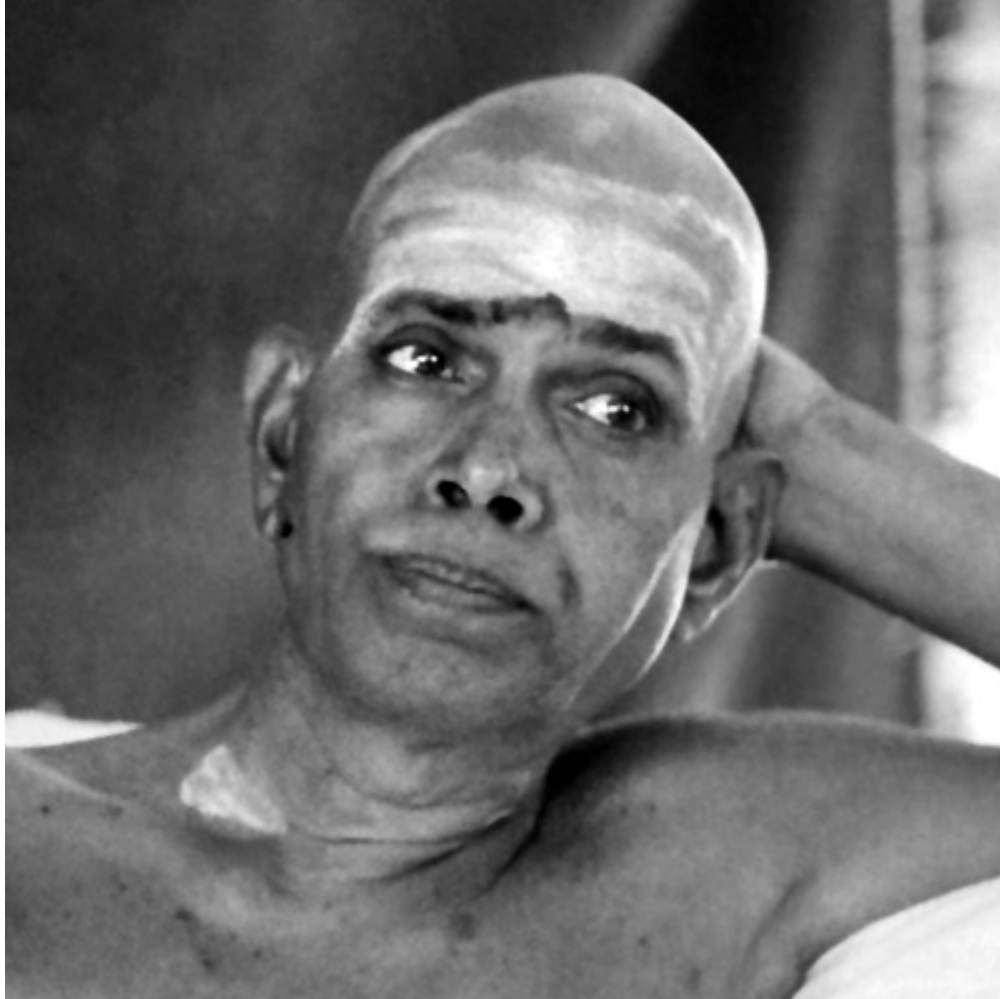
Look at thyself and then at the world. Who are you? You are the Self. When you realize that you are the Self, the entire world also seems to be the very embodiment of the Self.



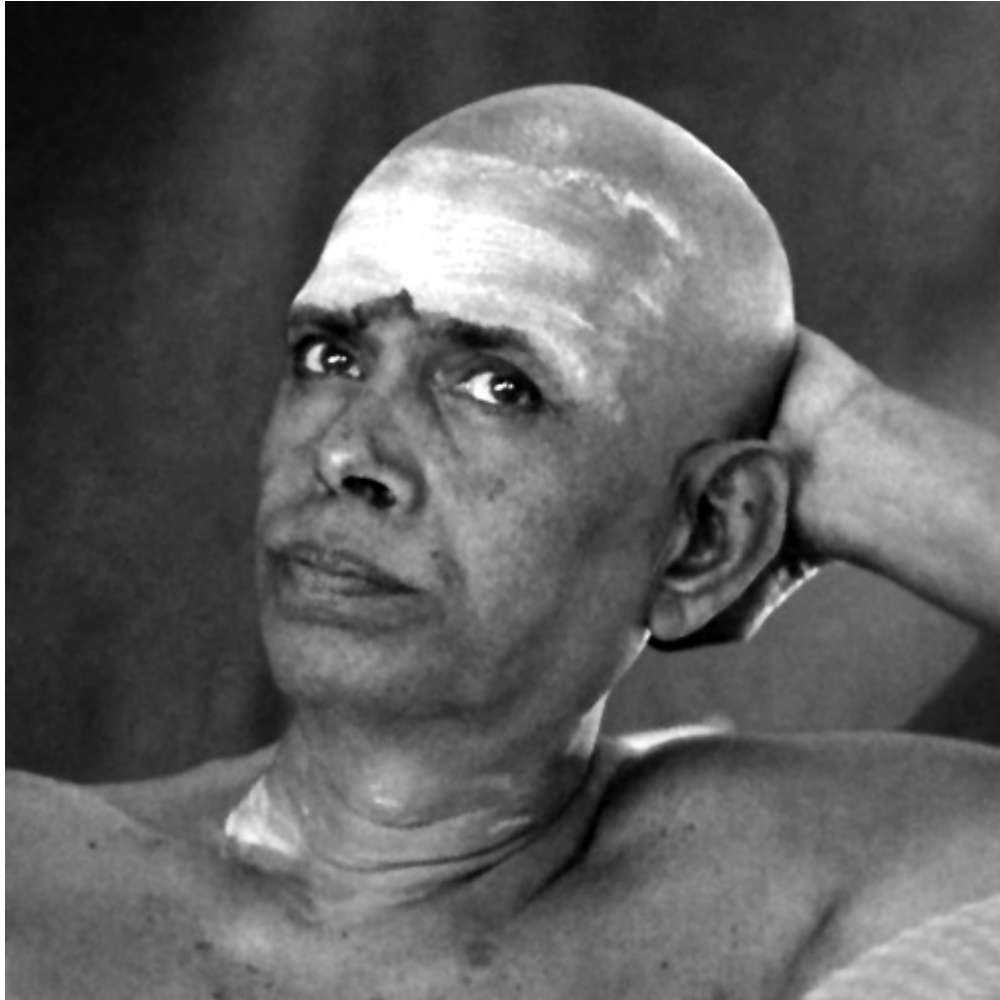
I don't say that all your hardships, losses and enjoyments are false, but they are all as true as your mind.



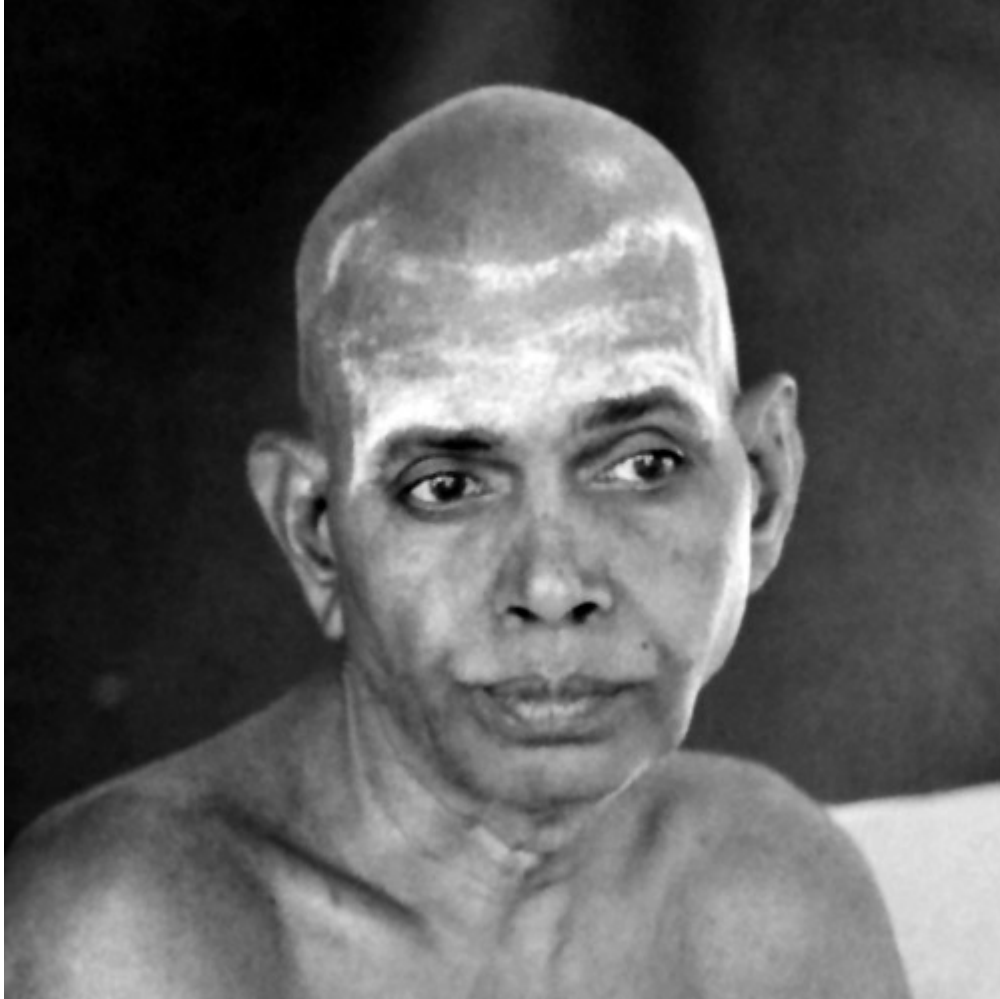
Leave the body to its destiny and carry on the purpose for which you have come to this earth.



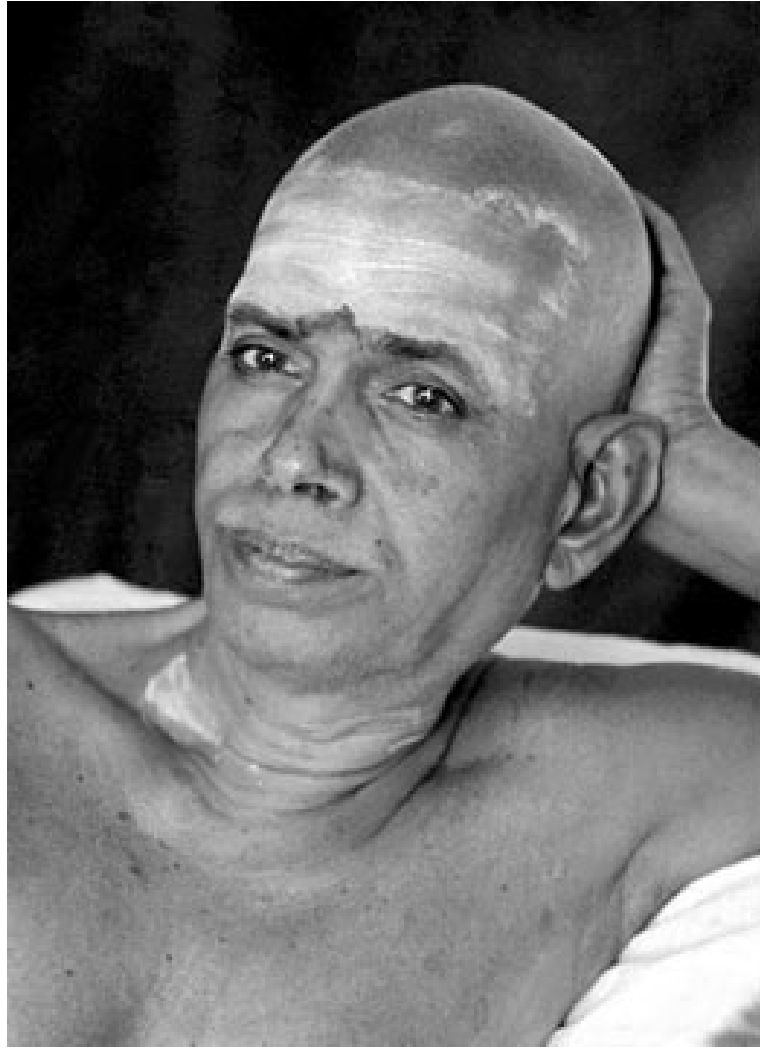
Question the 'i': 'Who are you?' The Self enquiry of 'Who am I?' is not the answer. It is the question. Self Knowledge is the answer for it. When the 'i' is questioned: 'Who are you?', it stops getting externalized and gets diverted towards its source & birthplace ie, it gets introverted. If you question it and drive it inwards, it reaches its source, which is the abode of God.



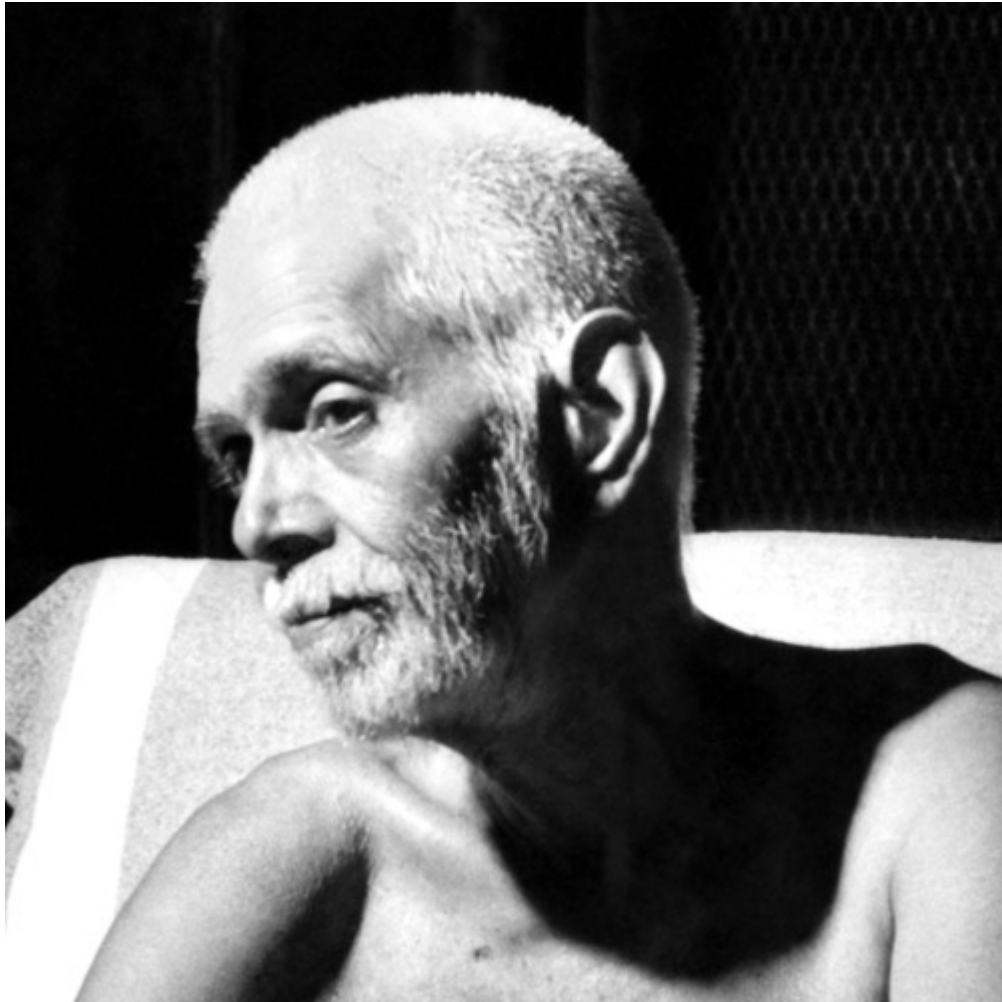
Liberation is not possible as long as you consider yourselves to have taken birth. Who secures liberation? It is only the one who realizes that he is birthless. As you identify yourselves with the body, you think: 'I was born, and hence I will die.' But the Self is birthless. Where is the question of its death when it was not born? You are the Self. Only after Self Realization, you realize that you are birthless.



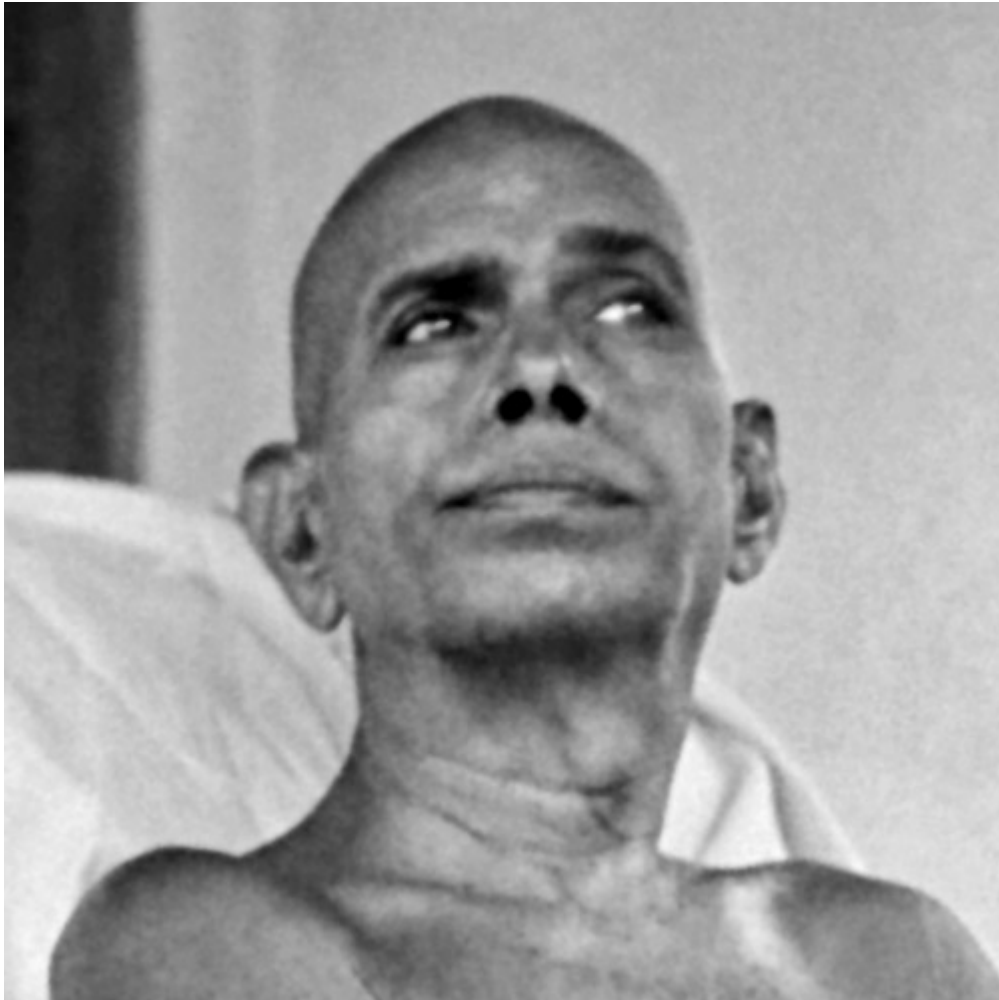
Usually, a porter carries your luggage when you get down at a railway station. He holds it for the sake of money and not willingly. He waits for the destination and an appropriate time to come to put down the luggage. A Brahma Jnani also feels the same way regarding his body. He has nothing to gain by possessing a body. Instead, he finds service to the body an additional job.



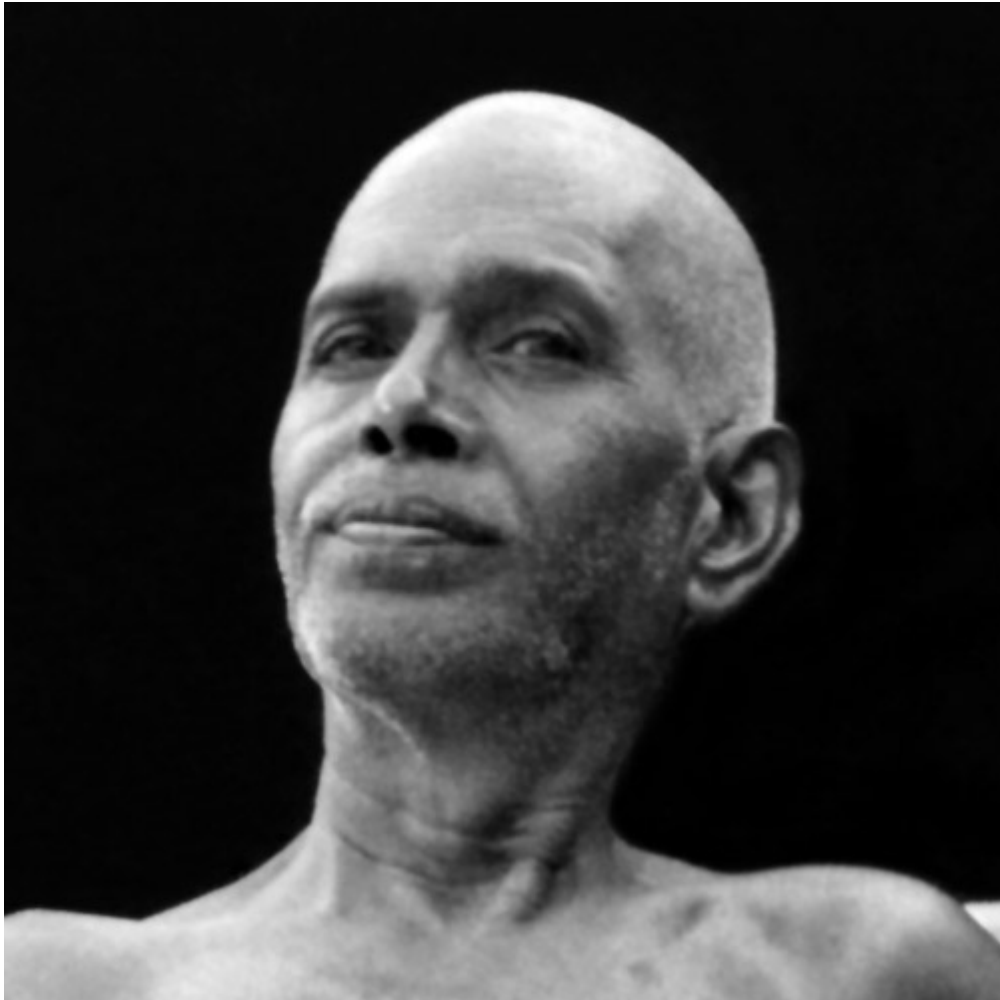
Do you want the God who appears and disappears or the God who accompanies you all through the 24 hrs? Whether your body exists or not, whether the world is visible or not, even if your friends and relatives abandon you, that which accompanies you throughout the 24 hrs is Brahman alone. It will never abandon you. Where is the question of leaving when thou art that Brahman? You are not apart from Brahman. Getting rid of the 'sense of separateness from Brahman' alone is the goal of all your spiritual efforts.



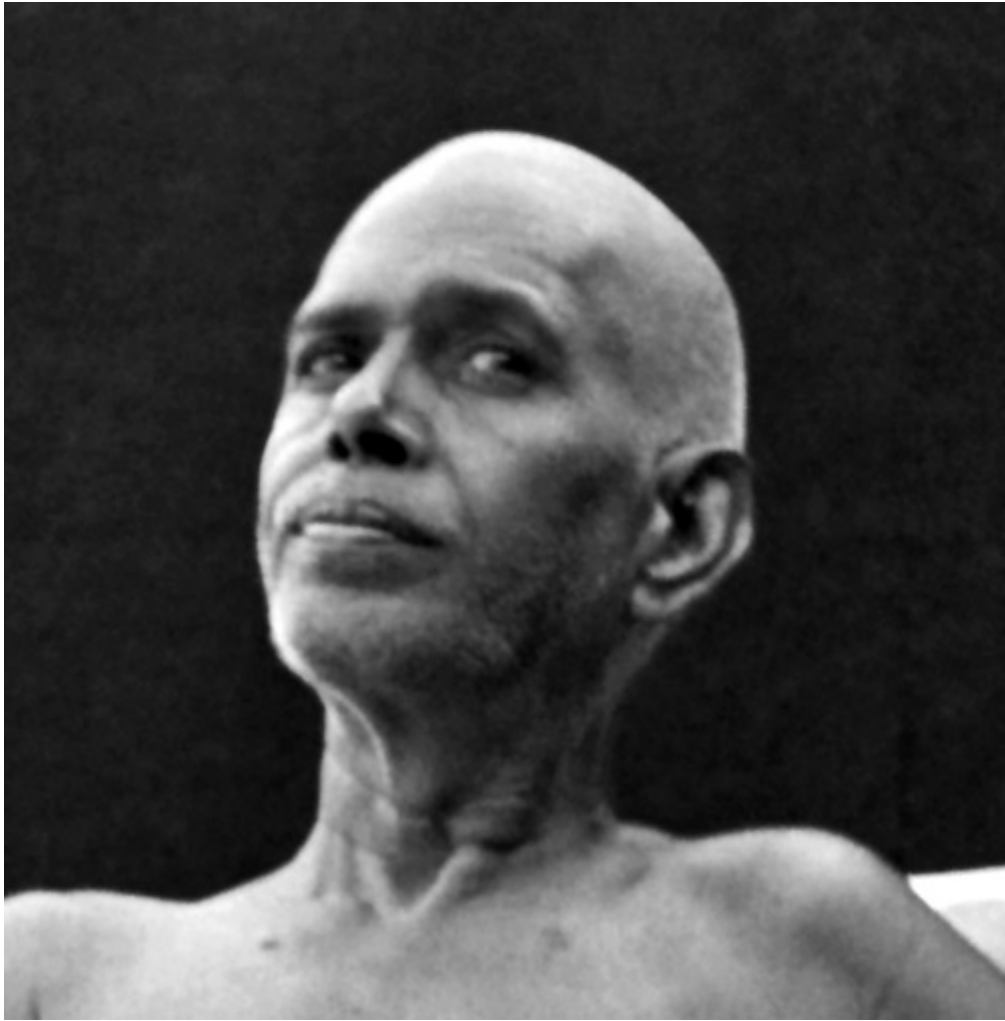
Question yourself who is facing these problems?' The false 'i' is facing all these problems. The false 'i' is not real but seems so. Therefore enquire this false 'i'. Currently, you are under the impression that the false 'i' is true. At least doubt that false 'i'. When you start doubting it, it reaches its source.



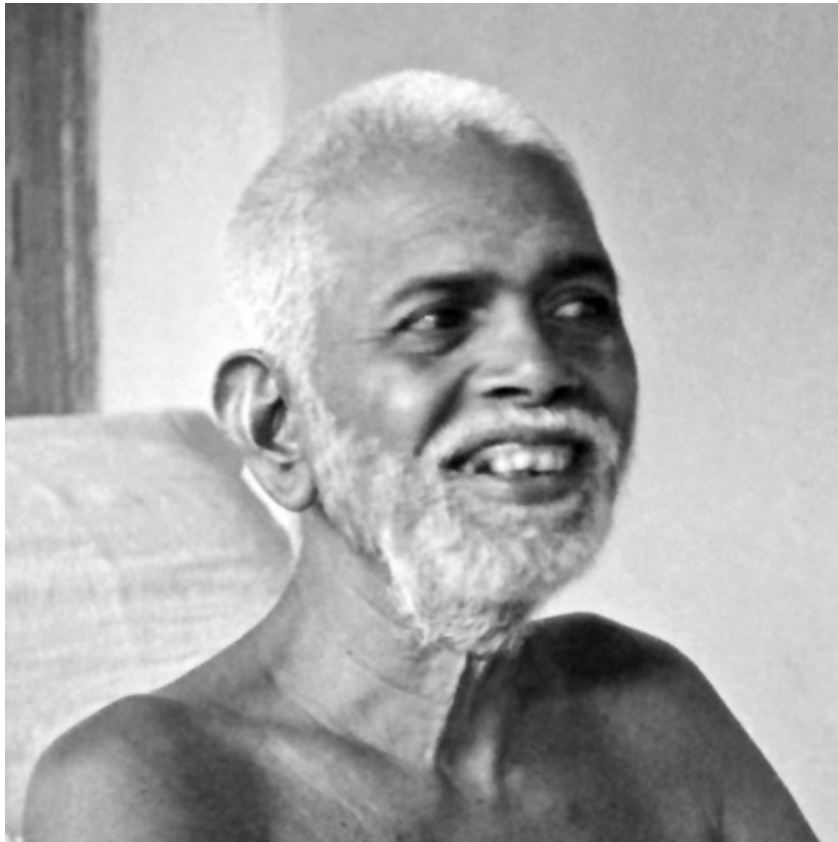
If your devotion is true, make an offering of this 'i' to God.



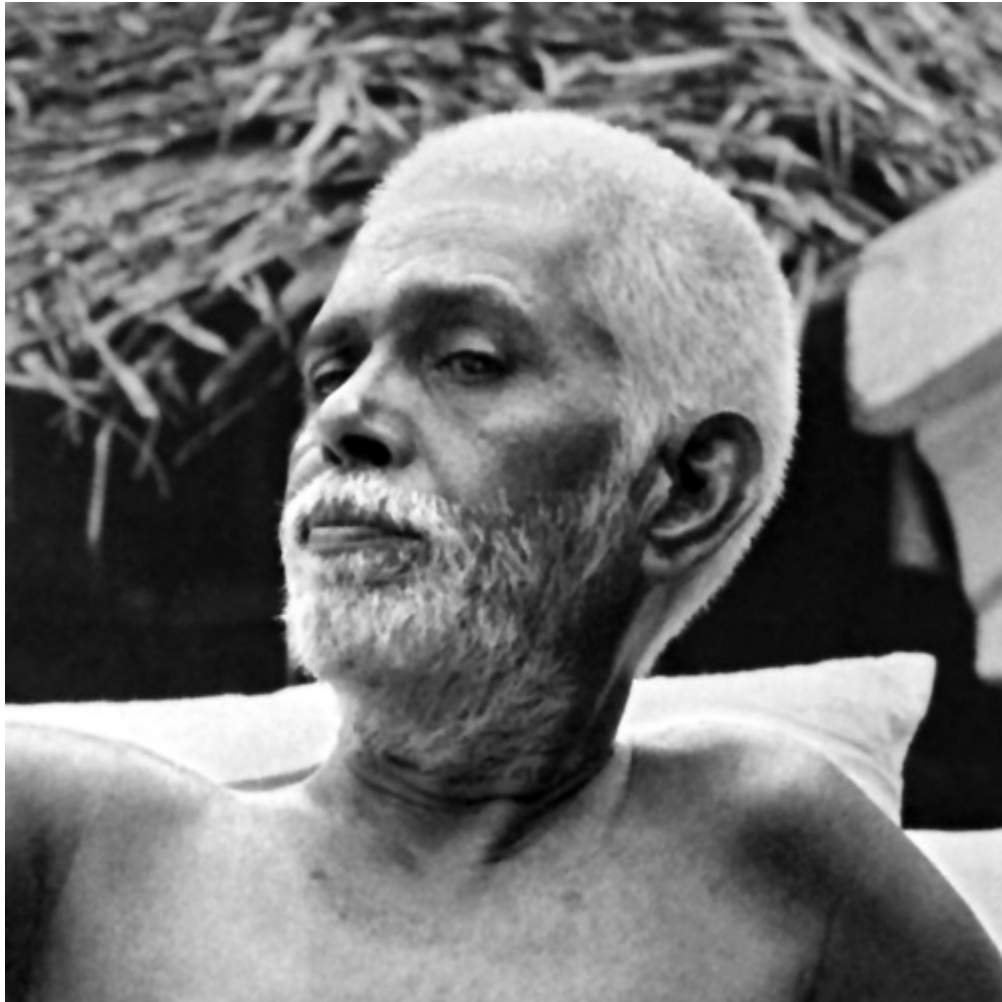
Everybody is interested to know God, but before that, try to understand who wants to know God? Later you can try to know who God is.



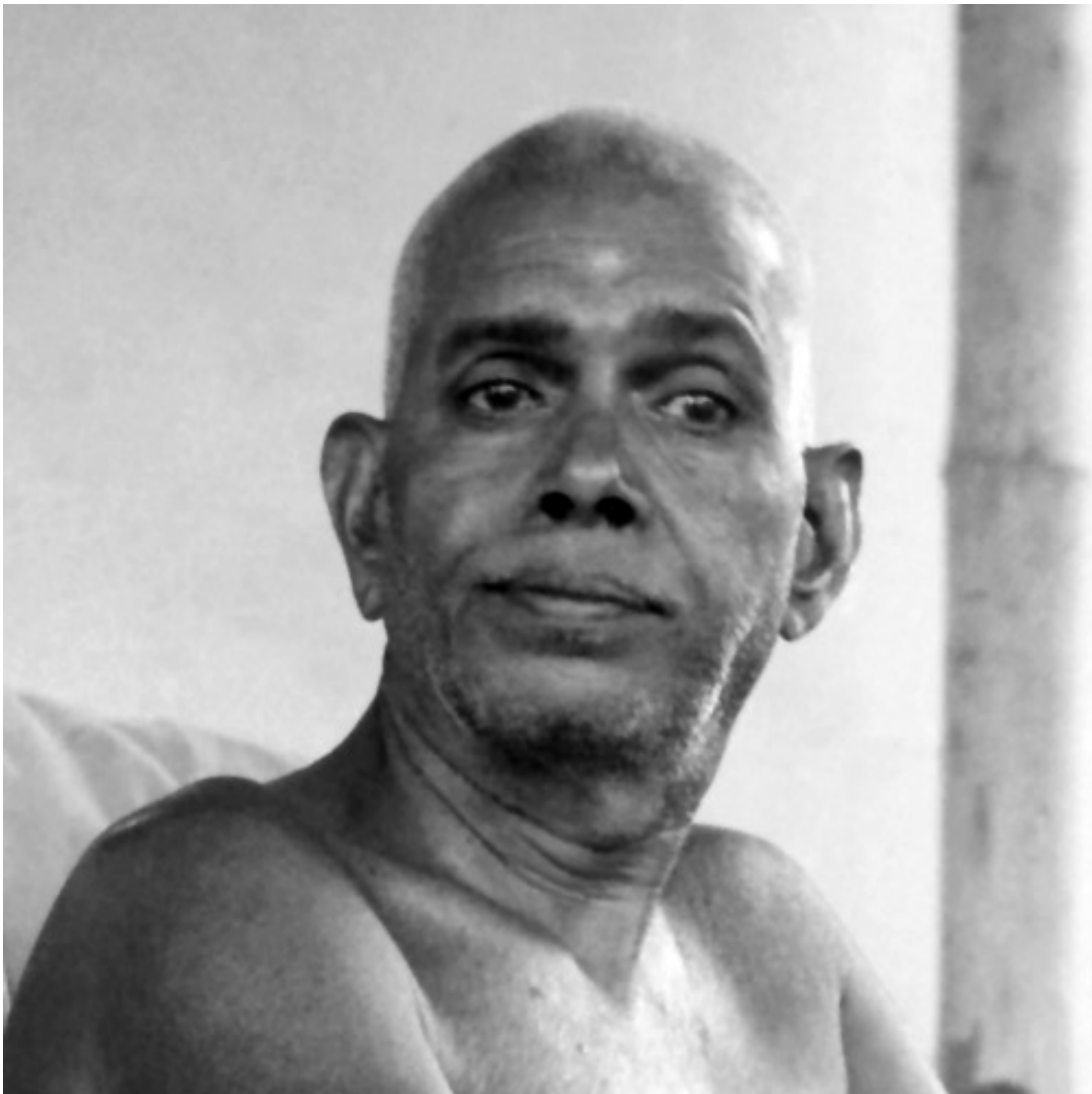
The body, honor, and wealth are as transient as the bubble in an ocean. Are you dependent upon those things which seem to be green today but wither away tomorrow? The happiness dependent upon external things is equivalent to bubbles. It is transient. Either the bubbles vanish away when you are alive, or the bubble called body expires even if those temporary bubbles continue to exist. How long will you depend upon them for your happiness?



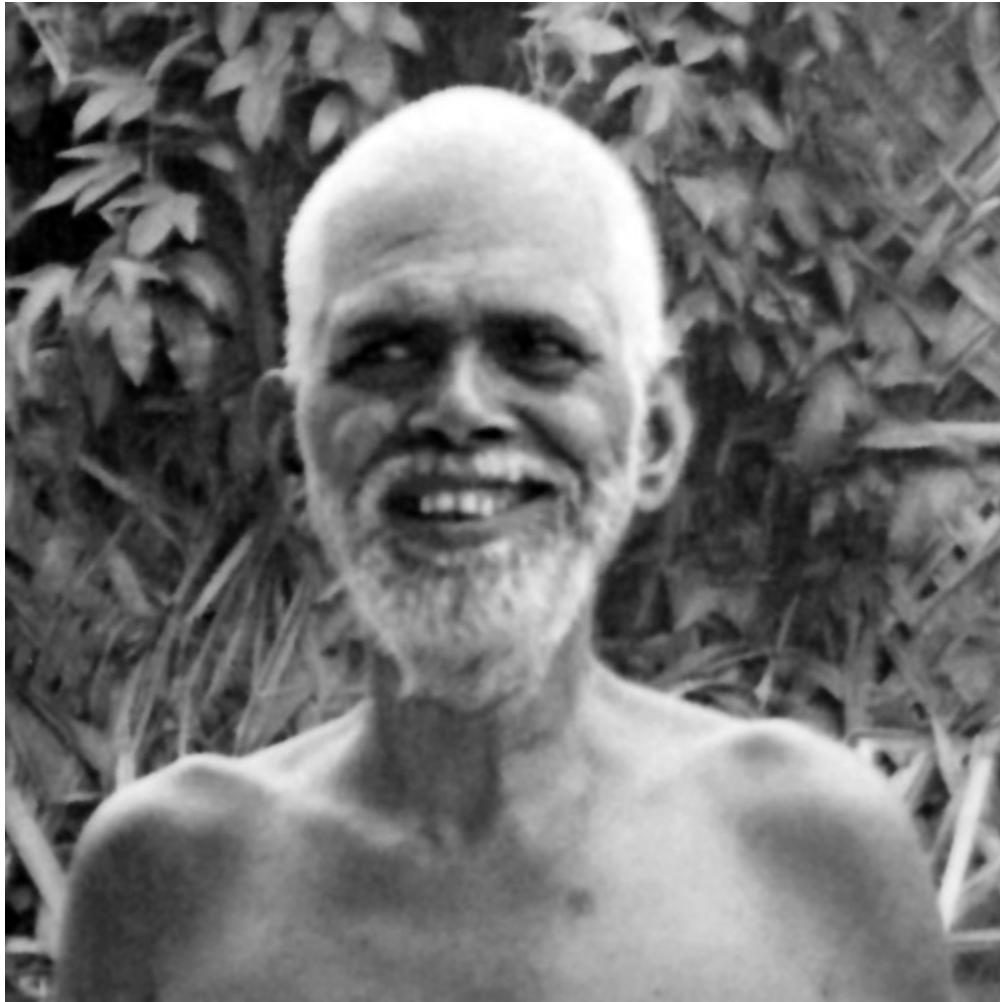
Peace, Happiness, and the deathless Truth exist within your Heart. Try to find it. This is the very purpose of your coming into this world. Without trying this, you forget the spiritual practices by getting involved in some trivial issue and thereby get disturbed. Don't get involved in trivial matters. If you give up your body without attaining Self Realization, all your achievements are equal to achievements in a dream. When you are not blissful and peaceful, how can you bestow peace and bliss upon your fellow beings? The only mistake is that you all don't try to reform yourself but try to reform others. It is a kind of delusion. Whom can you reform with your ego? How can you serve the world when you are 100% selfish?



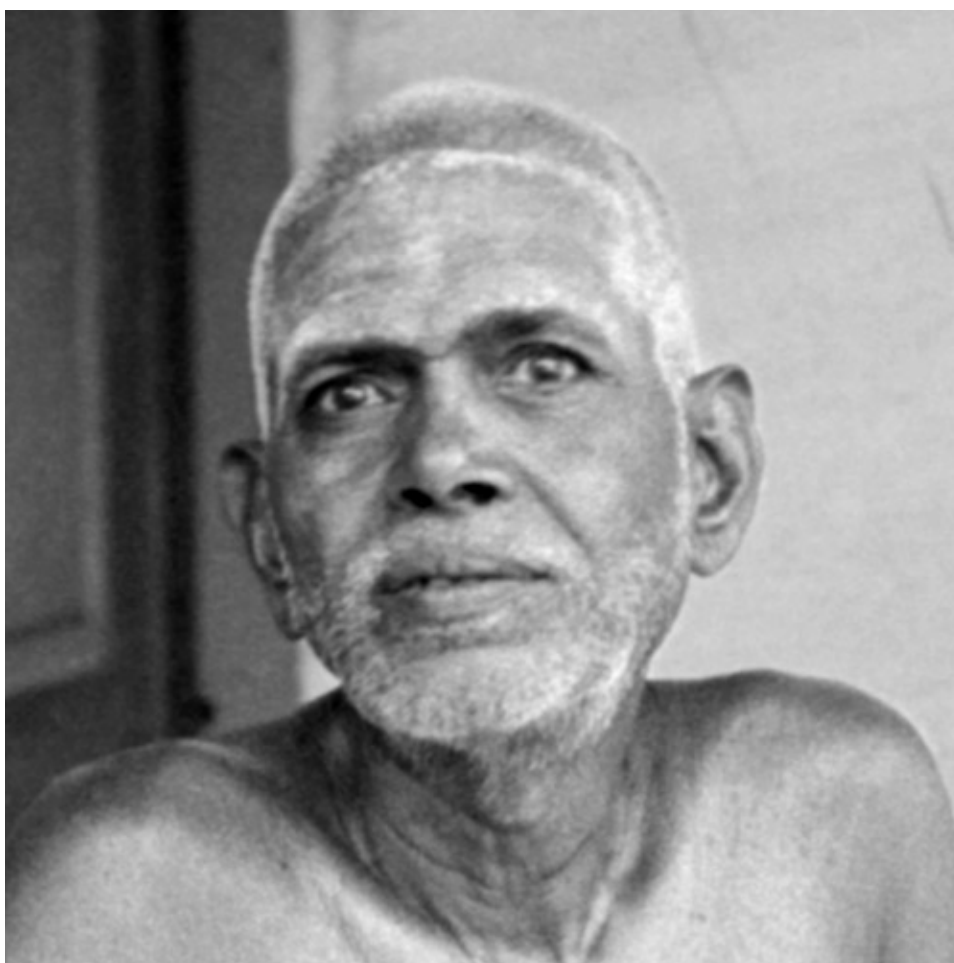
Rather than turning your mind towards liberation, why don't you get rid of the ego that you call 'i'? Then liberation will be achieved here and now. Not somewhere and sometime but here and now.



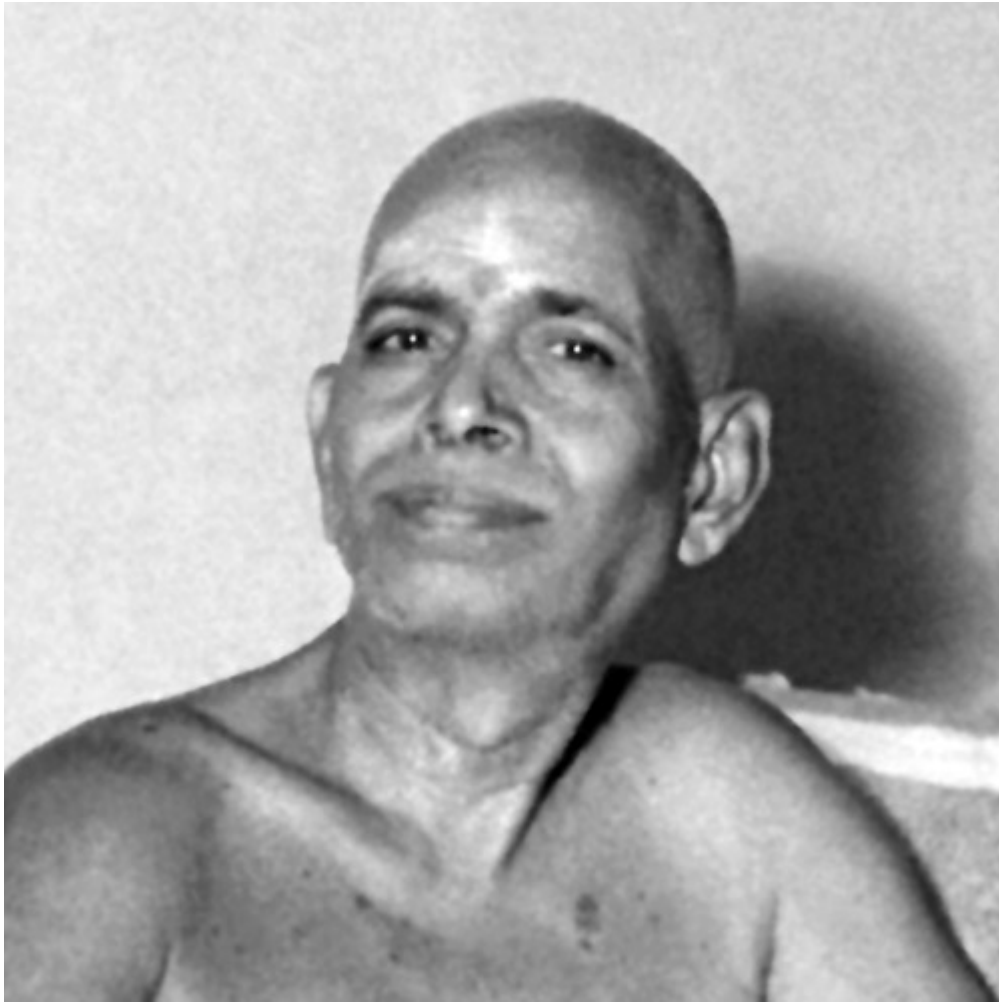
Ensure that the 'death' dies. At the time of the body's death, who feels that they are subject to death? It is the 'i' that identifies itself with the body. If that 'i' dies before the body's death, then 'death' dies. Crucify the ego to become a Jnani.



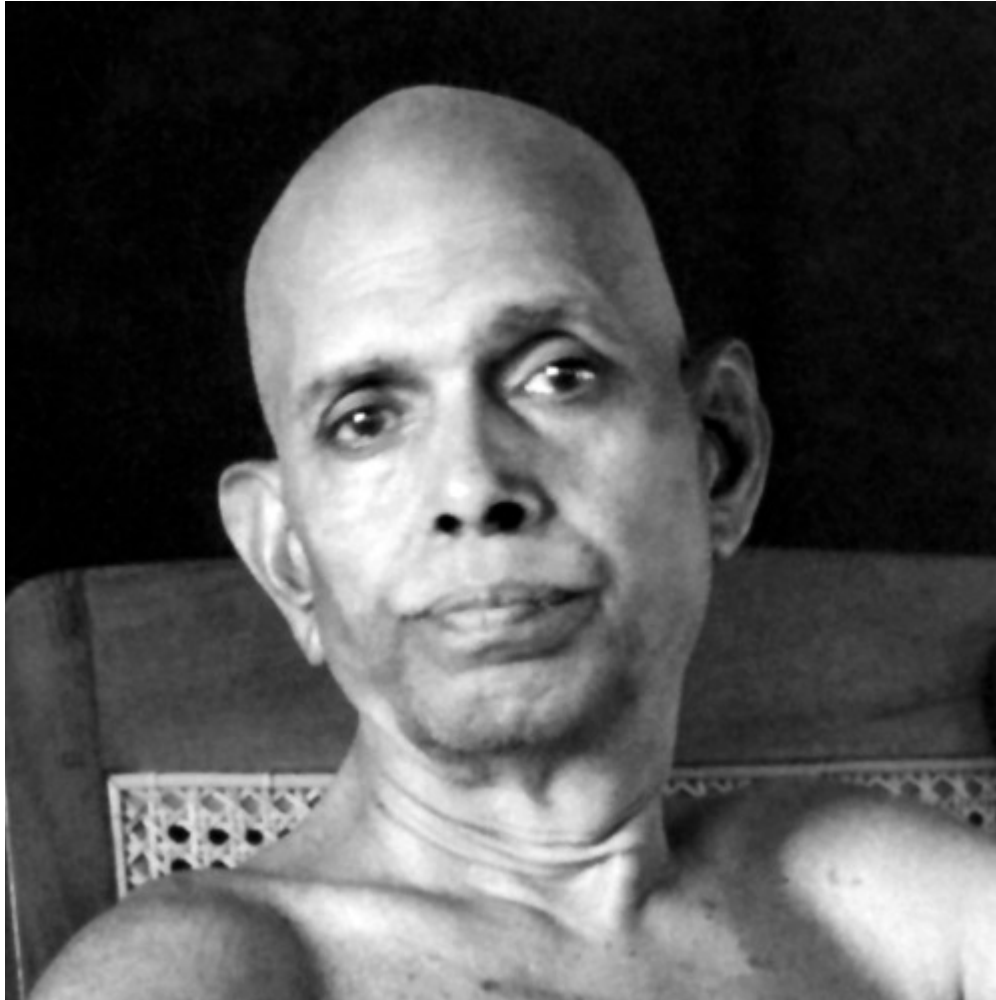
Who has asked you to think about the Non-Self related things? They are powerless by themselves. It is your thought which gives them strength. Think about that which you really are (Self). Then you will become that. Even if you contemplate upon the Non-Self for ages together, you will never become that. It is only due to the force of habits that you think about the Non-Self. Cut it. Instead, listen to, contemplate and meditate upon that which you are (Self). You will then become the Self.



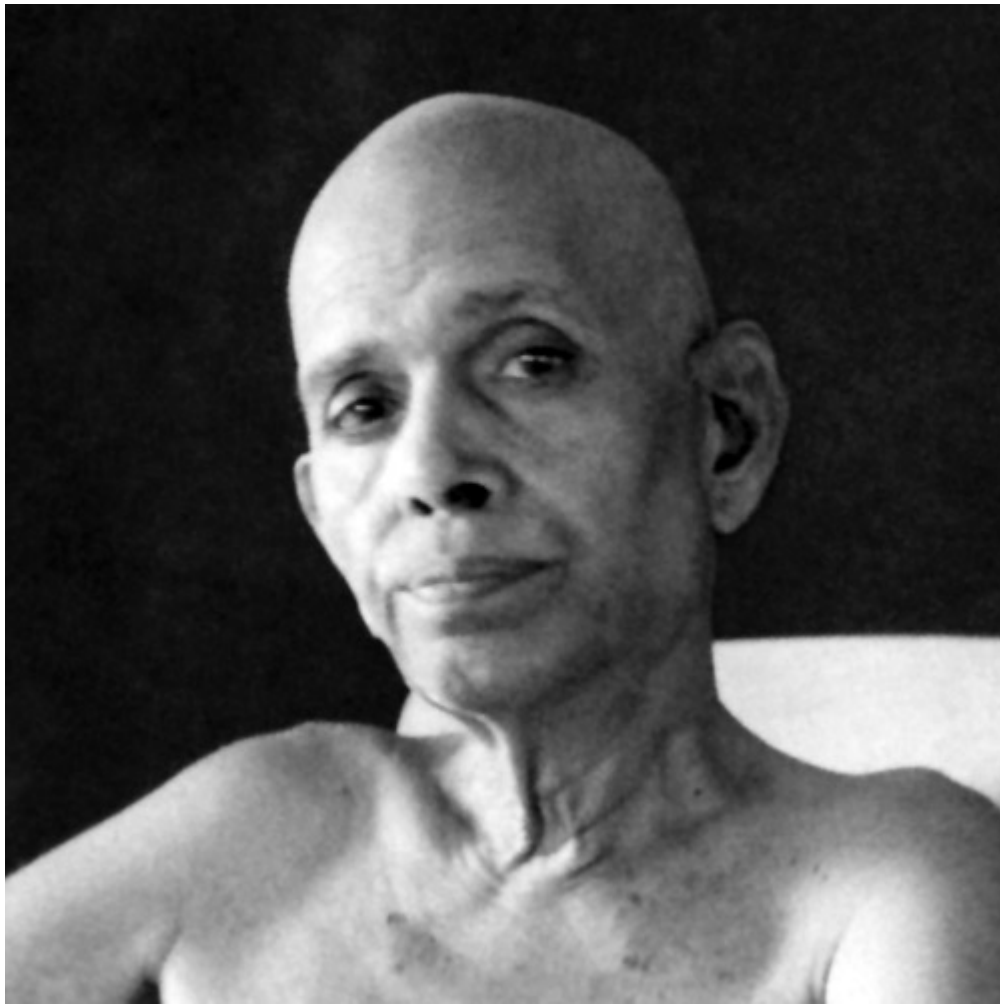
This entire creation is dependent upon a single pillar called the 'i' thought.' You have had identification with this 'i' since several births. Hence you are unable to doubt your identification with it. You are presuming this false 'i' to be 100% true. A Guru is needed to reveal its falsehood. Once its deception is understood, you will start shaking it. As long as you presume it to be real, you cannot make any attempt to eliminate it. This alone is Maya. Believing what is false to be true is Maya.



There needs to be someone to experience the Prarabda (destiny), i.e. a doer must exist. You presume that the doer exists. If you understand that the doer does not exist in reality, then there is no more prarabda (destiny) to be experienced.



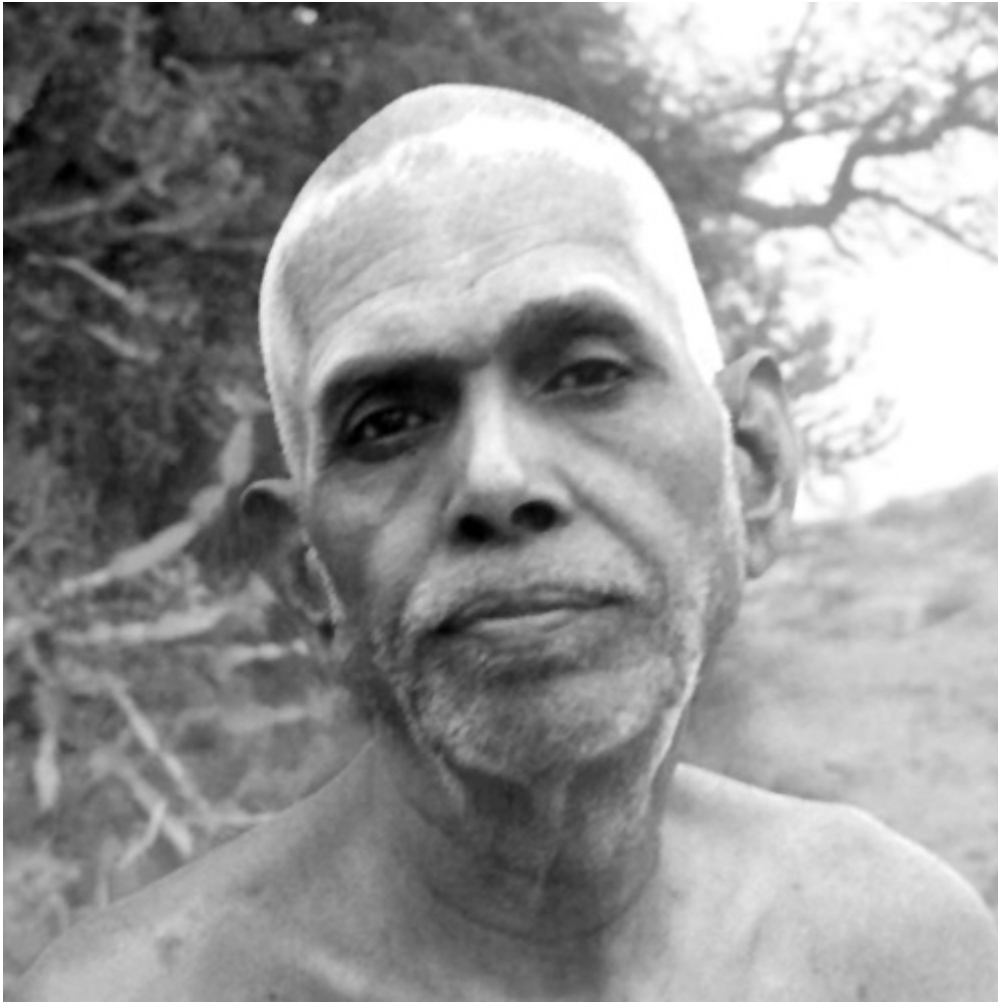
Lord Krishna said in the Gita: “Offer me either a flower or a fruit or even some water.” But can we consider this as offering or giving up? No. Giving up the ego alone can be termed as renunciation in its true sense.



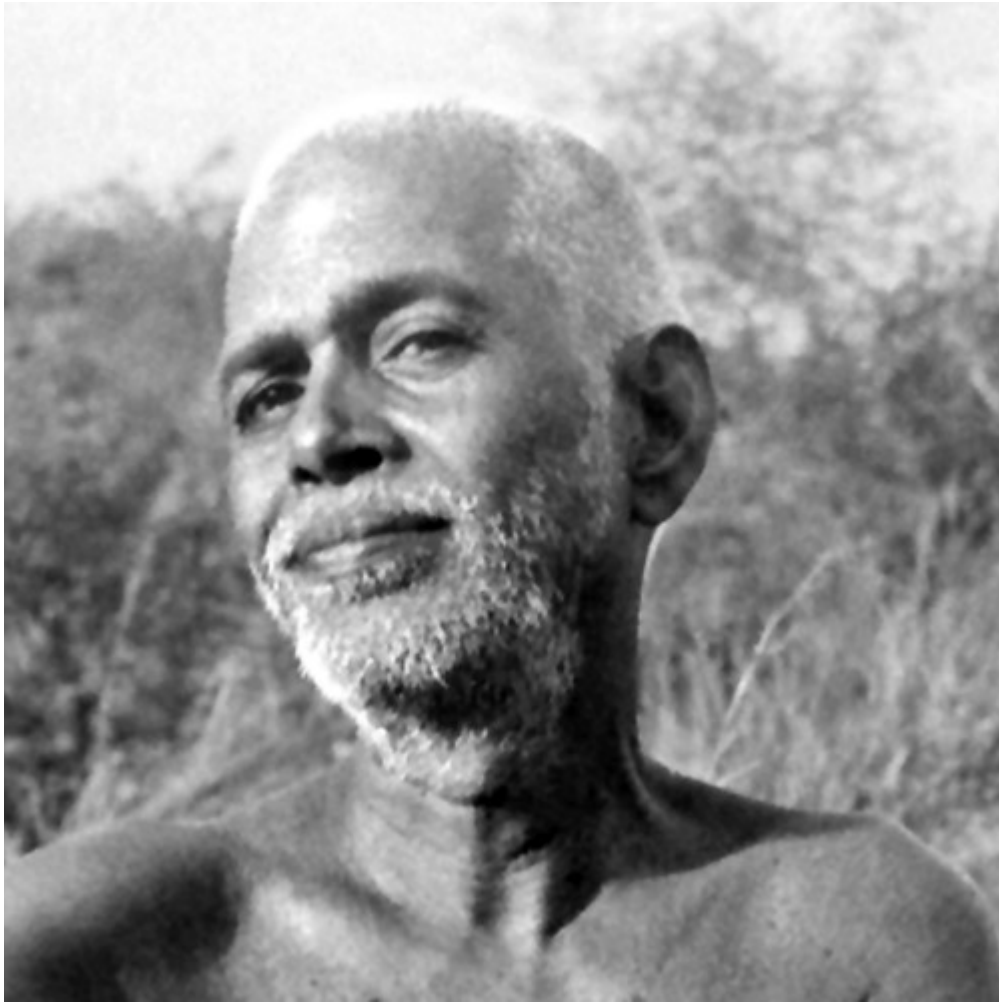
The Lord said in the Gita: “Give up these three i.e., desire, anger, and fear and practice these three i.e., yagna, charity, and penance. This alone is to be referred to as Sadhana (spiritual practices).” If you cannot give up desire, anger, and fear, sorrow is inevitable in this birth and the forthcoming births. However, they are not three different attributes but one only. It is desire alone that brings in anger and fear. If the desire is given up, there is no question of anger and fear.



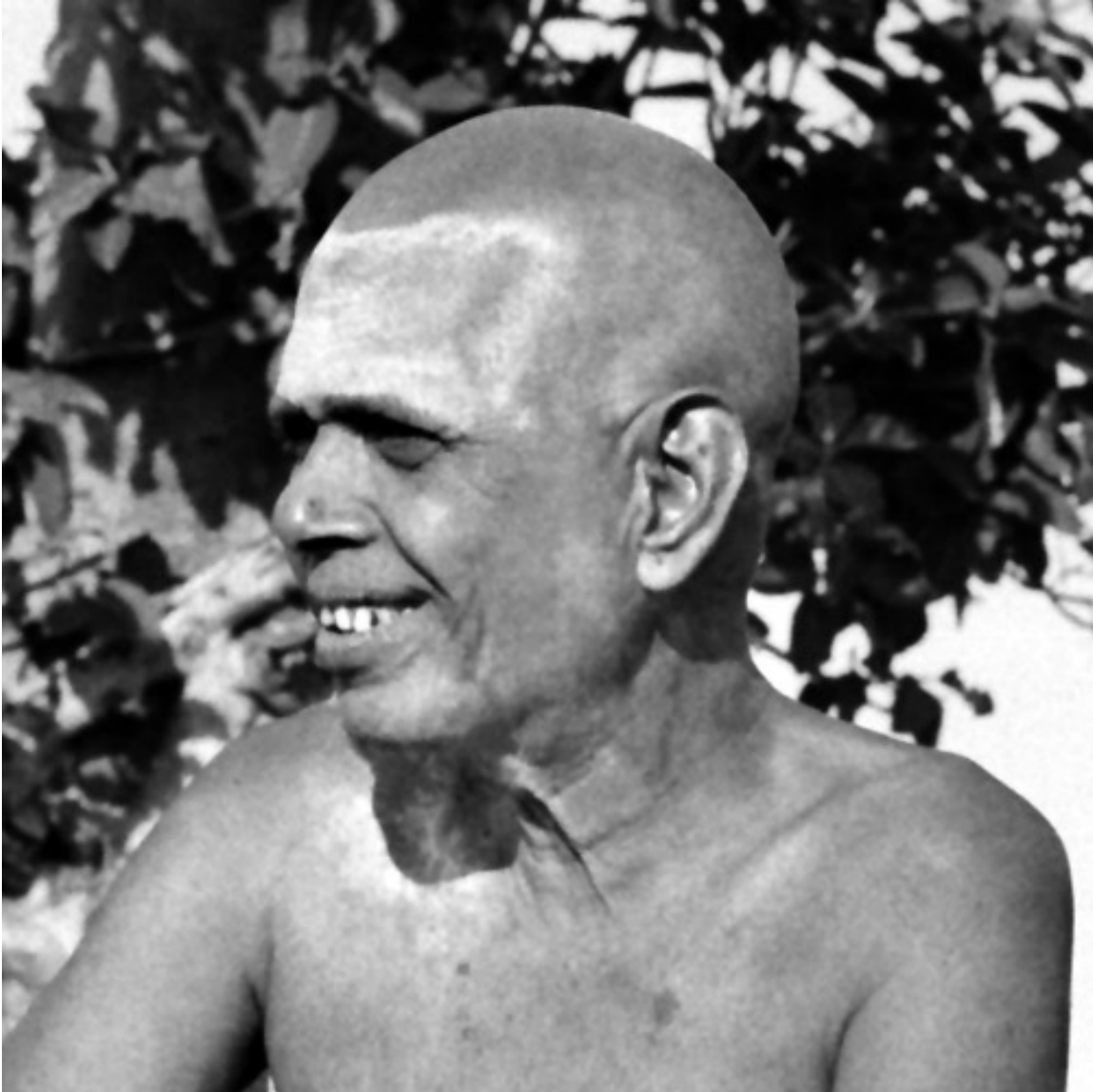
The Scriptures declare that destiny is compelling and powerful. But, destiny is equivalent to a blade of grass. What does destiny pertain to? It is for the body. If you surrender yourselves to God, where is the scope for destiny? When you offer your mind at the feet of God, what can the body related destiny do to you?



You presume that you exist within the body, the world is outside the body, and God exists somewhere else. As long as these three exist, the departure from and re-arrival back into this world becomes inevitable. The God living somewhere, the world visible to you, and the 'i' with which you identify yourselves should become the same. Only that represents the Ultimate state. Only then it becomes your last birth.

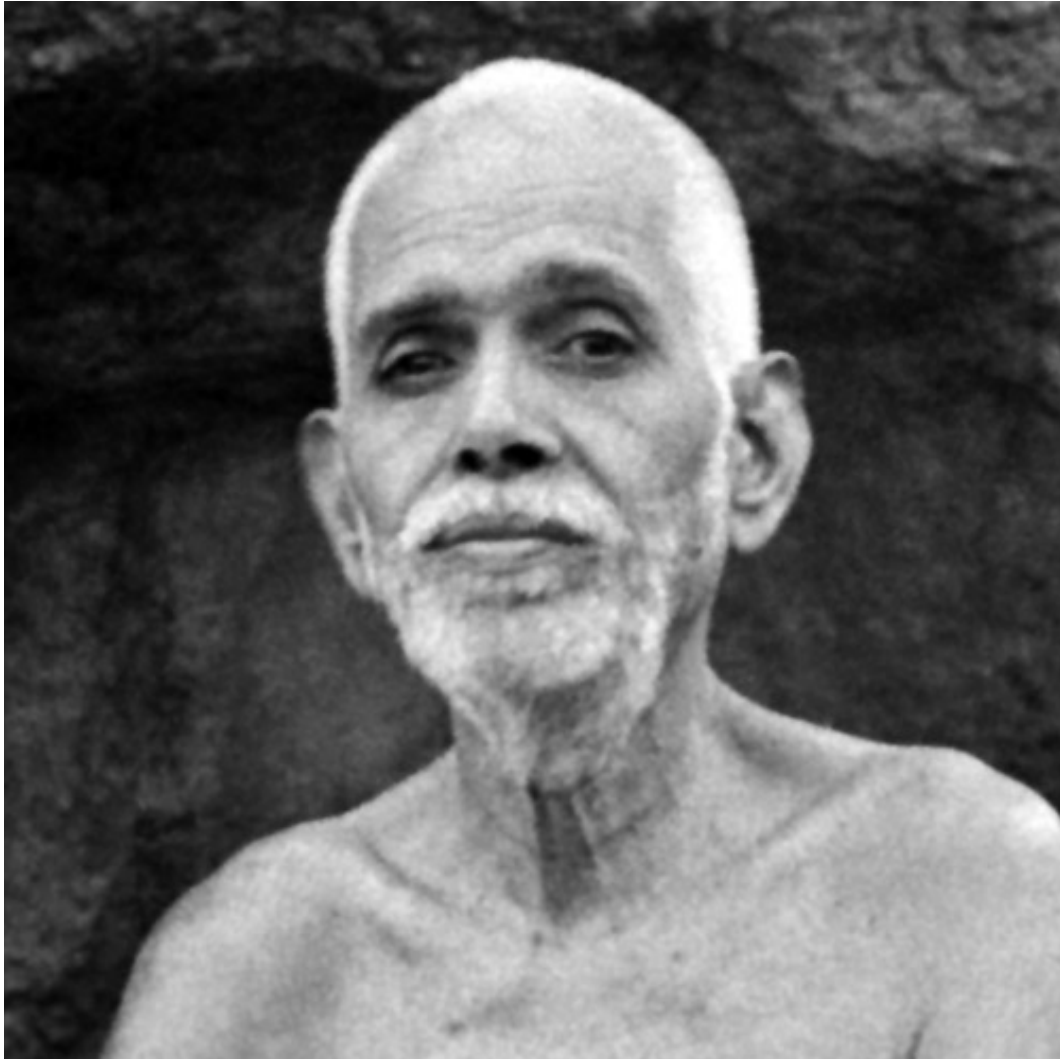


Bhakti is the Mother of Jnana. Without devotion, one cannot attain Knowledge. Suppose you don't have devotion towards God and lack faith in Him; the secret burdens in the Heart cannot be driven out merely by the spiritual practices done using intellect.

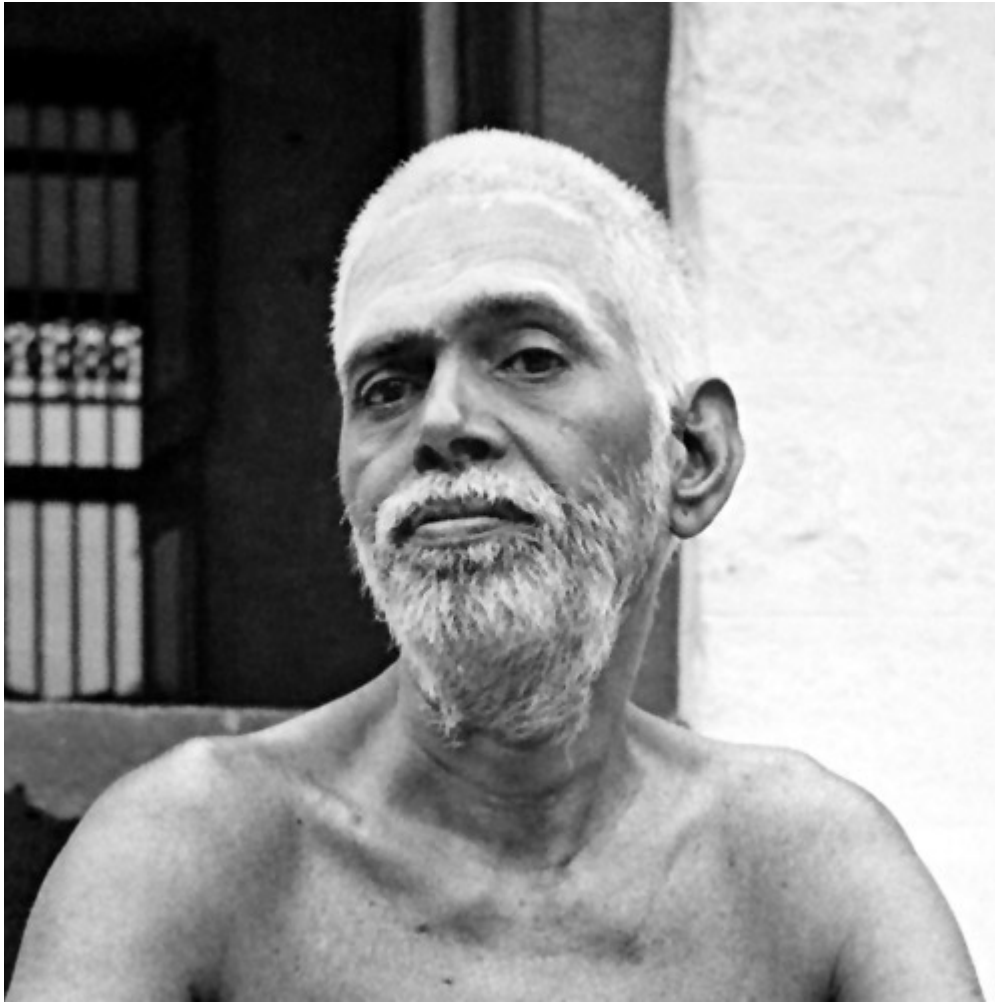


Every name and form is the cause of sorrow.

All bodies are but shadows.



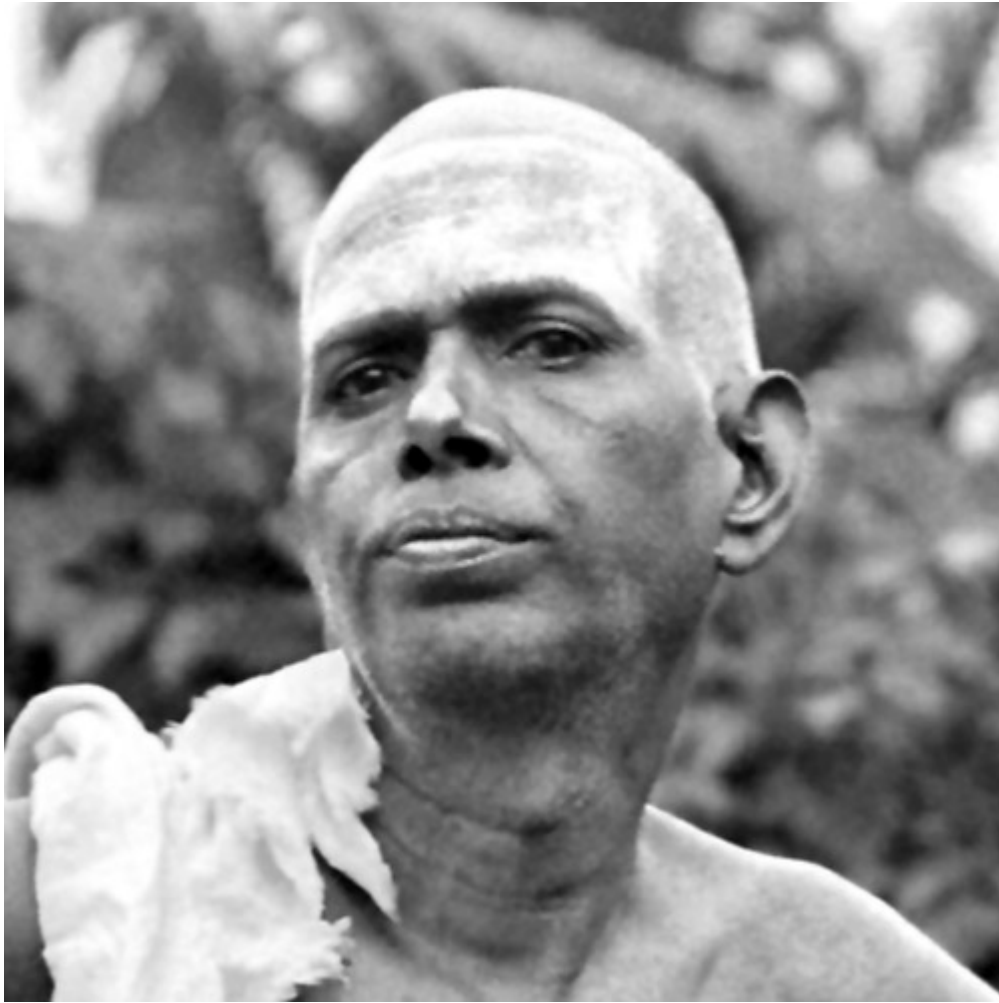
Kshara implies the perishable one, whereas Akshara implies the Imperishable one. Aksharamanamala is the one that unites us with the Akshara.



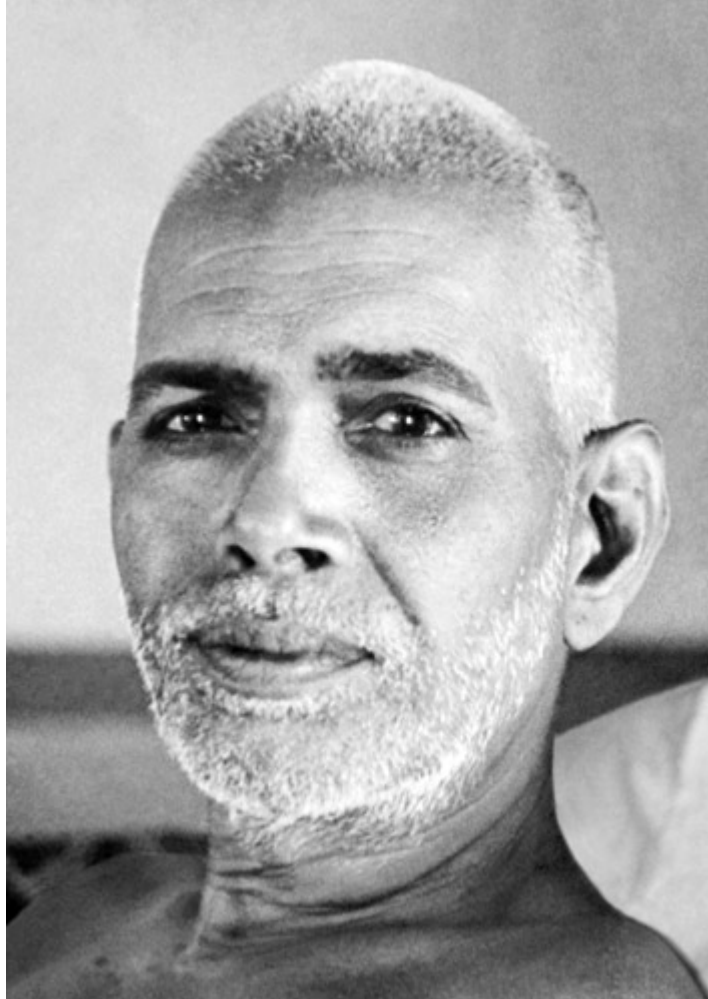
Everything happens as per the decree of God. If you get a wall built, the wall doesn't pay wages to the workers. It is you who pay the wages. Similarly, Karma (action) is gross or inanimate. It cannot yield any fruit of action. It is the Karta (God) who bestows the fruit of action. So, God has a name called Karma Phala data, i.e., bestower of the fruit of actions. You may appear to perform actions. It is God who decides how, what, and when the result should come. God alone is the controller. He is not somewhere far away. He dwells within the Heart as the indweller.



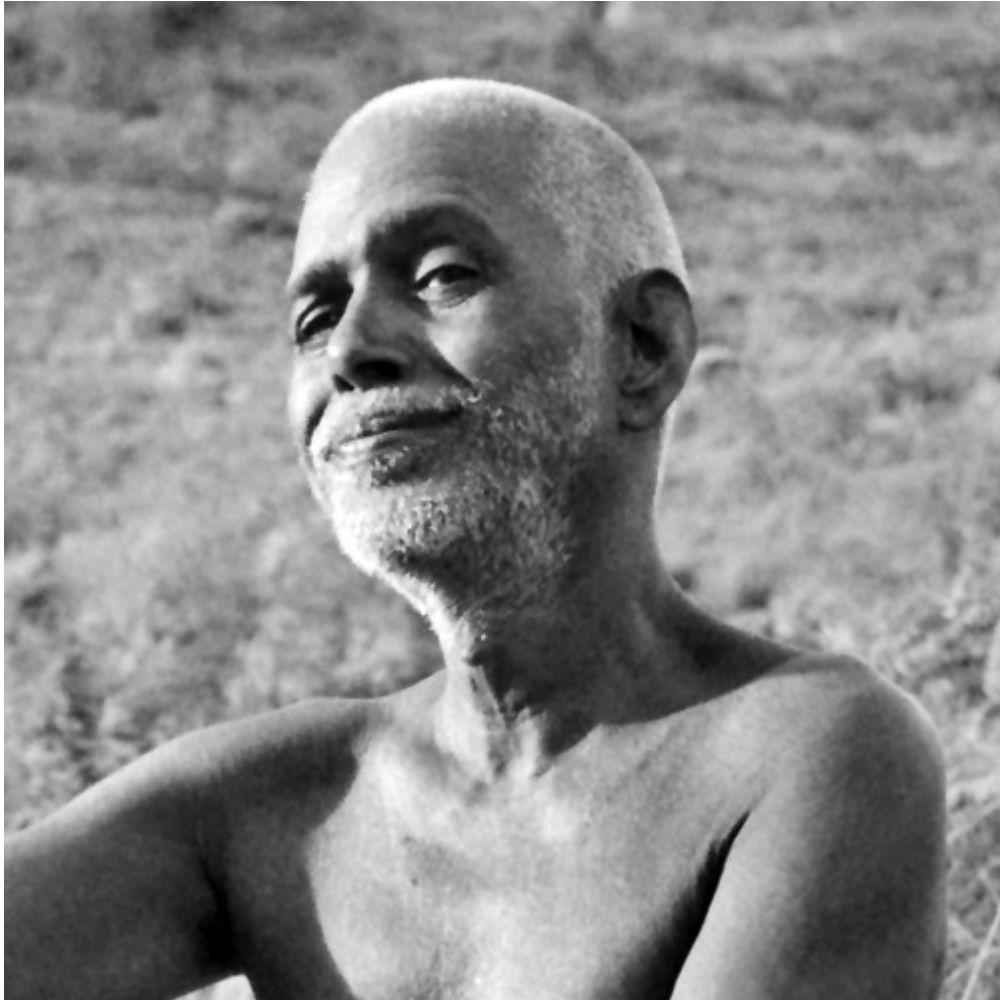
Don't cry for the deceased one. The one who cries for them within you i.e. the crier, is still there. Cry that he is not still dead. If he dies, then whatever is left is liberation alone!



After the Self is experienced, you realize that there is nothing else nearer than the Self. Despite being so near, you still search for the Self somewhere else. If you extrovert the mind and search for the Self somewhere outside, even a crore birth time frame is a waste of time. If you develop the requisite insight and introversion of the mind, all the enquiry and effort made inside to experience the Self within will never go waste. However little the effort may be, it will not go waste.



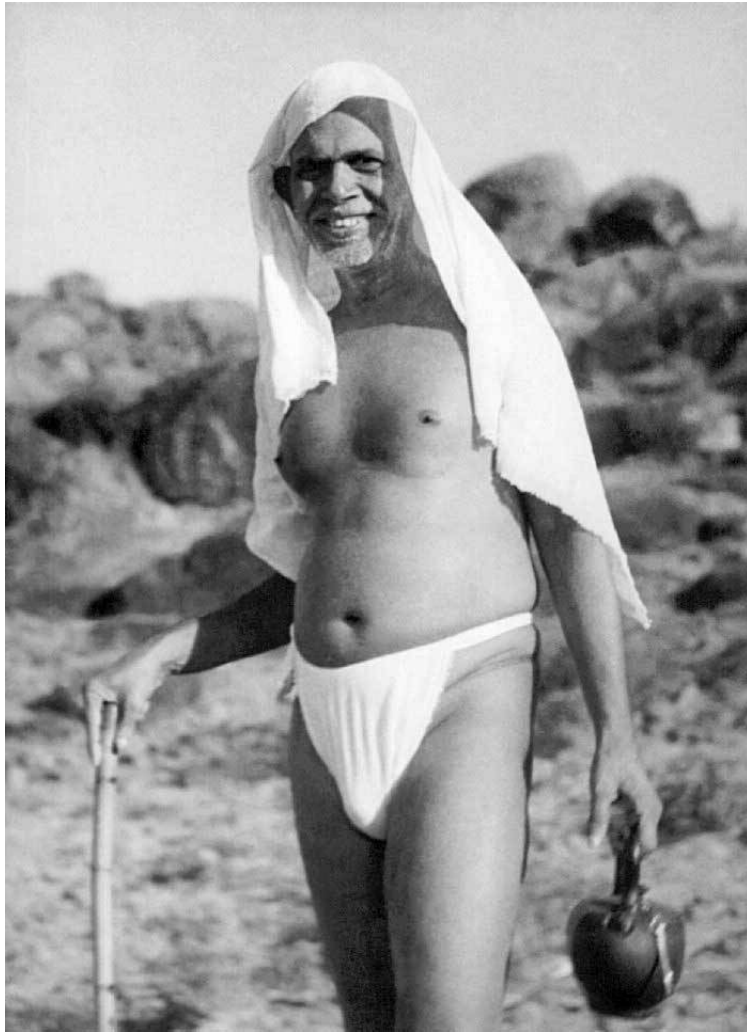
Whatever is bound to happen will happen. Whatever is not bound to happen will not happen. This is certain. Therefore, it is better to remain still.



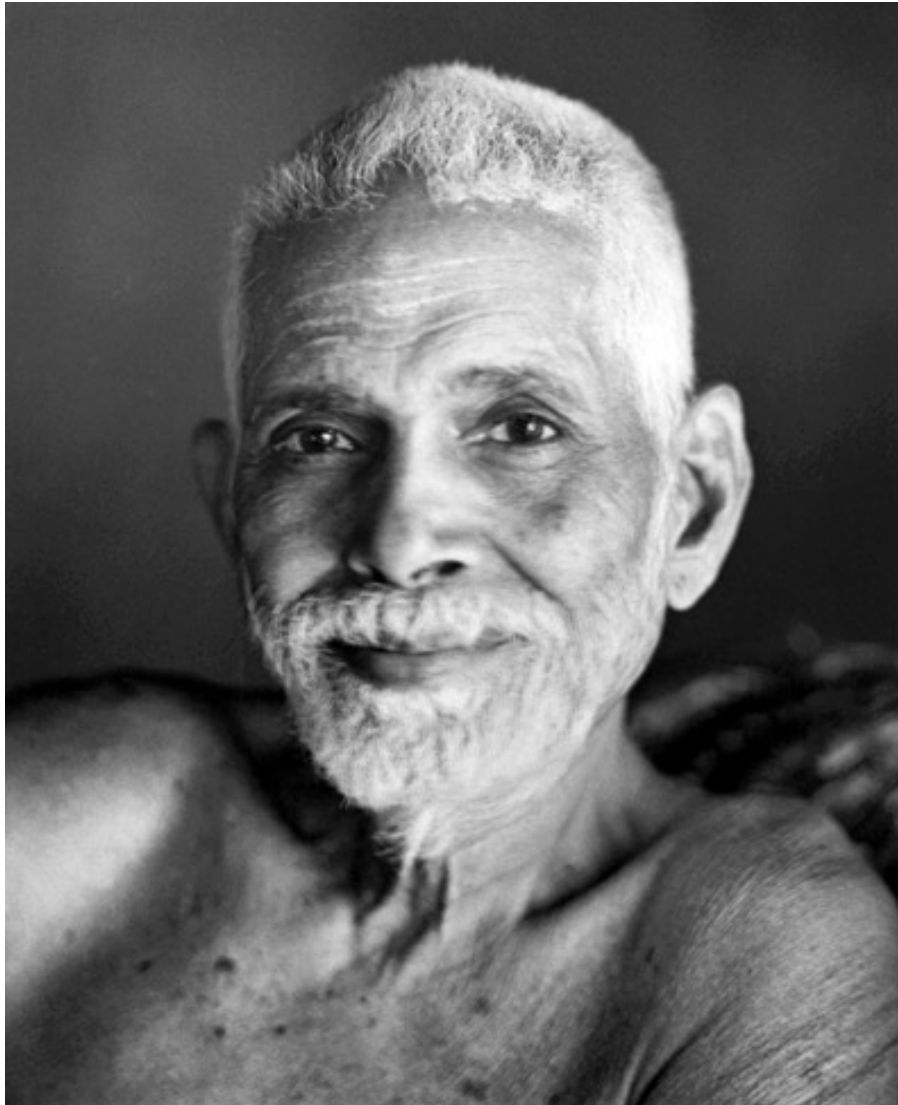
Every thought is sorrowful. Be Still and rise to the level of mindlessness. Be still and know the truth within the Heart.



Whoever comes here will not go back empty-handed. The atheists will become theists. The theists get transformed into devotees, and the devotees become Jnanis.



Ignorance is more difficult to endure than poverty.



Arunachala alone exists. There are no others. All this is His trap. All this is His Magic. All this is not true but seems to be true.

