



# Ramana Bhaskara



Speech delivered in Jinnuru,  
dated 23-9-98.

- 🌸 There is a difference in the colours of the physical bodies; the minds differ in their attributes; each has their own nature but the Truth dwelling in everyone's heart is one and only one. When the mind exists, everyone is different but when the mind ceases to exist, all of you are one and the same.
- 🌸 It is necessary that everyone should listen to spiritual sermons. Such listening will reveal your weaknesses. On being revealed, you will make an attempt to get rid of them.
- 🌸 Ignorance is the root cause of all the family and social problems. You are not aware that 90 out of 100 problems arise due to ignorance. The family members don't represent the samsara (worldliness). The birth and death represent samsara. The Lord said: 'Though you are being carried away in this ocean of samsara, if you listen to the elders and acquire knowledge, it will aid you in crossing the ocean of samsara and reach ashore.'
- 🌸 Don't be bothered about others affairs. If you acquire Self Knowledge, it will facilitate you in moving away from nature towards God.
- 🌸 Life is full of thoughts. But all the thoughts are based on a single thought. This first thought 'i' is referred to as the source thought. All the other thoughts arise only after the emergence of this first thought. God exists in the source of this first thought. If you have firm faith in God's Existence, 50% of the mind gets subsided. The mind's wavering gets reduced in case of people with firm faith.
- 🌸 If you are aware who you are, you will know about the God within the Heart else you will not know about the God within the Heart.

- ❖ The mind utters 'i', 'i'. What is the purpose of the question 'WHO AM I?'. It is useful to regulate the mind and send it into its source. Japa and meditation may suppress the mind but there is no guarantee that the mind will get annihilated. The mind doesn't get annihilated till it reaches its source. Therefore the mind has to be withdrawn till it reaches its source. Once the mind reaches its source, it gets destroyed. Without reaching the mind's source, even if you declare that you have seen deities like Rama, Krishna etc., the visible deities are as false as the world, body and mind.
- ❖ God exists in the source of the mind but you don't trust such God. It is due to body consciousness.
- ❖ As long as the mind exists, you presume thus: 'I exist within the body, the world exists outside it and God exists somewhere else.' All this is but an illusion of the mind. Once the mind gets annihilated, it is revealed that one and only one Self exists which is omnipresent. When the Self is revealed as it is, you will understand that all the births and deaths are all but a dream.
- ❖ God doesn't look at your external work. The world is interested in the same but it is not so with God. God is only interested in the intentions behind the work and the manner in which it is being done. Your spiritual progress is dependent upon the same.
- ❖ The causes for your rebirth are not with God. They are within your mind. Unless the mind gets annihilated, its attributes will not get destroyed. Each one's mind is their own punishment. Before the body's death ie when the body is very much alive if you have firm faith in God, devotedly listen to the acharya, consider them as equivalent to God


and lead the life accordingly then the mind gets melted here and now. Once the mind gets melted the ocean of Peace within the Heart overflows into the sahasrara (the thousand petalled lotus inside the head). That which is expected to be attained and revealed at some point of time is attained and revealed here itself. So your deeds and speech should dilute the mind and should not thicken it.

- 🌸 There is a Truth within the Heart. It is only Brahman. It is not a thought. It is not an imagination. Whether or not you believe in its existence, it does exist. Even if the atheists negate it and the rationalists tease it, will the Truth inside cease to exist? No.
- 🌸 Life is full of thoughts. But it is Brahman alone which is independent of all these thoughts.
- 🌸 The preachings of Bhagavan Ramana are not dependent upon your beliefs and faiths. When you wake up from the deep sleep, the 'i' thought shoots out from the Heart rapidly at a high speed. After the emergence of the first thought, you get identified with the body, colour, religion and caste. The other thoughts arise only after its emergence and not before. You consider yourselves to be white. Who is getting this thought? That which arises as 'i' is getting this thought. Then why is this 'i' considering itself to be white? As the 'i' wakes up from the deep sleep, it gets identified with the body. Due to its identification with the body, it presumes itself to be either white or black. The first thought 'i' gets identified with the colour. This first thought 'i' is only the Satan (the devil) as well as Narakasur. When it is annihilated from its very root, that day only can be considered as Deepavali. Suppose the body is converted into a corpse before finding

the source of the first thought, your loss is great. If the body dies, without experiencing the Self which is the source of the first thought, the loss incurred is immeasurable and indescribable.

- ❁ The very purpose of your advent on this earth is to know thyself. Without completing this task, any number of external accomplishments are all equivalent to zeroes ie insignificant.
- ❁ Whether you perform work or not, adore God or not, irrespective of whether your mind is steady or angry, the Truth inside is always the same. It remains as the witness without interfering with your affairs. It stays inside. It is not idle but remains as witness for each of your thoughts. You are not sure of what thought is going to come in the next second. God gives you the thought according to the body's destiny and drives your life accordingly. Until the thoughtless Self is attained, you will be agonized by these thoughts.
- ❁ 'I', 'You', the visible world, the other worlds, the gods adored- are all based upon a single pillar called 'I'. If it is destroyed, nothing else prevails. If the risk pertaining to first thought 'I' has to be reduced, work selflessly without body mindedness.
- ❁ Everyone doesn't perform the same task. Their body is driven by their destiny. Without identifying yourselves with it, if you learn to work without doer-ship, the Truth reveals itself automatically. You need not crave for the Truth. The Truth will reveal itself.
- ❁ Make the best utilization of the God given opportunities to attain the Self Knowledge. Though you may not attain liberation instantly on utilizing the God given opportunities, the forthcoming birth will be

superior ie will be favourable and conducive for the spiritual progress. If the opportunities are not properly utilized, you will get inferior births.

 Jnana Yoga means presuming that nothing belongs to you whereas Karma Yoga implies considering that everything belongs to you and to work accordingly. Synchronize all the yogas, take refuge in God's feet and unite in Him.