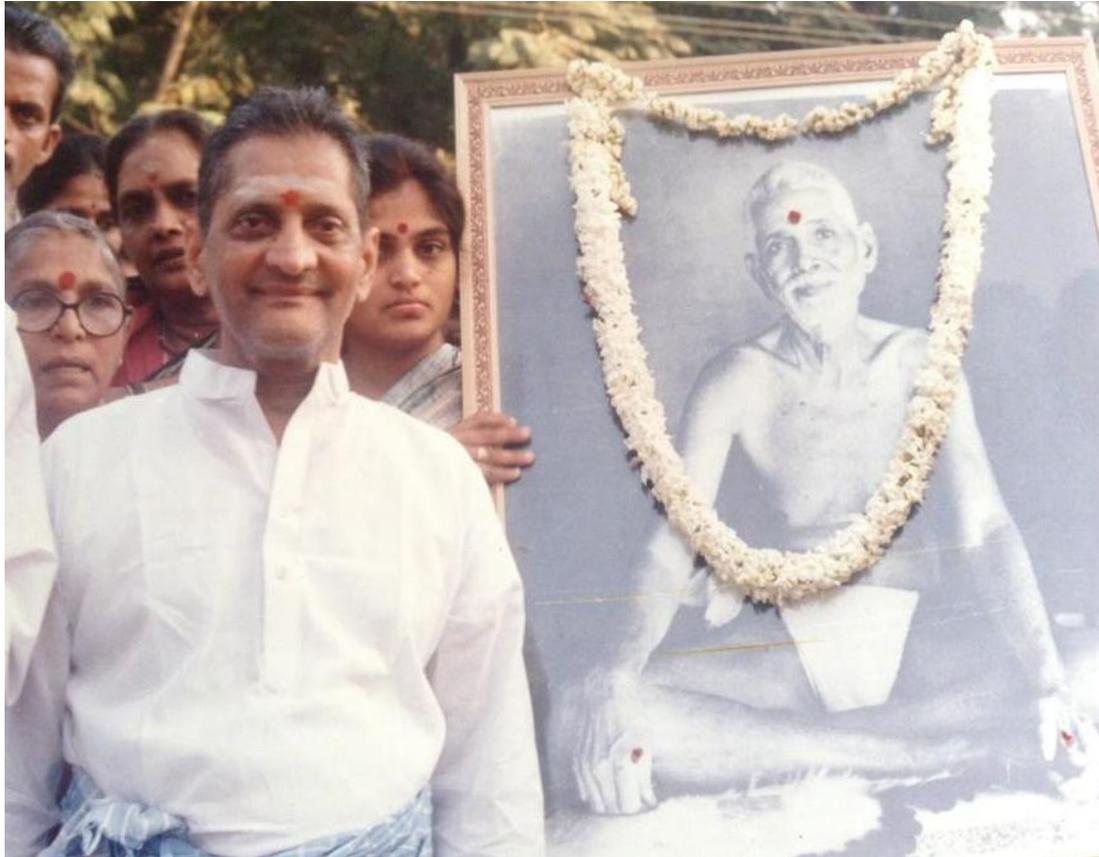




# Ramana Bhaskara



Speech delivered in Bhimavaram,  
dated 4-5-98.

- 🌸 Don't presume the Self Knowledge to be good for nothing. It is useful to every one of you in the day to day life. Everyone has a body and a mind. Mental health is as much important as the physical health. Self Knowledge enhances the mental health and discrimination.
- 🌸 Whatever may be the work, some people do it from individual view point only and not from the view point of society. Self Knowledge reduces the ego sense. It aids in enhancing the level of Consciousness.
- 🌸 If you possess goodness, put it into practice. Otherwise that goodness is of no use.
- 🌸 Devotion is very important. It is much better to be in an animal body possessing devotion rather than being in a human body without devotion. Devotion cannot be attained without God's Grace. By constantly contemplating upon God and by doing deeds that please Him, you will become recipient of God's Grace. When you receive God's Grace, there will be nothing impossible for you to achieve. Everything will become possible. Without His Grace, God cannot be attained.
- 🌸 Your thoughts, words and deeds should synchronize with each other which will make you recipient of God's Grace. Getting good thoughts into the brain, performing good deeds and Company of Holy people will make you recipients of God's Grace. If you can reform your way of life as per God's will, the Peace and Bliss within the Heart will reach the sahasrara (the thousand petalled lotus in the brain). Currently you are dependent upon others for every small thing. You will start becoming independent when you start tasting the Bliss within the Heart. Then you need not depend upon others for anything. If you learn to live

without any ego sense, you will experience the Peace within the Heart here and now in this very birth.

- ❁ Humility is needed for both the material prosperity as well as spiritual progress. Ensure that you will not become arrogant. If you become arrogant you will lose both materially as well as spiritually. You cannot be happy in this world. You will be left with disturbance and sorrow in the other worlds too. Therefore ensure that you will not become arrogant at any cost.
- ❁ When the situations are favourable, you forget God but when they are unfavourable, you remember God. This symbolizes your ignorance. As long as the body consciousness exists, ignorance is bound to exist. Whether you pray God or do selfless work or be in the Holy Company, it is all done in order to get released from the ignorance.
- ❁ The physical bodies keep coming and going. The mind exists in one state and ceases to exist in another state. But there is a deathless state within your Heart beyond the body, mind and world. Before the body becomes subject to death, if you attain the deathless Self, you will attain the deathless state.
- ❁ Adi Shankara said: “You need not fear anyone on attaining Jnana (Self Knowledge). You can remain fearless. But if you have money, you have to fear everyone ie not only the thieves but your family members also. There is such a huge difference between the nature of money and knowledge.”
- ❁ The fearless state can be attained only when you experience the deathless state within the Heart. Till then you will be chased by fear in some form or the other. There are crores of people on this planet but

are they all happy? All of them experience deficit (emptiness) in some form or the other. Many Mahatmas like Adi Shankara, Buddha etc have tried to drive the humanity towards the sorrow less state. Money can only provide you with the external enjoyments but not with the sorrow less state.

- ❖ Money and fame are not needed in order to gain Jnana. It is enough if you have the craving to attain Jnana. That itself will become the investment. This craving will take you to the heights of Knowledge. Normally God is venerated with the mouth (in the form of hymns) but when adored with hands (in the form of good deeds) it is not accepted. Therefore the words spoken from mouth are different from the deeds done with the hands. When there is no synchronization between the words and deeds, how can you attain Jnana?
- ❖ You need not toil hard or spend money or make pilgrimages. It is enough if you cut down the food supply to the body consciousness. You will then attain Jnana. You become elated on being praised and get depressed on being criticized. This gives food supply to the body consciousness. If you can ensure that there is no food supply to the body consciousness, severe penance will not be needed to attain Jnana.
- ❖ In order to attain Liberation, have action and give up reaction. If you keep reacting for every small thing, the humility will be lost and you become arrogant. On becoming arrogant, you will lose both materially as well as spiritually.
- ❖ Every one of you is saving money in the bank here (pertaining to the material world). It is needed for the body's sustenance. Similarly try to save some money in the Divine bank. The money saved here will not be

useful in the life after death. But the money saved in the Divine bank will be useful in the life after death. If you help anyone, in whatever form it may be, it will get saved in the Divine bank. Whatever is saved in the Divine bank will become useful in the life after death. Therefore perform certain good deeds. They will get saved in the Divine bank.

 God allocates a particular task to each and every person based on his destiny. Perform the allocated task meticulously. Perform it lovingly and willingly. Some people look after their mother in law grudgingly. Don't do that. Taking care of Mother in law is anyhow inevitable. So take care of her lovingly and willingly. View God in that task. Then the old tendencies will be lost and the new tendencies are not formed. If there are any seeds for rebirth, all of them will also get lost. Work is anyhow inevitable. Therefore perform it lovingly and willingly. You will then become recipient of God's Grace.